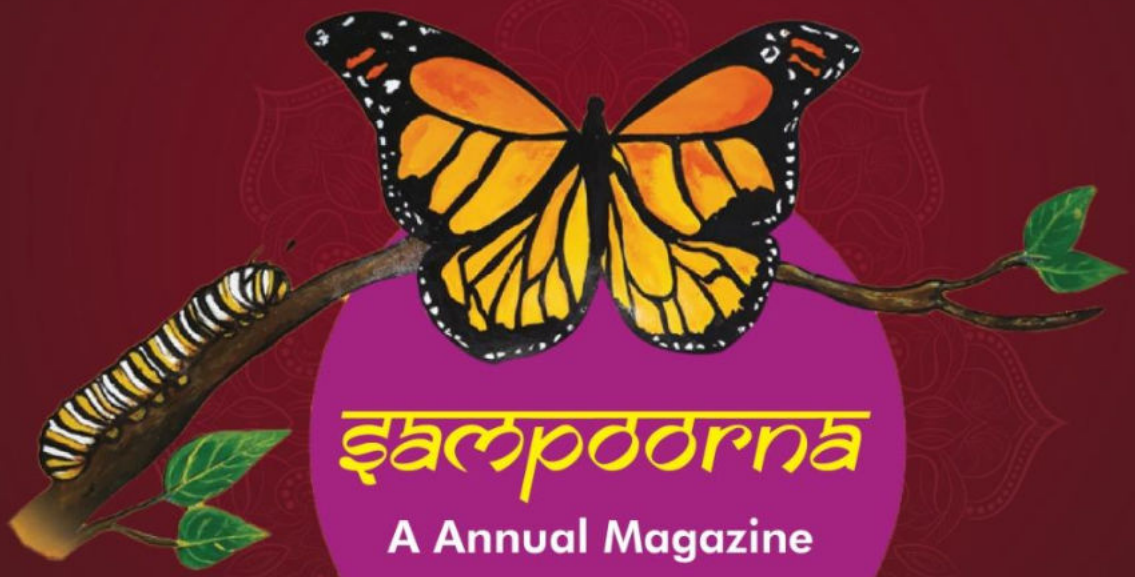
WIDIA POORNAPRAJNA SCHOOL

A POORNAPRAJNA EDUCATION CENTRE ®

(Promoted and Managed by Udupi Shree Adamaru Matha Education Council)

14th K.M. Tumkur Road, Bengaluru - 560 073



sampoorna

A Annual Magazine

2024 - 25



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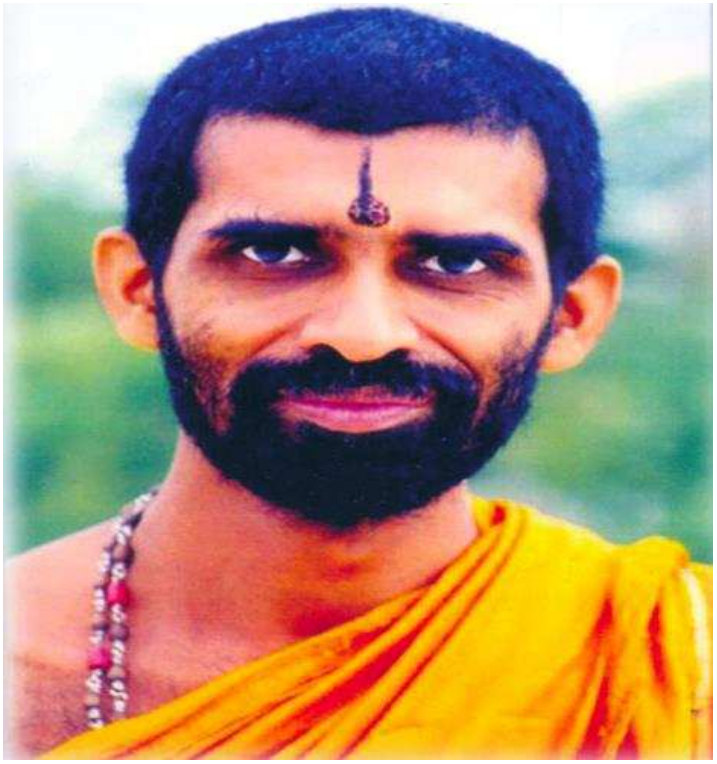
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Children are the future of the country. They should be paid utmost importance. In schools, they should be provided with a congenial atmosphere for acquisition of knowledge and personality development. The process of nation building should start from the schools.

H H Sri Vibudhesha Theertha Swamiji

Founder President, USAMEC

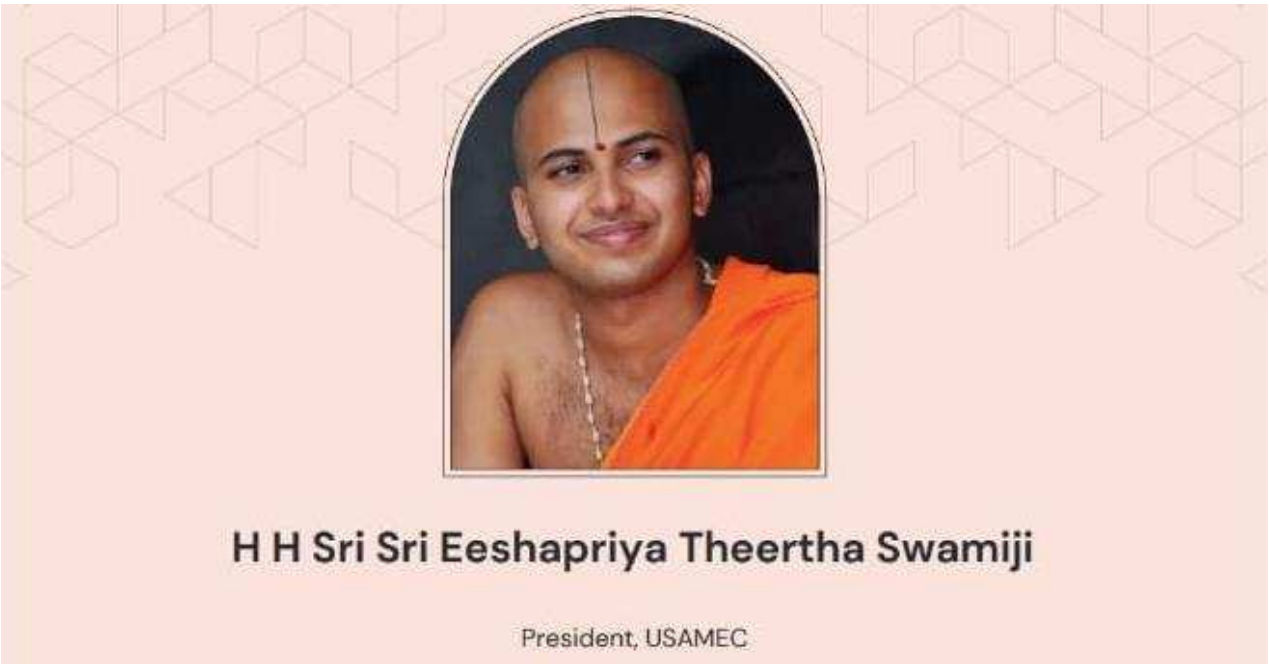


With Blessings

H H Sri Vishwapriya Theertha Swamiji

Former President, USAMEC

MESSAGE



‖ Hare Krishna ‖

Why Do We Get Angry?

Have we ever paused to reflect on why we get angry? There's a meaningful Sanskrit verse from the Bhagavata Purana that sheds light on this:

क्षुत् तृषा त्रिकालगुणमारुतजैह्व्यवेग्यान्
अस्मादपारजलधेरतितीर्य केचित् ।
क्रोधस्य यान्ति विफलस्य वशं पदे गोः
मज्जन्ति दुष्चरितः च वृथोत्सृजन्ति ॥

Meaning:

People endure hunger, thirst, the influence of the three gunas (modes of nature), desires of the tongue and the body, and even overcome the vast ocean of worldly life through intense penance. But in the end, they succumb to anger, which is as insignificant as the water collected in a cow's hoof print. Just imagine—having crossed the boundless ocean of worldly desires, some seekers still drown in the tiny puddle of anger. They lose the fruits of all their hard penance and sacrifices.

In essence, our day is filled with endless wants—hunger, thirst, desires, cravings for this and that. These "wants" take over our lives. To overcome them requires immense effort and control, just as crossing a vast ocean is a mighty task. But the wise make that effort—they succeed in restraining themselves and performing penance.

Yet, even after such self-discipline, many fall prey to anger. That fleeting moment of rage—like the shallow water in a cow's hoof print—is enough to destroy the outcome of years of spiritual practice. Those who could conquer the vast ocean of desires get drowned in that tiny puddle. That's how destructive anger can be.

During the rainy season, if we closely observe the areas where cattles roam, we can see the impressions of their hoof prints formed in the wet soil. Rainwater collects in these small depressions. How much water can really stay in a cow's hoof print? Just a very small amount. However, it is said that even great sages can drown in this tiny puddle. They are unable to cross it. The very same sages who are capable of crossing vast oceans can be overwhelmed by the water held in a cow's footprint.

What is this small amount of water symbolic of? It represents anger. All the fruits of one's penance and spiritual practices can be destroyed by even a small amount of anger. Therefore, anger is never good.

Now, let us ask ourselves: who do we get angry at? Our teachers, our parents—people who care for us deeply. They never speak harshly without a reason. When they correct us, it's for our own good. If we want to prosper, we must learn to listen to them and follow their guidance. When we study well and behave accordingly, there's no reason for them to be upset.

Instead of giving in to anger, let us use our time wisely. Once we complete our school responsibilities, we can pursue the subjects and activities that interest us—with the support of our elders. When they see us handling our duties responsibly, they'll gladly encourage our passions too.

So, let us learn to work calmly and with dedication. Let us study joyfully, without resentment. Because the moment we allow anger to take over, all our efforts—our prayers, chants, worship, good habits—are lost. Even small acts like cleaning our rooms, organizing our belongings, and staying neat contribute to our growth. Let's also learn yoga and exercise to stay healthy and active.

Finally, let us pray to our beloved deity, Chaturbhuja Kāliyamardana Shree Krishna, and seek His blessings so that we and everyone around us may be happy and peaceful.

‖ Shree Krishnaarpanamastu ‖

Date: 14-04-2025

With humble remembrance of Lord Narayana,

Shree Shree Eeshapriya Tirtha Shreepadaru

The President,

Udupi Shree Adamaru Matha Education Council, Udupi- Bnagalore.

MESSAGE



The true purpose of education is to open the horizons of curious minds of students and to refine and polish them in such a way that they become responsible citizens of our country. In this regard, students are encouraged to take part in various events in school involving social, cultural, physical activities and to share their bristling ideas and thoughts, thereby contributing to a vibrant and engaging school community.

"Sampoorna" has glimpses of this year's academic journey. Budding litterateurs and artists have penned down poems and stories and added colours to their imagination.

I congratulate the Editorial Board who have done a commendable job in terms of content and layout of the annual magazine and toiled hard to make the edition an exhilarating and inspirational one.

Wishing all to attain success in their future endeavours.

Sri Gopal Shabaraya

Secretary

MESSAGE



Warm Greetings!

Each year 'Sampoorna' is scaling new heights with regarding to appearance and content. I am happy to put in words that this issue of magazine has come up to the expectations.

The magazine is not only showcasing the activities of the schoolbut few articles which is good for thought are given importance.In all, it can be said that the magazine satiates the reader.

My heartfelt congratulations to the editorial team for their hard work and involvement in bringing out this issue of Sampoorna.

With best wishes to you all

Sri S Jayaprakash Mady

Joint Secretary

MESSAGE



Warm greetings

As joint secretary of our esteemed school, I am delighted to address you all through the pages of our annual magazine Sampoorna.

Sampoorna plays a crucial role in fostering and nurturing literary skills among students. We encourage all students to participate actively in the literary endeavours of our schoolto embrace the power of language.

I extend my heartfelt congratulations to the editorial team, the contributors and everyone who has played a significant role in bringing out Sampoorna. May this magazine continue to inspire and empower us all.

Sri G.V. Krishna

Joint Secretary

MESSAGE



It is with immense pleasure and pride I present you the 15th edition of our school magazine, a vibrant reflection of the year gone by.

This year has been particularly a significant milestone for us as we got the CBSE affiliation. The school community is deeply thankful to Parama Poojya Swamiji and the management for their benevolent support and timely guidance.

This magazine is a testament to the collective efforts, creativity and dedication of our faculties, students and entire WPPS family.

With Regards.

Sri Ravi K V K

Principal

MESSAGE



We at WPPS stand poised on the threshold of change in the curriculum from State Board to CBSE. We need to get adjusted to the winds of changes. But remember, with the blessings of His Holiness, WPPS symbolizes HOPE and FAITH.

HOPE for – Nothing is impossible.

FAITH for – Ignited minds will transform dreams into reality.

Present day's children want to discover new horizons and find their own identity. We stimulate our students by creating dynamic and conducive learning atmosphere.

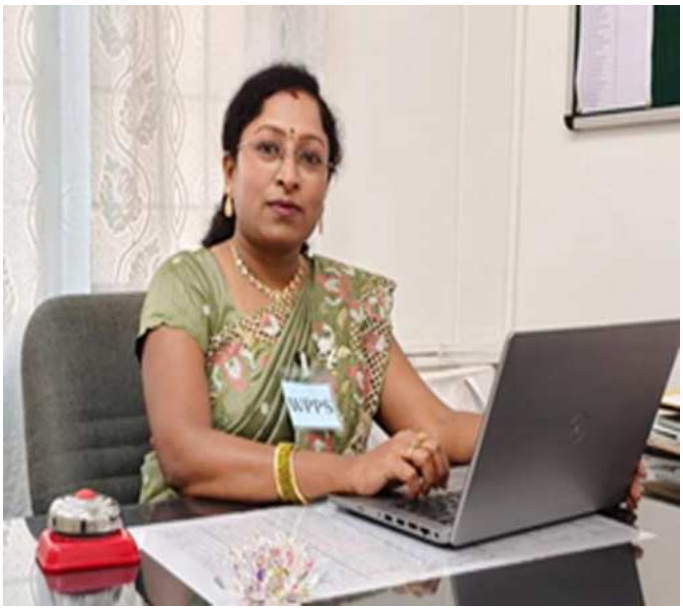
I am proud that each mind in our school is a universe of ideas and artistic tastes. SAMPOORNA serves as a reminder of our collective achievements and inspires us to continue to foster a vibrant community of life long learners.

This magazine is a good example of instilling in students 4 C's of the century, Critical thinking, Communication, Collaboration and Creativity. Editorial Board truly deserves great accolades for publishing this magazine.

Smt. Bhuvaneshwari S

Headmistress, Primary Section

MESSAGE



It gives me immense pleasure to present this year's annual magazine which reflects the dedication, passion, and hard work of our students and staff in its real sense. This magazine serves as a window into the remarkable journey of learning, growth, and discovery that takes place within our school walls.

"Education is the manifestation of Perfection" - Swami Vivekananda.

At WPPS, we believe that education is not just about textbooks and exams but about nurturing the overall development of each child. Our goal is to empower students to become all-rounded individuals, equipped with the knowledge, skills, and values necessary to thrive in an ever-changing world. We focus not only on academic excellence but also on fostering creativity, physical well-being, social responsibility and holistic development.

As we continue to grow together as a community, let us remember the words of the great philosopher,

"Education is the most powerful weapon which you can use to change the world." – Nelson Mandela.

Through our collective efforts we aim to shape students who are not only academically proficient but also compassionate, resilient, and ready to make a positive impact on society.

Smt. Madhushree M S

Vice Principal

MESSAGE



'What you focus on Flourishes'

This year too, as always POORNAPRAJNA has flourished in all aspects of the academic curriculum. I congratulate the Editorial Board of 'Sampoorna' for integrating the cognitive and creative aptitudes of our students and faculty. The school's academic journey is well documented heralding its vibrancy and growth.

Ruminating about an incident in the epic 'Mahabharata' where the Pandavas and the Kauravas as young lads, were taken to the forest to test their skills in archery. Guru Dronacharya had positioned a wooden bird atop a tree. Each student was called upon to aim at the bird and each of them had different views upon being questioned by the Guru. When Arjuna's turn arrived, he said, 'Guru, I see only the eye of the bird'. Saying so, he sent his arrow right into the bird eye. His focus led to his victory.

Dear students, each one of you have the innate ability to focus on your goal, practice mindfulness, work hard and achieve what you desire. With the blessings of Parama Pujya Shree Shree Swamiji, support and guidance from your teachers and parents, you will surely unlock your potential to become the best version of yourself.

All the best.

Smt. Sahana Mohan

Headmistress, Pre-Primary Section

MESSAGE



Children are like buds in a garden and must be nurtured with care as they represent the future of the nation and the citizens of tomorrow. There is no greater priority than education and our institution is committed to this cause by offering value-based learning with a strong emphasis on character building and moral values. I appreciate the unwavering support and collaboration of the entire school community in this shared mission.

Congratulations to the staff and students for making this magazine a valuable contribution to the educational experience.

Sri Sreepathi B G

In-charge Lower Primary

EDITORIAL BOARD



Editorial Board:Smt. Chandrika N | Smt. Sowbhagya N | Smt. Indira K | Sri. Obanna | Smt. Lakshmi Devi N | Smt. Shobha Jagadeesh

"Learning gives creativity, Creativity leads to thinking,Thinking provides knowledge, Knowledge makes you great" -A.P.J. Abdul Kalam

With the blessings of His Holiness Shree Eeshapriya Theertha Swamiji we present the 15th edition of annual school magazine "SAMPOORNA".

As we navigate the complexities of the 21st century, it has become increasingly evident that our education system requires a paradigm shift. The traditional methods of rote learning and standardized testing are no longer sufficient to prepare our youth for the challenges of tomorrow. Instead, we need to foster a culture of creativity, critical thinking and collaboration through innovative approaches like project-based learning, STEM education and art integration.

We can empower our students to become active problem-solvers, thinkers and leaders. It is our responsibility as educators, policy makers and members of the society to provide our children with the tools and opportunities they need to thrive in an ever-changing world.

"SAMPOORNA" is a boon to the students to channelize their latent talents. This magazine focuses on cultural, social, scientific and moral values of life. It also aims to foster the overall development of students, encompassing academic, physical and emotional growth.

On behalf of all, we would like to convey our special thanks to our management who has been a strong pillar of support for us. Our heartfelt thanks to all the academic heads of the institution who guided to bring out the magazine.

MANAGEMENT AND STAFF

	H.H.Shree Eeshapriya Theertha Swamiji	**President, USAMEC**
1	Sri. Gopala Shabaraya	Secretary
2	Sri. Jayaprakash Mady	Joint Secretary
3	Sri.G.V.Krishna	Joint Secretary

SL. NO.	**NAME**	**Qualification**	
1	Sri. Ravi K V K	M.Sc, B.Ed	In-Charge Principal

HEADMISTRESS

SL. NO.	**NAME**	**Qualification**	**DESIGNATION**
1	Smt. Bhuvaneshwari S	B.Sc., M.A. M.Ed.	Primary
2	Smt. Sahana Mohan	B.Sc.,N.T.T.	Pre-Primary

SCHOOL STAFF

PRE-PRIMARY SECTION

Sl.No.	**NAME**	**Qualification**	**DESIGNATION**
1	Smt.Sunitha P.V	B.Com, N.T.T	Teacher
2	Smt. Chandrakala J	B.Com, N.T.T	Teacher
3	Smt. Anitha Ramu	PUC, DSP, N.T.T	Teacher
4	Smt. Soumyalatha P.Hegde	M.A, N.T.T	Teacher
5	Smt. Priya A	B.A, N.T.T	Teacher
6	Smt. Nagarathna L	B.Com, N.T.T	Teacher
7	Smt. Mamatha M	B.Com, N.T.T	Teacher
8	Smt. Shamala B.K	Dip in E & TC, N.T.T	Teacher
9	Smt. Kavitha Shanbhog	M.Com, N.T.T	Teacher
10	Smt. Champa M.G	B.Com, N.T.T	Teacher
11	Smt. Roopakala. A	B.A, N.T.T	Asst. to Teacher
12	Smt. Vijaya Kumari. M	B.Sc, N.T.T	Asst. to Teacher
13	Smt. Lakshmi devi. N	D.Pharma, N.T.T	Asst. to Teacher
14	Smt. Rekha D	B.Com, N.T.T	Asst. to Teacher
15	Smt. Roshni Singh K.A	B.Sc, N.T.T	Asst. to Teacher
16	Smt. Shwetha Nagabhushana	BCA, N.T.T	Asst. to Teacher
17	Smt. Mrudula D Shetty	M.Com, N.T.T	Asst. to Teacher
18	Smt. Vinutha A Kulkarni	Dip. In ISc, N.T.T.	Asst. to Teacher
19	Smt. Poornima V M	Dip. In E &E & Mont.	Asst. to Teacher

PRIMARY SECTION

Sl.No.	**NAME**	**Qualification**	**DESIGNATION**
1	Sri. Sreepathi B.G	B.Sc, B.Ed.	In-Charge Lower Primary
2	Sri. Raveendra M.G	B.Sc, B.Ed.	Teacher
3	Smt. Sini Mathew	M.A, B.Ed.	Teacher
4	Smt. Indira K.	M.A, B.Ed.	Teacher
5	Smt. Aravinda Lakshmi M.S	B.Sc, B.Ed.	Teacher
6	Smt. Usha N	B.Sc, B.Ed.	Teacher
7	Smt. Susheela Manjunath	M.A, B.Ed.	Teacher
8	Smt. Archana M.K	B.Sc, B.Ed.	Teacher
9	Smt. Sonia M. Thomas	B.A, B.Ed. MSW	Teacher
10	Smt. Uma Devi B	M.A, B.Ed.	Teacher

11	Smt. Margarate Shakunthala	B.A. B.Ed.	Teacher
12	Smt. Lekha Satish	M.A. B.Ed.	Teacher
13	Smt. Susheelamma	M.A. B.Ed.	Teacher
14	Smt. Pooja Deshmukh	B.Sc. M.Ed.	Teacher
15	Smt. Preetham Avinash	M.A., B.Ed	Teacher
16	Smt. Sowbhagya N	M.Sc. B.Ed.	Teacher
17	Smt. Srilatha Bhargav	M.Sc. B.Ed.	Teacher
18	Smt. Vijayalakshmi M	B.Com., B.Ed.	Teacher
19	Smt. Asha. L	M.A., B.Ed	Teacher
20	Smt. Poornima Bhat Gopi	M.Sc, B.Ed.	Teacher
21	Smt. Shobha Jagadeesh	B.A, B.Ed.	Teacher
22	Smt. Sujatha C	B.Sc, B.Ed.	Teacher
23	Smt. Uma K	M.A, B.Ed.	Teacher
24	Smt. Asha V K	B.Sc, M.A, B.Ed.	Teacher
25	Smt. Chethana G	M.A, B.Ed.	Teacher
26	Smt. Suma S. Shirahatti	B.Com, B.Ed.	Teacher
27	Smt. Kavya G S	B.E., Samskritha Kovida	Teacher
28	Smt. Chaitanya	M.A., B.Ed.	Teacher
29	Sri. Suresh Achary S	Dip. In Fine Arts	Drawing Teacher
30	Smt. Sandhya B Menon	B.Com, B.Ed. Hindi Praveen	Teacher
31	Smt. Sowbhagya Kulkarni	B.Com, P.G.D in HRM	Asst. to Teacher
32	Smt. Priyadarshini	M.B.A., B.Ed	Asst. to Teacher
33	Smt. Chaithra B N	PUC, D.Ed.,	Asst. to Teacher
34	Smt. Anitha Marathe	B.C.A., N.T.T.	Asst. to Teacher
35	Smt. Deepa Rao P	B.A, Dip. In Montessory	Asst. to Teacher
36	Smt. Asha S Rao	M.A,	Asst. to Teacher
37	Smt. Shobha P.P	B,A, B.P.Ed	P.E. Teacher
HIGH SCHOOL SECTION			
Sl.No.	**NAME**	**Qualification**	**DESIGNATION**
1	Smt. Madhushree M S	M.Sc, M.Ed	Vice Principal
2	Smt. Swarna Latha K.S.	B.A. B.Ed. D.B.A	Teacher
3	Sri. Obanna	M.A, B.Ed	Teacher
4	Sri. Subraya H.S.	M.A, B.Ed	Teacher
5	Sri. Ranganatha Rao M.S.	M.Sc. B.Ed.	Teacher
6	Smt. Ramamani S	M.A, M.Ed.	Teacher
7	Smt. Shylaja D V	M.A, B.Ed.	Teacher
8	Smt. Rajeshri katwa	M.A, B.Ed.	Teacher
9	Smt. Saraswathi M S	M.Sc. B.Ed.	Teacher
10	Smt. Sudha Ajay	M.A, B.Ed.	Teacher
11	Sri. Sandeep R Patil	M.A, B.Ed.	Teacher
12	Smt. Shreeja P	M.Sc, B.Ed.	Teacher
13	Smt. Chandrakala	B.A. B.P.Ed.	P.E. Teacher

SPECIAL DEPARTMENT			
Sl.No.	**NAME**	**Qualification**	**DESIGNATION**
1	Smt. Sujatha G	D.C Sc. B.Tech	Comp. Teacher
2	Sri. Raveendra C.J	D.C Sc.	Comp. Teacher
3	Smt. Deepa H. Varagiri	D.C Sc.	Comp. Teacher
4	Smt. Jayashree S Gudi	B.Sc., B.Lib	Librarian
5	Smt. Geetha D.G	Dip in T.C. & E	Instructor Elec & Electronics
6	Sri. Shivaswamy V.C.	B.Sc., B.Ed	Lab Asst.
7	Smt. Shobha N	B.A, B.Lib	Asst. to Librarian
8	Sri. Subba Rao K V	SSLC, Carpentry in NCVT (HAL)	Instructor V.T
9	Smt. Chandrika N	M.Com	Smart Class Asst.
10	Smt. Pushpavalli B.S.	B.Com.	SUPW Teacher
11	Smt. Gaanashree H R	Dip. In C.P.	Music Teacher
12	Smt. Gayithramma M.L.	M.A., B.Ed.	SUPW Teacher
13	Sri. Kalyan Kumar D M	D.HW&NE	System Administrator
OFFICE STAFF			
Sl.No.	**NAME**	**Qualification**	**DESIGNATION**
1	Sri. Gangaswamaiah S G	B.Com, M B A	Accounts & Admn.Assistant
2	Smt. Srilakshmi	Dip. In C.P., (B.Com.)	Accounts & Admn. Assistant
3	Smt. Pushpalatha H M	Dip. in C.P., B.Com.	Office Assistant
4	Sri. Ravi M	B.A.	Liaison officer
5	Sri. Jagadeesh	B.A.	Works Supervisor

SUPPORTING STAFF			
1	Sri. Ravichandra	2. Srl. Manjunath B	3. Smt. Leela
4	Smt. Lakshmi Devamma M.T	5. Smt. Susheela E	6. Smt. Mala
7	Smt. Narasamma	8. Smt. Shashikala G	9. Smt. Muthamma
10	Smt. Manjula	11. Smt. Nalini	12. Smt. Narasamma G
13	Smt. Shanthamma	14 Srl. Manjunath N	15. Smt. Parvathamma
16	Smt. Nagalakshmi L C	17. Smt..Kanthamma	18. Smt.Shashikala G C
19	Sri. Rudrappa	20. Smt. Amrutha	21. Smt. Premalatha
22	Smt. Umavathi	23. Smt Sujatha M.A	24. Sri. Venkataramana Kalakade
25	Smt. Lakshmi		
SECURITY			
1	Sri. Shankar H S (Security Supervisor)		
2	Sri. Ashoka K R		
3	Sri. Krishna N		
4	Sri. Manjunath K M		
5	Sri. Manjunath		
6	Smt. Manjula L		
7	Sri.Hanumanthappa Arer		
8	Sri. Hanumantha Raju		
9	Sri. Shivakumar A		
10	Sri. Kalegowda M.S		
11	Sri. Hanumantha		

WIDIA POORNAPRAJNA SCHOOL
ANNUAL REPORT 2024-25
PRE-PRIMARY

The Nursery Section has 370 students in 3 levels – Kindergarten, LKG and UKG. Each class has 40 students and a Class Teacher, an Assistant to Teacher and a Helper. This student-teacher ratio ensures a child gets adequate one-on-one attention in the class.

Little children in the age group of 3 to 5 years are a bundle of energy who cannot be constrained to sit in one place for a longer time. Having envisioned that, our Founder President introduced 'Rotation System' a unique teaching practice around 50 years ago. As per this child-friendly method of teaching, children keep moving each period to 12 different learning rooms like Writing Room, Counting Room, Singing Room, Story Room, General Knowledge Room, Creative Activity Room, Indoor Games Room, Outdoor with 14 different play equipments, a Garden Patch and a canopied Sandpit enclosure where they play rain or shine undisturbed. We have a classroom 'Under the Tree' as well where children sit on benches and listen to the Teacher under a big Neem tree. Our Library has a vast collection of 3,853 hand-picked, age-appropriate books. To instil the habit of reading at an early age, books are sent home every Friday for week-end reading.The Audio-Visual Room has umpteen visual content which compliment classroom teaching. Children are introduced to computers as well.

The formative years of a child are the time when the bedrock for one's individuality which continues throughout life are laid down. Therefore our Rotation system provides a stimulating and fun-filled environment and no need to say, children just love coming to school.

Here's a bird's eye-view of the activities done during the academic year

2024-25.

Every year Teacher Development Programmes are conducted to polish the teaching skills of teachers. A three day workshop for Pre- Primary Teachers was held in Udupi from 3rd April to 5th April 2024 wherein various eminent resource persons guided our teachers on topics like Conversation English, Phonetics, Puppet shows etc.

First Friday of every month is observed as "Colour day". The entire nursery section comes dressed in a particular colour.

"World Environment Day" was celebrated on 5th June.

Founder's Day was observed on 4th July.

One look is worth a thousand words. For better retention of topics taught in the classroom, various exhibitions are held round the year.

Fruit Exhibition was held on 27th June.

Vegetable Exhibition was held on 26th July.

Flower Exhibition was held on 22nd August.

Food-Grains Exhibition was held on 25th October.

Creative Art and Craft Exhibition was held on 3rd March.

On 15th of August, UKG kids sang a patriotic song on the occasion of Independence Day Celebrations in school.

Parenting is a journey of understanding and growth for both the parent and the child. To help young parents in acquiring the skill of raising children, workshops were conducted in the months of August and September for all classes by Mrs. Vinaya Karthik Rao, a life-coach and counselling psychologist.

Grandparents are a delightful blend of love and laughter, caring deeds and beautiful stories. To uphold their importance in a child's life, 'Grandparents' Day' was celebrated on 31st August.

Annual Picnic was organized for KG to DHARAMSHI Resorts. LKG visited SCION RETREAT RESORT. UKG visited GREENWOODS RESORT and PRANI PET SANCTUARY wherein children interacted with animals and birds during the tour.

DASARA GOMBE HABBA –DOLL EXHIBITION was celebrated on 30th September. The theme was 'Gods Days of the Week'. The Dolls in the exhibition depicted each day of the week dedicated to a particular GOD.

Potter visited school on 18th October before DEEPAWALI and demonstrated making of lamps, cups, vase and small pots.

Children's Day Fancy Dress programme was held on 14th November in which 310 students participated. Parents' enthusiasm and efforts in dressing up their kids as famous personalities, different characters, animals, objects etc, is greatly appreciated. On this occasion, our teachers gave a performance on the brave warrior Queen – Jhansi Rani Lakshmi Bai.

On 19th November,UKG children participated in Abhinayageetha and Bhagavad Gita Shloka Chanting Competition held at Poorna Prajna School, Sadashivnagar,wherein 21 schools participated.Our children bagged III Prize in Abhinayageetha and Special Prize in Shloka chanting.

Sports Day was conducted on 5th December. 3 Events each for KG, LKG and UKG like Passing the Ball, Frog Race, Throwball were played.Children were involved in organized games which act as a foreground to play 'games with rules' in their higher classes.

On 23rd December, Goloka Shades Colouring Contest was held. 53 students from

UKG participated in Krishna Colouring Contest. Rushank.T bagged the Star Performer Award.

'Show and Tell' Activity for LKG and UKG was held. Every child was encouraged to bring an object from home, a toy, a vegetable, a model and speak a few sentences about it in the presence of their friends and teachers which boosted their confidence and public speaking.

With a vast expanse of many plants and trees in our campus, 'School Walks' are regularly undertaken where in children walk around the campus and observe the plants, fruits and leaves. Some days they enjoy walking around the fountain and on some days they know about the solar panels on the school terrace. In the Garden Patch, children sowed fenugreek and coriander seeds and watered them. Later they carried home few stalks of the grown plants joyfully.

Children love fantasy. The characters of the stories they listen in the story room come alive in the Puppet Theatre. To provide a delightful experience to little kids, Puppet Shows are held every month by our teachers using hand-crafted puppets and props.

Before Sankranthi, Kite Flying activity was held in the playground. Children cheered as teachers flew kites which soared high in the sky.

Annual Medical Check-up was held in school on 10th February. Kids were checked and details of the examination entered.

Education is a consequential phase in a child's development and growth. Therefore it is very essential for parents and teachers to work as a team towards creating the best possible learning environment for the child both at home and in the school. In that regard, Parent-Teacher Meetings were held.

Annual Day for the year 2024-25 was held on 19th February. Chief Guest

Dr. Satish.M.Bejjihalli, an accomplished education leader highlighted on the qualities of a good parent. The theme was 'Colours'. All the kids participated in a variety of programmes giving a colourful and extravagant stage performance.

Pre-Primary Graduation is a special occasion for a UKG student. To celebrate their formative learning and recognize an important milestone, a Graduation Ceremony was held after the Final Assessment.

ANNUAL REPORT 2024-25
PRIMARY AND HIGH SCHOOL

The school is a dream project of H H Sri Vibudhesha Theertha Swamiji, the founder President of USAMEC. The school had the honour of guidance by H H Sri Vishwapriya Theertha Swamiji, former President of USAMEC. H H Sri Eeshapriya Theertha Swamiji, President, Udupi Shree Adamaru Matha Educational Council is taking the school to the greater heights. Our school is 36 years old and it has classes from Nursery to 10th Standard with 1745 students. This year we have 1375 students studying in Primary and High school sections.

Even though the school got affiliation to CBSE during the academic year 2024-25, we continued the state board syllabus and from the academic year 2025-26, it would only be CBSE curriculum.

The school has well equipped class rooms, physics lab, chemistry lab, biology lab, primary composite lab, math lab, computer lab and for sports separate courts for football, basketball, badminton, netball, handball and throw-ball. The school has SUPW, Carpentry, and Cookery, Electricals and Electronics for Vocational training classes and a library consisting of 14,890 books for enriching the knowledge. The school also subscribes 3 newspapers and 12 periodicals. Our school is also a member of DHIE through which all the students are getting daily newspapers. The school brings out quarterly magazine "Vidyarthi Hongirana" and annual magazine "Sampoorna."

Students are trained in yoga, music, drawing, painting, bandset, scouts and guides. Other than these the school provides a platform to learn karate, dance and dramatics by the experts after the school hours.

Achievements in SSLC Board Examinations

The school has been securing 100% results with more number of distinctions from the first batch since 1998-99. In the Board Exam conducted in the month of April 2024 Master Saiesh M Bhat has secured 620/625 and stood in the 6th position in the state.

Our school has been receiving H H Vibudhesha Theertha Swamiji Memorial Trophy for the best performance in SSLC examinations among the Bengaluru Poornaprajna schools.

General Activities

- The classes for the academic year 2024-25 were started on 29th May 2024.
- Orientation meeting for the parents of 1st standard and newly admitted students of other classes was held on 28/5/24.
- On 3rd June 2024 School parliamentary election was held to select the school Head boy and Head girl through which the basic idea of election procedure in a democratic system was made known to our students.

- "NO SCHOOL BAG DAY"is observed on 3rd Saturday of every month for the classes 1 to 4. On this day children do not bring books and they are kept engaged through various activities.
- The first issue of "Vidyarthi Hongirana" was released on 4/7/24 by our honourable secretary Sri Gopal Shabaraya.
- CBSE affiliation team visited our school and inspected the campus on 24/7/24 and the school got affiliated to CBSE.
- Scholastic book fair was held on 27/7/24 to facilitate our students to have a glance over the books of different kinds and buy according to their choices.
- USAMEC Review committee visited the campus on 19th and 20th September 2024 to observe the lessons of each and every teacher.
- The students of 10th Standard visited PPISR Devanahalli for out-reach programme on 13/11/24 and interacted with the science research students.
- One day picnic was organized for the classes 7th and 10th Standards.
- Literary competitions such as dance, quiz, light music, debate, drawing and painting, group dance, picture composition, composing poems, best out of waste, memory test, shloka chanting were spread throughout the year and the prizes were distributed on 14th December 2024.
- Medical checkup for all the students from Nursery to 10th standard was conducted in the school for a week in the month of January.
- The sky watch programme was held with the school telescope in the month of February for all the students from 1st to 9th standard.

Important events and celebrations

Date	Event	Chief Guest / Speaker
7/6/24	Clubs Inauguration	Mr. Umesh Kumar, Principal, WPPPUC
13/6/24	Installation of Interact Club	Rtn. Chetan Gandhi, President, RABANO
21/6/24	International yoga day	Smt Bhagyashree Kulkarni (yoga practitioner, Florida)
4/7/24	Founder's day	Mr. Arun Umarji, Professor, Dept. Chemical Engineering, IISc
2/8/24	Arts Exhibition	Mr. Arogiyappa, CEO, Sir Vishweshwaraiah Vidyaniketan School
15/8/24	Independence Day	Group Capt. Kedar Bemalkhedkar Station Commander, Chimney Hills
23/8/24	Sanskrit Day	Smt. Manjula Vani, Rtd teacher, Sindhi School
1/11/24	Kannada Rajyotsava	Mr.Praveen Kumar, Academic Head,WPPPUC.
5/11/24 & 6/11/24	Inter PPEC Primary Sports meet	At Yelahanka PPEC

9/11/24	Annual Sports day	Sri Puneeth Nandakumar, Para swimming Champion. Sri. A P Bhat Administative officer USAMEC
20/11/24	Science Exhibition	Smt. Suparna, HOD, Chemistry Department, WPPPUC
17/12/24	Annual day	Dr. Rajdeep Manwani, Head of Academic Research, Sindhi College, Bengaluru.
19/2/25	SUPW Exhibition and Saraswathi Pooja	H H Shree Eeshapriya Theertha Swamiji, President, USAMEC

Date	**Celebrations**
05/06/24	World Environment Day
27/06/24	Kempe Gowda Jayanti
11/07/24	World Population Day
24/08/24	Sri Krishna Janmashtami
05/09/24	Teachers' day
13/09/24	Ganesha Chaturthi
14/09/24	Hindi Diwas / International Democracy Day
02/10/24	Gandhi Jayanthi
17/10/24	Valmiki Jayanthi
22/10/24	Dasara Festival
14/11/24	Children's Day
26/11/24	The Constitution Day
15/01/25	Sankranthi Festival
28/02/25	National Science Day

The Tidings of the clubs:

Humanities club:

- "Career guidance" – by Mr. Arjun Satyamurthy Entrepreneur, student alumnus 2003 batch was held on 29th June.
- To mark the victory, Kargil Vijay diwas was observed on 26th July 2024. Students presented a song praising the soldiers who fought for the country. As they sung, Mr. Suresh Achary, our Drawing teacher intertwined visual art. Ms. Rajeshri Katwa, Teacher highlighted the importance of the day.
- 'World Music Day' was celebrated on 21stof June 2024. Students showcased their talent by playing different musical instruments.

- An interesting workshop was conducted by our Primary school Drawing faculty Mr.Suresh Achary on 'Typography' on 19th of July 2024.
- On 8th August 2024 Mr. Suresh Achary, Drawing faculty conducted pencil sketch workshop.
- Arts Exhibition on the theme `Incredible Topography` was organised by Primary School on 2nd August 2024. The event was inaugurated by Chief Guest Mr. Arogiyappa, CEO, Sri Vishweshwaraiah Vidyaniketana, Jalahalli, Bengaluru.
- Mahatma Gandhi and Lal Bahadur Shastri Jayanthi were celebrated on 2nd October 2024.
- An eye-catching doll festival was celebrated to mark the 'Navarathri' on 22nd of October 2024.
- On 13th January 2025, a member of the club delivered speech to mark 'National Youth Day' and all the club members celebrated the Sankranthi Festival by flying kites.

Science club:

- Students of High school demonstrated a Power Point presentation on "Our land, our future" on 5th June 2024 on the occasion of World Environment Day.
- A talk was organized on the occasion of World Doctor's day on 1st July 2024. Dr. Anirudh Alumnus addressed the students on the topic "Health &Hygiene'.
- On Founders Day, 4th July 2024 a talk on the topic "Importance of Science" by Retd. Prof. Arun M Umarji was arranged.
- A programme on "Oral Hygiene" was organized by Dr. Shankar, Alumni of WPPS on 31st July 2024.
- A talk was delivered by science club members along with the display of colourful charts on the extraordinary journey of our country in space exploration marked the celebration of National Space Day on 23rd of August 2024.
- To mark 'National Nutrition week' all students with the guidance of teachers observed the entire first week of September by bringing the different nutritious food for their short break. Students highlighted the nutritional value of the food by talk and skit during the assembly.

- High School Science Exhibition was held on 20th November 2024 on the theme: "Energy Spectrum".
- A Programme was organized on "well being out of waste" on 23rd November 2024.
- An interesting activity based session 'Math made easier' was conducted by our high school faculty Mr. Ranganath Rao M S on 29th of November 2024 to make children feel easy with the subject and understand the problem solving techniques.
- Science club members of classes 6th and 7th actively participated in the hands on experiment session wherein they demonstrated few experiments to other club members during the first week of December in their regular science periods.
- A Skywatch programme was organized for the students of 1st to 7th standard from 3rd to 13th February and for classes 8th and 9th on 6th and 7th March 2025 to have the spectacular view of the sky.
- On account of National Science Day a hands on experiment session "Budding Scientists" was organised on 28th February 2025, for the students of VI and VII.

IT club:

- Students were introduced to Robotics component details of gears, pulleys wheels & shafts during June & July 2024.
- The base of a robot was assembled by placing the smart motors, shafts, etc in the month of August 2024.
- During September 2024, the claw assembly was done
- Robotics tower was assembled in October & November 2024.
- A PPT on "Basic Robotics" was organized by Alumnus Chyavan Hegde on 13th December 2024.
- A PPT on "Artificial Intelligence" by Alumnus Poovaiah M Palangappa was conducted on 20th December 2024.

Nature club:

- Medicinal plant saplings were planted highlighting the importance of the same on June 5th of 2024 to mark 'World Environment Day'.
- 'International Plastic Bag Free Day' was observed on July 3rd of 2024 during the assembly. Club members presented a song and delivered a speech on the same. They also distributed paper bags to nearby fruit stalls and medical stores.
- The fruits saplings were planted in the PIFI campus by the club members to mark Vanamahothsava.
- A talk was delivered by our school Yoga instructor Mrs. Deepa on the importance of Herbal medicine on 9th of September 2024.
- To mark 'World Animal Day' members presented a drama 'Save animals' to bring an awareness on the importance of protecting animals on 21st October 2024.
- To acknowledge the service of Municipal members of our locality and the supporting staff of our school a "Thanks giving" programme was arranged on 13th of November 2024.
- A session was conducted by our aluminus Ms. Krupa R Bharadwaj on "exploring B.Sc (Honours) in agriculture: opportunities & pathways' on 25th November 2024.
- A programme was organized to sow the seeds of the vegetables to demonstrate how to grow vegetables in the house garden on 14th December 2024.
- A Campus Stroll was organised to educate students about rain water harvesting, organic farming, manure production, medicinal plants and solar panels by our school faculties Ms.Uma K, Ms.Pooja Deshmukh and gardener Smt. Rajamma, on 7th February 2025.

Interact club:

- On 5th July 2024 Dr. Shivram, Veterinary Doctor gave a talk on pets.
- Gaja Dhwani – A programme on the welfare of elephants was organized by Rotaract, Basaveshwaranagar in association with the club on 17th August 2024. Mr. Vinod, Mahout of Arjuna (The Elephant that carried Dasara Ambari for 9 times) interacted with the students.

- Fund raising activity was conducted on 15th August in school premises. Various decorative articles prepared by high school students were sold. The amount raised will be used for some social cause.
- Club members executed Shramadan along with Scouts & guides on the occasion of Gandhi Jayanthi on 2nd October 2024.
- On the eve of Deepavali, do's and don'ts while burning crackers were displayed on display boards of each class room.
- Mr. Sridhar Karate master taught Self defense techniques for girls from class 7th to 9thin association with Rotaract North Bengaluru on 23rd November 2024.
- RYLA was held on 5th January 2025 in Jindal Public School and interact club members participated in it.
- A career guidance programme was held on 8th February 2025 for 9th Standard and Rotarian Manju Anand donated few books to our School Library on this occasion.

BHARATH SCOUTS AND GUIDES:

- 3rd batch of Bharath Scouts & Guides was formed for the academic year 2024-25 during June 2024.
- Patrol leaders training camp was held at Sri Vani Techno School, Machohalli on 20th& 21st July 2024. Our Scout Master Ms. Shobha P P and 24 students from our camp attended the programme.
- Ms. Shobha P P attended a workshop conducted for Scouts Masters on 7th August 2024 organized at RT Nagar Public School. Our school scouts unit was declared best scout unit out of 360 other units and guides as second best unit.
- On 5th September 2024, members made Eco friendly Ganesha under the guidance of our Scout Master..
- On 1st October 2024 scouts & guides visited "Nisarga Grama" an orphanage home near Hesaraghatta to donate clothes, stationery and other essentials for the children. Through this we achieved one of our SDG goals.

- Tent pitching camp was held in the school campus on 19th & 20th October 2024. All the members actively participated in the event. Around 220 students from 20 different schools were part of the event.
- Our school received District level best Scout Unit and second best Guide Unit award for the year 2023-24 out of 350 schools from The Bharath Scouts and Guides, Karnataka.
- The Bharath Scouts and Guides Diamond Jubilee Jamboree was held at Trichi, Tamil Nadu from 27th January to 3rd February 2025. Our students represented this event under the guidance of our Lady Scout Master Mrs. Shobha P P.

SPORTS EVENTS&ACHIEVEMENTS:

DIVISION LEVEL sports were conducted by the Department of Sports, Karnataka. Our school boys under 14 entered the next level in Handball & Football. Under 14 girls entered the next level in Handball. Under 14 & 17 girls entered the next level in Basketball

Under -17 category our students represented in various sports at state level. They are:

- Ms. Yashaswi K of IX B - Basketball
- Ms. Shobhitha Y G of IX A - Basketball
- Ms. Monisha C A of X C - Yoga
- Ms. Latanya R of X A - Swimming
- Ms. Pooja S of X B - skating
- Master Kshitij A of X A - skating
- Master. Rithvik Murali of X C - Karate

Under -14 category students represented in the state level are:

- Ms. Hoshini of VIII C – Basketball
- Ms. Prateeksha Kouloor of VII B – Basketball
- Master. Likith Gowda B S of VIII C – Basketball
- Master. Ayush Shetty of VIII B -Football

- Master. Eshaan M Marnadu of VIII C – Football
- Under-14 category 2 of our students Master. Ayush Shetty & Master. Eshaan M Marnadu represented in Football at National level.
- 15th Junior Nationals Tchoukball Championship-2024 was organised at Shadnagar, Telangana from 23rd to 25th December. Master. Jagan Mohan Acharya, Master. Maneesh, Ms. Laasya, Ms. Manojna, Ms. Sahana, Ms. Shristi, Ms. Monisha and Ms. Advithi from 9th standard were the participants.

OTHER ACHIEVEMENTS IN SPORTS:

- Grand sports tournament hosted by Rotary Bengaluru North was held in our school in association with Interact club on 10th August 2024. 6 schools participated in the event. Our schoolboys were winners in Football, runners in basketball and girls were runners in basketball & volley ball and bagged 2nd place in chess.
- Inter PPEC Primary section sports meet was held at PPEC, Yelahanka on 15th& 16th November 2024. Our girls were winners in Volleyball, Chess and runners in Basketball, Shuttle badminton.
- Ms. Monisha C A of 10th C secured 5th place in National level Yoga competition which was conducted on 31st July 2024 for South Zone at Kongunadu College of Engineering and Technology, Tamilnadu. She also secured 2nd place in the age group of 15-20 years girls in Yoga competition organised by Bengaluru Urban District Yogasana Sports.
- Master.Samanyu Subramanya D of 6th A, Ms. Reeya R Karkera of 7th C, Master. Maneeth Heroor of 5th C bagged 1st, 2nd& 3rd place respectively & Ms. Lahari M of 10th B participated in All India National Level Open Karate Championship 2024 organised by Shito-Ryu Karate warriors Academy affiliated and member of Akhila Karnataka Sports Karate Association & placed 2nd in Black belt category on July 21st 2024 at Surana College, Bengaluru.
- Soundarya School conducted Kreedotsava on 12th September 2024. Our girls were runners in Throwball.

- Viva Taekwondo competition was held at Vibgyor High School, Jakkur. Keerthana R of 1st B won Bronze medal in 7-9 years category, Ms. Harika of 4th B won gold medal under 9-11 years category, Sri Sudhanva R of 5th C secured gold medal in 37 kg category & won bronze medal in 9-11 years category.
- 15th State Invitational Karate Championship 2024 was held at Shushruthi Group of Institutions on 24th November 2024. Master. Sai Bhargav S of 8th standard has won 3rd prize & many students from Primary section bagged several prizes in Katha & Kumitha.
- Ms. Harika of IV B participated in 10th Asian International Taekwondo Federation (ITF) Championship and was awarded for her outstanding performance.

GENERAL ACHIEVEMENTS OF STUDENTS

- An article by Ms. Davana D S of 10-C on the topic "ಕಡಲ ನೀರಿನಿಂದ ಕುಡಿಯುವ ನೀರು ಪಡೆಯಲು ಸಹಾಯಕ ತಂತ್ರಜ್ಞಾನಗಳು" is selected for 'ಕಣಾದ' ವಿಜ್ಞಾನ ಪತ್ರಿಕೆ published by National Aerospace Laboratories. She also won 1st prize in drawing and essay competitions organised by Karnataka State Pollution Control Board at Jawahar Balbhavan, Bengaluru on the occasion of World Environment Day.
- Ms. Pritika G V of 10th C was awarded the first prize in a drawing competition on "Colours of Nature" organised by Green Path Restaurants on the occasion of the World Environment Day.
- Ms. Archisha H Rao of 9th B was felicitated with "Aryabhata International Award of 2024" for her excellent talent in Hindusthani Music by Aryabhata Cultural Organization on 23rd June 2024. She was one among the Top 5 amongst 2000 contestants from all over Karnataka selected for "Iydani Entertainment" by Hamsalekha Music Foundation.
- Jnana Deepika Education Trust conducted quiz contest in Balmohan Vidya Mandir, Rajajinagar on 3rd August 2024. About 19 schools participated in the contest. Our school students Master. Akshara Bhat of 10th B, Vaishnavi Ravikumar of 9th A, Dushyanth Raj of 8th C bagged the III prize.

- Widia Poorna Prajna Pre-University College conducted GITARPANA Competition on 22nd August 2024. Ms. Viditha Kanagal of IX B secured 1st place in Gita Recitation, Ms. Moulya K Gowda of IX B secured 1st prize in Essay writing, Ms. Archisha H Rao of IX B bagged 2nd place in Gita Essay writing, Ms. Pranavi Prabhu of X B bagged 2nd prize in recitation, Master. Poorabh M A of IX B got consolation prize in chart presentation.
- Vishwa Vidyapeetha Group of Institutions conducted various competitions in Sanskrit. Our students participated and won 2nd prize in mime. Master. Dushyanth Raj of 8th C, Vaibhav J M of 9th C, Vidwat Anand Kulkarni of 9th C were the performers. Under Geethagayanam Ms. Shreerashmi Shanbhog of VII B secured 2nd prize and she was also awarded Sarvotthama Prashasthi in Prabandha Lekhanam.
- PPEC, Sadashivanagar conducted Inter School Gita Samstuti on 19th November 2024. Master. Prabhanjan Surya N of 2nd B secured 1st prize & Master. Jayanth S Gowda of 4th A got consolation prize in Kantapaata, Ms. Goutami S of 2nd A & Master. Hitesh T C of 2nd B bagged 2nd prize in Abhinayageethe, Ms. Shreerashmi Shanbhog of 7th B got 1st prize in Kantapaata, Ms. Hemani G Gowda of 10th B has won the special performance award. Our school secured 'Winning Trophy' for bagging maximum prizes from Nursery to Grade-10.
- Master. Vaibhav J M of 9th C won the 1st prize in extempore in Sanskrit conducted by Poorna Prajna Vidya Peetha.
- Deccan Herald orgnanised Inter school competitions. Our high school team got 3rd place in group singing competition.
- Mount Shepherd group of institutions had conducted M S Kannadotsava inter school singing competition. Under solo singing category Ms. Nisarga P of X A got 1st place and Ms. Yogini H of VIII B got 2nd place. In group singing our school bagged 1st place.
- Shri Swarnavalli Mahasamsthana conducted elocution competition on the topic - National Integrity in Bhagavadgita. Master. Atri Mahesh Bhat of X B won 3rd place.
- Master. Dheeraj H of IV B was awarded "Best Child Artist" by KISFF, Kalburgi for his performance in a short film "The ant & the sugar". He is also a recipient of

"Salumarada Thimmakka National Greenery Bala Puraskara" for acting, by Salumarada Thimmakka International Foundation in collaboration with the Social Welfare Dept. & Pollution Control Board, Govt. of Karnataka.

ACHIEVEMENTS / AWARDS OF TEACHERS

- Sri. Obanna was felicitated on account of Teachers' day celebration in Dasarahalli range by Karnataka Jnana Vijnana Samiti, Bangalore at SBM High school, Laggere .
- Sri.Ranganatha Rao M S was awarded "Best Teacher" by Karnataka State Schools & Colleges Management Association on 8th September 2024.
- Smt. Indira K was honoured "Best Teacher" award by Dept. of School Education, BEO N-4, Bengaluru on 21st September 2024.
- Smt. Srilatha Bhargav released her book titled "Sevanthige" compilation of her poems.

We congratulate all the achievers and wish them many more laurels in the years to come.

OTHER GENERAL ACTIVITIES

- To introduce the school functioning an Orientation meeting for parents of I standard & freshers was held on 28th May 2024.
- To work for the betterment of the child this year school arranged parent- teachers meetings after each assessment.

Teachers' Training Programmes

* A training programme for all the teachers on "How to use smart TV panel efficiently" was conducted on 22nd May 2024.
* On 24th May 2024 one day English enrichment programme was conducted by Dr.A.P.Kodancha. Our teachers along with PPEC-Yelahanka and Indira Nagar attended this programme.

* For removing mathematics phobia amongst students; A brain storming session for mathematics teachers was conducted on 27th May 2024. High School Maths teachers participated in it.
* On 5th and 6th of July Math Olympiad workshop was conducted for the teachers of all PPEC schools of Bengaluru by Mr. Rohith Chakratheertha. The same workshop was conducted to students twice later.
* 24 teachers of our school underwent CBSE workshop on the topic "Life skill under Capacity Building Programme" conducted by CBSE COE at St.Josephs Indian Primary School on 28th September 2024.
* Primary section Math teachers and High School Chemistry and Biology teachers attended a workshop conducted by Xperimentor on 18th and 19th October 2024. Primary Section Science teachers and High School Math and Physics teachers attended workshop conducted by Xperimentor on 25th and 26th October.
* USAMEC organized a CBSE schools Capacity Building Programme for all the subject teachers on 19th January 2025. Dr. N Santhosh Kumar, Academic Head of IPS Group of Institutions and Smt. Vamsheepriya, Pricipal, M V J International School were the resource persons.

PARENTAL PROGRAMME

The school has been arranging parental work shops and educating them about changing trends in order to deal with present generation children.This year the following topics were focussed - .

- A journey from teenage to adolescence
- Handling Pre-teen
- Teen tantrum
- Art of parenting

Speakers were Smt. Vinaya Karthik & Sri. Karthik.

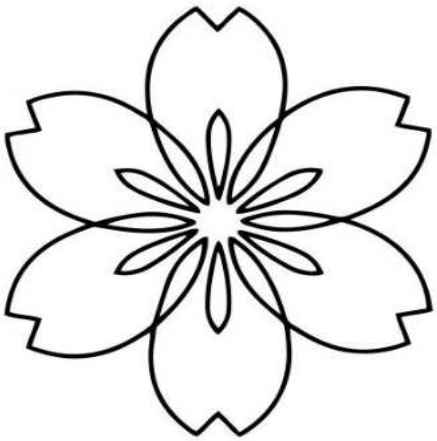
SCHOOL ALUMNI:

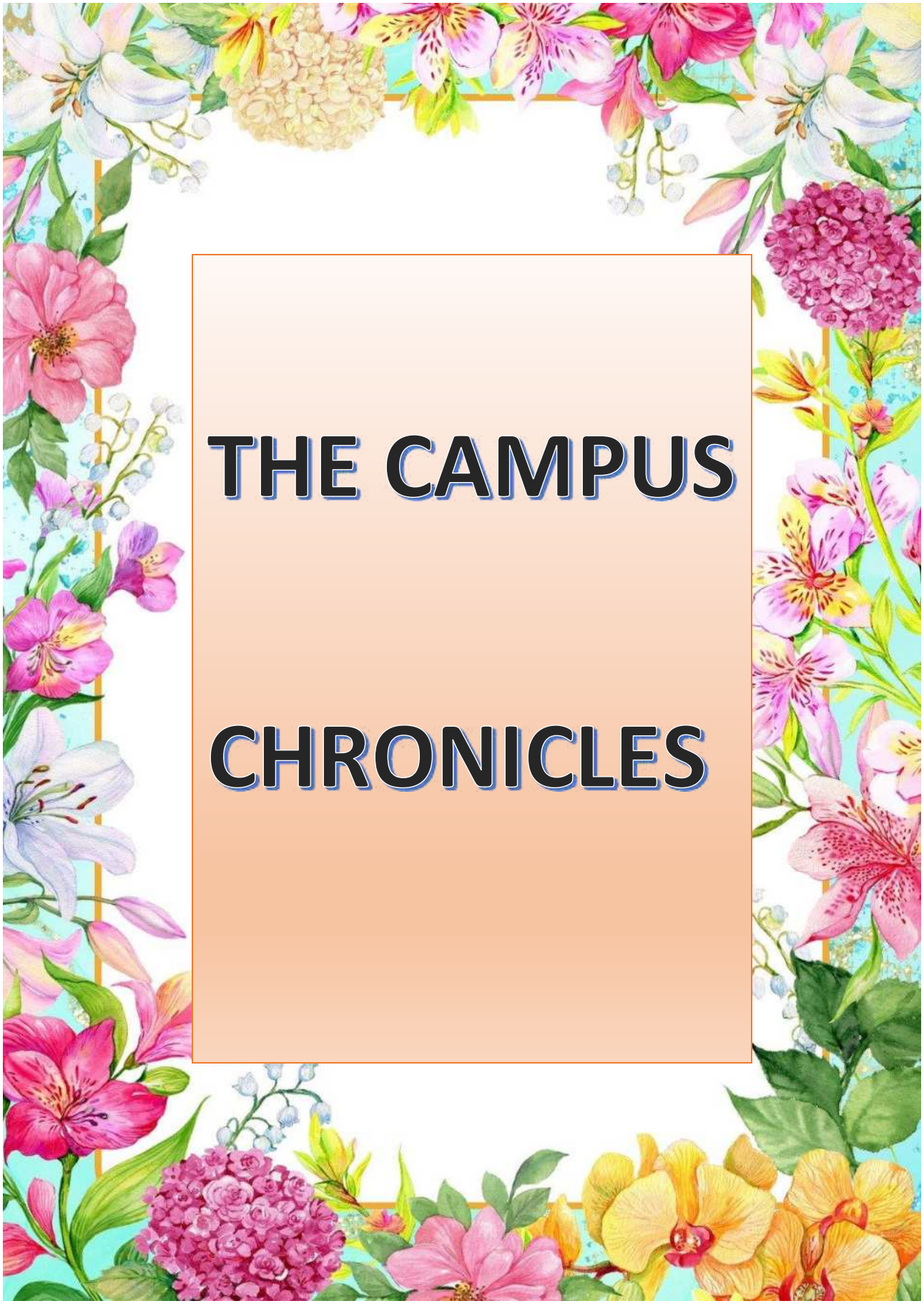
The school believes in making use of the expertness of alumni to the present 10th standard students by sharing their experience in different fields. A series of interaction with alumni was organised throughout the year.

In order to help the house keeping staff Alumni Association donated a trolley to school on 12th December 2024 . We thank them for the same.

DEVELOPMENTAL WORKS UNDERTAKEN :

- Ramps & railings were constructed at Nursery & Main block.
- Lifts were introduced in Nursery & Main block.
- CWSN toilets were built.
- Compound wall was raised.
- A compound wall was constructed between school & college campus.
- Primary composite lab & Biology lab were upgraded with slabs & hand wash basins.




THE CAMPUS
CHRONICLES

Nature

Look around and outside the room from where you are sitting, you can see beautiful plants and trees. Just looking at them refresh your mind and calm your nerves. This is the power of nature. Providing pure oxygen for everyone is the prime job. After a long day of hard work sitting in your garden is the therapy. So we should preserve trees and plants through which we can sustain our nature for our better future.

Janani Prashanth
VIII 'A'

Positivity

Be positive always
Think negative in a positive way
Sour thoughts in a sweet way
Chilly moments in a chill way.



Wipe your tears
Delete your fears
Never give up
Till you come up.

Positivity is a key for happiness
Start your life again with awareness
"Think positive, Be positive"
Find positive in Negative.

Thoshini L
VIII 'C'

Social Media

Social media is a cluster of digital platforms that helps people share beliefs, ideas, information, thoughts and opinions with one another. But is it safe and secure or dangerous? Social media can be a good tool for communication but it can also be used to spread misinformation. If there are merits for something it will have demerits too. Everything has two sides to it. But what are they? Social media allows people to create profiles and share what they love. It's a great way to communicate with people across the world and build healthy relationships. Despite its benefits social media comes with

significant disadvantages too. It can be used to spread false information, slander, lies and also to bully others. Increased usage can lead to health issues like anxiety, depression, disturbance in sleep and can also increase feelings of FOMO (Fear of missing out) and cyber bullying.Cyberbullying is a massive topic to start on.

Standing at the top 5 social media platforms are:(i) Facebook, (ii) Youtube, (iii) Whatsapp, (iv) Instagram and (v) Tiktok. And these are the exact platforms where majority of cyber bullying takes place. Those proved that social media can be both a friend or foe depending on its proper usage. "Don't use social media to impress people; use it to impact people".

Dhanvi Shetty N
VIII 'A'

A Day in Nature's Lap

"Enjoy the beauty of nature with the love of adventure". A fresh day in the midst of nature was so charming. The presence of birds and their pleasant song was mesmerizing. Idolizing the exquisite butterflies with fluttering wings. The green trees with their buzzing bees. The hardwork to construct a velvet honeycomb was quite a tussle for my tiny mates.The connection with nature was unforgettable. The melancholy struck my heart but the lingering presence of nature was quite severe. It was time to return home with the same mundane schedule.

Vaividya N
VIII 'B'

Development to be redefined : What development actually means !

Nowadays we hear the word "Development" a lot everywhere. There are many fields where there can be development. For a country Economic development is the most required one to be in No.1 place. We also hear corporate developments, social developments, manpower developments thinking in terms of economic value involved into these aspects.

Is it right to consider only GDP as the parameter to assess a country as developed one? In my opinion, a country to be called developed, economic development should not be the only parameter to measure it.

Many developed countries increased their GDP and economy at the cost of polluting nature and exploiting manpower in their countries.

Today we are facing serious problems of global warming, threat to the lives of animals etc., In the name of 'development' people are making use of natural resources harming the plants and animals knowingly or unknowingly.

Instead of GDP growth to achieve economic development people can think of concept of happy countries as a parameter. Happy countries are those countries which have low crime rate, honest people, and environmental awareness. By including all these parameters we can say that even smaller countries like Finland, Sweden, Denmark etc., are happy countries.

A country can be called happy or developed nation based on happiness of the people living in that country. That is the actual development taking nature, water resources into consideration.

Vidwat A Kulkarni
IX 'C'

A Hobby I Pursue

I love to draw pictures and colour it. Whenever I get free time, I draw the pictures of nature, cartoons and animals and colour it with my own imagination. It looks very colourful. It helps me to improve my thoughts. It enhances my creativity.

I also colour the printed pictures in my drawing book. I love to be engaged in drawing and colouring the pictures.

Janvith Arya A
I 'C'

Why do we feel Deja Vu !?

Have you ever felt this strange feeling ? When you're probably walking, talking or buying something have you felt that you have done the same thing before ? They say Deja Vu is the feeling that you have already experienced something that is actually happening for the first time and it's because of some miscommunication between parts of the brain but what if the multiverse is behind this crazy feeling ? The concept of multiverse (Many universes) suggests that there are multiple universes including our own which are similar to ours but not identical. If you're a Marvel fan or watch sci-fi movies or fantasy books or interested in Astro Science / Physics, you might already known about multiverse. This is an interesting theory proposed by Hugh Everett III. So this theory is also supported by the feeling 'Deja Vu" it says that if a parallel 'you' is experiencing a similar moment in another universe, causing a memory glitch in your brain when the timeline of that two universes cross making it feel like an event is repeating. Don't you feel this interesting? Wouldn't it be cool if it was real !? Well, the

scientists are working on opening a portal to another universe by firing a beam of neutrons through a 50-feet funnel at the end of the tunnel, the particles will hit an impenetrable wall. If the setup is right some of the particles will transform into mirror-image versions of themselves, passing through the wall. If the nuetron detector detects a nuetron we can prove the existence of a parallel dimension.

Vimarsha
IX 'C'

Change



Dearest reader, I think we all agree that women are the most powerful beings on earth. The one who nurtures, cares and gets us through the circle of life is a women.

But we know deep down that they are also the most mistreated beings in all the countries; from powerful Goddesses to even the newborn infant; used and abused in order to fit into the forms of society. Why must it be that a female who can create life itself in her womb, be afraid to step out alone? Why must it always be a woman must adjusts to the likes of society? We as a society need to learn to respect women. So I hope we all learn to make amends and treat women equally in the society. Now a days no woman is lesser than man. She is doing a commendable role in all aspects of human life and occupied all the positions, proved herself not subordinated to men.

"Action indeed is the sole medium of expression for ethics" - Jane Addams.
in honour of all women.....

Varsha G
X 'B'

Provoke Your Inspirit

Inspiration is a powerful force that drives creativity, motivation and personal growth. It can come from various sources. It may be from people, nature, environment, experience, new gadgets and music etc.

It always sparks a sense of purpose pushing individuals to persue their goals and dreams with renewed enthusiasm. It can transform a simple idea into something extraordinary and help to oversome challenges. One of the most remarkable aspects of inspiration is its unpredictability. It may strike unexpectedly during silence or it might be cultivated through hard work and persistance. The key to harnessing inspiration is

staying open to new experience and perspectives allowing the mind to absorb diverse influence.

Ultimately, inspiration is a reminder that we all have a potential to create, innovate and make a difference. It is a remainder that our dreams are within our reach if we are willing to believe in ourselves and take action. 'Inspiration connects people and motivates them to strive for the best'.

Vaibhav J M
IX 'C'

Surya Namaskara

"Asanas bring perfection in body, beauty in form, grace, strength, compactness and the hardness and brilliance of a diamond".

* Pranamasam (Prayer pose):
Stand in a prayer position at the edge of your mat.

1) Hastauttasana (Raised arms pose):
Breathe in and lift the arms up and bend back, keeping the biceps close to the ears. In this pose, the effort is to stretch the whole body up from the heels to the tips of the fingers.

2) Hastapadasana (Standing forward bend):
Breathe out and bend forward from the waist keeping the spine erect. As you exhale completely, bring the hands down to the floor beside the feet.

3) Ashwa Sanchalanasana (Equestrian pose):
Breathe in and push your right back, as far as possible. Bring the right knee to the floor and look up.

4) Dandasana (Stick pose) :
As you breathe in, take the left leg back and bring the whole body in a straight line.

5) Shashankasana (Hare or Rabbit Pose) :
Sit on the heel, breathe normally and relax in this asana.

6) Ashtanga Namaskara (Salute with 8 parts of body):
Gently bring your knees down to the floor and exhale. Take the hips back slightly, slide forward, rest your chest and chin on the floor. Raise your posterior a little bit. The

two hands, two feet, two knees, chest and chin (eight parts of the body) should touch the floor.

7) Bhujangasana (Cobra pose):

Slide forward and raise the chest up into the cobra pose. You may keep your elbows bent in this pose with the shoulders away from the ears. Look up at the ceiling.

8) Adho Mukha Svanasana (Dog posture):

Breathe in and lift the hips and the tailbone up to bring the body into an inverted 'V' pose.

Varnika V Bavimane
VIII 'B'

A LIGHT TO INSPIRE



A shining star, who guides our way
A beacon of hope, for a brighter day,
With kindness and compassion, they lead the pack
A gentle soul, with a humble track.

Maybe a teacher and the wisdom they share
Or a parent with their love and care,
Perhaps a leader with a courageous view
Or a dear friend who is rare and true.

Maybe an athlete and the game he adores
Or a street vendor when his spirit soars,
Sometimes historical figures who led to our rise
Or even strangers who opened our eyes.

In every mind, a wisdom grows
A knowledge gained that nobody knows,
But in the gloomy days when we feel to hide
Our own self will be the greatest guide !

Pritika G V
X 'C'

To kill a Mockingbird

There's a reason why I'm writing about this extraordinary masterpiece of a novel and you'll want to stick out till the end to find out.

Harper Lee's famous classic 'To kill a Mockingbird' is written from the perspective of 'Scout' Finch, the beloved daughter of Atticus Finch, a lawyer fighting to save the life of an innocent black man in court.

The novel takes place in the fictional town of Maycomb, Alabama during the Great Depression. It starts off with the Finch family living a normal life until Atticus Finch is handed the case of Tom Robinson, a black man accused of harassing of a white woman. Even with the odds in their favour, the jury rules out Tom as guilty.....

This novel focuses on shedding light on the prejudice against people on colour and how it impacts the minds of people. It focuses on giving a fresh perspective against racism and also highlights the cruelty of man during the era.

As Atticus Finch himself said.....

"Shoot all the bluejays you want....

But remember it's a sin to kill a mockingbird"

Varsha G
X 'B'

The largest gathering in the world



The Mahakumbh Mela is a major Hindu pilgrimage festival taking place once every 12 years in India. It is the most sacred and largest gathering in the world. There exists a smaller event called the Kumbh Mela. Each 'Kumbh Mela' takes place once every 3 years at different holy sites (Ujjain, Haridwar, Nashik). When the time for the 4th Kumbh Mela arrives, the final Mahakumbh Mela is held at Prayagraj. This event is held at the sacred confluence of three rivers (Ganga, Yamuna, Saraswati) called Triveni Sangam. It holds significant for the Hindu devotees as it is believed that taking a holy dip washes away all sins and illnesses resembling towards the purifying and rejuvenation of the soul. This gathering is believed to hold astrological importance as the event occurs once the planet Jupiter (Brihaspati) completes a revolution around the sun. Also it roots back to the Samudra Manthan and the word 'Kumbh' for a pot or urn; relating to the elixir pot (Amrutha Kalasha) emerging from the churning of the ocean. The current UP Government prepared to

make this event; safe, peaceful and gentle under the leadership of the Chief Minister Yogi Adithyanath.

Samriddh Shetty
IX 'A'

Impact of the Internet

The internet has revolutionised the way we live, learn and connect for students. It is a gateway to endless knowledge offering resources like online classes, tutorials and educational apps. It makes learning interactive and fun.

Communication has become instant and global bringing people closer through emails, video calls and social media. The internet also inspires creativity and entrepreneurship allowing individuals to showcase their talents and ideas.

However its misuse can lead to issues like addiction, cyber bullying and the spread of fake news. Therefore using the internet wisely is crucial.

The internet is a powerful tool that has changed the way live and learn. While it offers countless benefits it is important to use it wisely and sensibly. By striking a balance we can harness its potential to improve our lives and contribute positively to the society.

In a rapidly evolving world, the internet is not just a tool but a gateway to endless opportunities. As students let us make the most of it to learn, grow and create a brighter future.

Bindu S
IX 'A'

Income Tax System of India

Income tax is a tax levied by the government on the income earned by individuals, businesses and other entities. It is one of the primary sources of revenue for the government which is then used to fund public services, infrastructure, welfare programes and many more.



Income tax is charged based on a individual's or entity's total earnings (Salary, Business profits, interest etc.,) during a particular period (usually a year).

People earning above a certain threshold of income must pay income tax.,Companies and business entities are also required to pay tax on their profits.

Income tax rates depends on the amount of income and the tax slab system in place. Higher income generally leads to higher tax rates.

Income tax is used by government to fund public goods and services like education, healthcare, infrastructure, social welfare programs and defence.

Tax payers can reduce their taxable income through certain deductions and exemptions (eg-investments in savings schemes, health insurance, home loan interest).

In short, income tax is a financial obligation that helps the government to raise funds in order to meet it's expenditure, contributing to the development of the country.

Sindhu C R
IX 'C'

Tips from former X student

Greetings to all my juniors. I would take this opportunity to inspire you through the way which I followed and achieved great success in board exam.

1) Set clear goals: The first step towards success is knowing what you want to achieve. I made it a point to set realistic but challenging goals for every subject. Always aim for higher. If you aim low you achieve low. I aimed of getting 625/625, I scored 99.2% (620/625). The goals which I pursued kept me motivated and gave me a sense of direction.

2) Plan and Prioritize: Time is a limited resource. I divided my day into dedicated study sessions, ensuring balanced schoolwork, revision and breaks. Planning not only helped me to cover the syllabus but also reduced stress as exams approached.

3) Study atleast for 6 to 7 hours a day: I remember solving around 10 years previous years question papers too which helped me a lot. And I even observed that people who have topped are the students who referred atleast 10 previous years question papers.

4) Stay Positive and Confident: There were moments when I felt overwhelmed but I reminded myself with positive people and believing in my abilities helped me stay focussed.

5) Seek help when needed: Never hesitate to seek help if you don't understand any concept. Whether it's your teachers, friends or online resources, clearing doubts is crucial to build a strong foundation.

Final Thoughts:

To all upcoming batches, remember that success is a combination of hard work, smart work and resilience. There will be challenges along the way but don't let them deter you. Believe in yourself, stay disciplined and give your best effort.

Saiesh Muralikrishna Bhat D

FUN FACTS
About School and Teachers !!!

1) Finland has no homework ! Yet, they rank first in education.
2) The shortest school year : France has only 162 school days per year.
3) The largest school in the World : City Montessori School in India has over 58,000 students enrolled.
4) A British Teacher accidentally discovered that rubber could erase pencil marks in 18th century.
5) The longest lesson ever lasted 53 hours ! An Indian teacher set a record for the longest class session.
6) Students in China sometimes study for 12 hours a day and take a super-tough exam called the 'Gaoka'.
7) In Japan schools students clean classrooms always as a part of their education.
8) The oldest school in the world - The King's School in Canterbury, England was founded in 597 AD and is still running today.
9) The longest exam in history was a 53 - hour marathon in 2014 of physics.
10) In 1980, a college professor gave one-question exam that asked the students, 'What is the meaning of life' ? which is the shortest exam ever.

How 2025 is Special Mathematically ?

The year 2025 holds several fascinating mathematical properties that make it unique. Let's explore its significance through different mathematical perspectives.

1) A perfect square : One of the most remarkable properties of 2025 is that it is a perfect square year. The next perfect square year is 2116 which is after 91 years.
$2025 = 45^2$; $2116 = 46^2$.

2) Sum of consecutive odd numbers : Since 2025 is 45^2, it can be written as the sum of first 45 odd numbers.

3) Divisibility : 2025 is divisible by the squares of 3 numbers
$2025 = 3^2 \times 5^2 \times 3^2$
2025 is a mathematically rich number,

So as we step into 2025, we are not just entering another year but a mathematically fascinating one.

Bhavana S
IX 'A'

Nurturing your strength

Nurturing your strength means recognizing your own hidden capabilities and improving it. We can achieve this by practising regular exercises, meditation and by following a disciplined routine. We should set goals according to our strength and work

on it as hard as possible to try and achieve it. Nurturing our strength increases self - confidence and improves our all round performance. Everyone has their own set of talents, skills and potential. We can fulfil our potential only by doing the right things at right time, following a disciplined routine, working hard and striving for greatness by improving ourselves day by day.

Chiranth R Kashyap
IV 'C'

Southern Yellow Bird



A special afternoon of a regular Sunday, my mom shouted my name near the porch of my house because she noticed a tiny baby of "Southern Yellow White Eyed" bird crawling on the floor of the porch but sad part was it had been injured, its tiny leg was twisted.

Meanwhile we were speechless to see the mamma bird and pappa bird coming in search of their baby. Mamma bird saw their baby and started flying low near bushes making chirping sound to assure her baby bird that her mamma is nearby in her protection while pappa bird used to flyout and bring some worms, insects, riceflakes and feed baby bird. It was a love spilling moment between three of them.

Sooner the clouds turned dark it started to drizzle, parent birds went to their shelter but baby bird was scared as it couldn't fly. Me and my brother took a carton box prepared a soft bed of tissues and took the baby bird gently, placed it inside the box and brought it home.

By this time it was late evening, baby bird was chirping in fear as it couldn't see her parent birds. We started collecting vet doctor number near to us. As it was Sunday we didn't find any, later googled the animal rescue organizations and started calling them, finally one of the centres picked the call. We requested them to come home and give needful treatment. My brother and myself decided to open our saved pocket money and helped the baby bird to fly by giving needful treatment. Finally the baby bird was having food and chirping happily, trying to fly with heavy heart but it was worth to see later improvements.

That whole night we couldn't sleep thinking about the parent birds. Next day parent birds arrived when we were getting ready to school as it was Monday. They

started chirping loud and eyes were searching their baby bird. We couldn't convey them but our heart cried out loud for them.

I wanted to write this story because it was true scened, emotional story of love between parents and their children. Literally even we experience the same. The moral conveyed by this small story is everyone should love and respect their parents.

Sambhrama M Bellari
V 'B'

Book review: Immortals of Meluha by Amish

If you are looking for a book that takes you on an adventurous journey through ancient India, the Immortals of Meluha by Amish Tripathi is a perfect pick. It is the first book in the Shiva Triology, which is an Indian mythological fiction. This book series reimagines Lord Shiva, a Hindu diety, as an ordinary mortal whose choices lead him to greatness.

This book is set in the imaginary kingdom of Meluha which is inspired by the Indus Valley civilization. Meluha is a mere perfect kingdom, well structured and peaceful but it faced threats from external kingdoms and a mysterious and apparently sinister tribe called the Nagas. Shiva is invited to join the Meluhas. They discovered that he is not just an immigrant but he might be "The Neelkanth", the prophesied saviour of Meluhans. Shiva is thrown into a journey of conflicts, battle and life changing discoveries. He also meets new people, visits many rulers and observes customs to reach a single goal, defeating evil but he lives in a world where the lines of good and evil are not always clear. This theme of understanding what makes us "good" or "bad" kept me thinking even after I've turned the last page. This book shows not only Shiva's destiny and his path of self discovery but also the choices that define us.

One of the things that I found interesting in this book is about how Amish has brought Lord Shiva into the earth and has given some human approaches. He isn't perfect. He struggles, he hesitates and he learns. His character is far more relatable and allows readers to connect with him. Amish has shown that even the heroes have problems to overcome. The Immortals of Meluha is more than just a story, it is an exploration of what means to be a human.

Keerthana
IX 'A'

Team work and Discipline for Success

Teamwork and Discipline are both important for success. Teamwork can help a group of people work together to achieve a common goal. Communication, time

management, problem solving, collaboration and leadership are some of the skills included in teamwork. Discipline can also help people to be independent, punctual, focussed and organised.

Team work can improve efficiency and productivity. Whenever a team member practices disciplined actions, other people who depend on him/her will be benefitted.

Adopting discipline in life helps us to achieve success.

Tejas R
III 'B'

How Indian education can be nationalised



Indian education system, despite its rapid growth and expansion over the last few years / decades, remains fragmented and unequal. With a population over 1.4 billions and a diverse range of regional languages, culture and socio-economic backgrounds, Indian education system faces some unique challenges such as regional resistance, cultural diversity, implementation cost, bureaucratic challenges and so on. The steps that can be implemented are

i) Uniform curriculum and syllabus:

A standardized syllabus would make it easier for students to move between different states without having problems to adjust to the different curriculum.

ii) Standardized teacher training and pedagogical approaches:

This ensures the teachers and the students to receive high quality education regardless of their location.

iii) Equitable access to the resources:

National education system could facilitate the development of digital platform and online resources that reach remote areas bridging the gap between well funded urban schools and underprivilized rural schools.

iv) Centralized examination and assessment system:

Nationalised assessment system would ensure us a clear picture of overall quality of education if educational outcome of students are comparable across the country.

v) Inclusive education policies for marginalised groups:

A centralised system could allocate funds more effectively for scholarships, financial aid and reservation policies ensuring that the marginalised communities have better access to quality education.

Nationalisation shouldn't be seen as a rigid approach but a flexible framework that respects regional autonomy. This could help us to shape a better, brighter and more equitable future for India.

Rithvik Murali
X 'C'

Role of Leadership

One of the great qualities of personality development is leadership. Leadership is an art. Leadership is derived from the word 'Lead', which literally means to guide. The qualities of leadership are found in a person from birth and some people develop this quality through hard work. Leadership is a unique skill among all the qualities of personality development. Through leadership, one can easily reach the heights of success. People like leaders because of their qualities like honesty, patience, transparency etc., A good leader should be confident in his decisions and actions. A good leader must certainly inspire others. A leader should be a role model for his followers. Many leaders like Mahatma Gandhi, Abraham Lincoln, Sir Winston Churchill and Saradar Vallabhbhai Patel showed the right path to the people through leadership and devoted their whole life for the service of the country.

Varunika R
III 'B'

The Power Of Music

Music Therapy

Music therapy is a complementary form of medicine that uses music to help improve health and well-being. It can include singing, listening, moving or creating music.

Benefits

* It helps to relieve stress, anxiety, pain and depression.
* It can help with behaviour control and redirection.
* It helps with communication, self expression and relationships.
* It can help with sensory, speech and language dysfunctions.
* Can be beneficial for people who have difficulty in communicating verbally.

Ganashri H R
Music Teacher

Here's How I Cross the road !

Up the street, I look to see,
If any traffic is near to me.
Down the street, I look as well,
And listen for a horn or a bell.
There is something coming up,
Wait a bit, if I run out,
I may be hit.
But now the road is really clear,
No car, no motor bus is near.
I'll walk across the road so wide.
Hurray! I am safe on the other side.

Lishika R
II 'C'

Importance of Yoga



Yoga is very important for our health. It helps in balancing the relationship between body and mind. It is a type of exercise that helps learn physical and mental discipline through regular practice.Yoga is a Sanskrit word which means union and discipline Yoga plays an important role in human life. We should practice yoga for 15-20 minutes daily. It decreases high blood pressure and risk of heart disease.

Yoga is medicine for stress. It helps to develop self discipline and self awareness. International Yoga Day is celebrated every year on 21st June.

Charvi R Gowda
I 'A'

Life of Soldiers

Soldiers are the pride of a nation. They are disciplined, courageous and selfless. There is full of challenges and they face each challenge with a smile on their face. Anyone who wants to be a soldier is indeed a noble soul. He loves the country and countrymen and is willing to go to any extent to protect them and save their honour. Soldiers do not care about their personal life or desires. Their country comes first for them. Those who decide to get into this profession are well aware of the fact that they will have to sacrifice their personal life and stay away from their families for most part of their lives. They gladly take up this job and work diligently day and night.

Soldiers are trained for years before they are sent to the war front. The training period is extremely tough. It brings out the best in them and prepares them for the battle ground. We get the privilege to live in a peaceful environment and concentrate on our personal lives only because the soldiers are guarding our country round the clock.

Hemanth N A
III 'A'

Patience and belief

Once upon a time in a village the farmers were growing grapes. The king visited the village and he was excited to see the farm full of lush grapes but he was surprised to see farmland full of vines but no grapes. He was curious to know why there were no grapes in his farm. He asked the farmer. The farmer replied that "These are very special grapes which yield only once in 30 years". The king was astonished hearing this and told the farmer to bring the grapes to the palace after 30 years. The farmer was happy and assured that he would definitely bring the special grapes once they yield. The king smiled and left. 30 years later the grapes started to yield, the grapes grew so big that each grape size was that of an orange. The farmer remembered the king's order and sincerely took the fruits to the palace. The king was very happy to see him. He tasted the grapes and said, "These are the most delicious and special grapes he had ever tasted". Then he rewarded the farmer with precious jewellery, diamonds and granted a village to him. Listening to this, all the other farmers greedily rushed to the palace with their grapes, but the king only gave them the price worth the grapes. The farmers were very disappointed and asked the king why they were not rewarded with precious diamonds and jewellery. The king smiled and said "Those rewards are not for the grapes but for the belief and patience of the farmer".

So my friends, belief and patience always pay in its own way.

A Rithesh Kumar
III 'B'

Advantages and Disadvantages of Social Networking



Advantages :

* Social network helps connect with people around the world.
* It gives the availability of easy and accessible communication tools.
* Live updates and news are available on social network platforms.
* It helps in branding and growth of business.
* It gives a platform for entertainment and fun.

Disadvantages :

* A lot of information leaks through the social networks in public such as photos, videos etc., that can be misued.
* It includes a lot of privacy concerns related to your personal data.
* It could be a severe distraction for many people and become an addiction to them.
* It can cause health issues such as sleep disorder.
* It can waste a lot of time when it is used excessively.

Navya H G
VII 'C'

Swachh Bharat Abhiyan



By hand and heart, let's take a stride
To keep our Bharat clean and wide
A dream of Mahatma, pure and true
Let's paint our streets with cleaner hue

No litter here, no waste to see

A sparkling land for you and me
Sweep the lanes and plant the green
Let's build a future, fresh and serene

From mountain tall to oceans vast,
A legacy clean that forever exists
Each village and city must take a vow
To make our Bharat cleaner now.

The broom we hold is a symbol of change
A movement strong, not for strange
Together we stand, united we care
For Swachh Bharat, let's always dare !!!...

Pranathi Bharadwaja H K
VII 'B'

A Visit to Aquarium

An aquarium visit was a Magical experience which led us into the world of fascinating creatures. As we entered the aquarium, the cool atmosphere welcomed us to the natural underwater world of exploration. We saw clown fish, which reminds me the story of Nemo. Each tank showcased a unique variety of marine life. To name a few among them were Jelly fish, Star fish, Angel fish, Neon Tetra, Cat fish, Gold fish, Rainbow fish etc., I was amazed at the vibrant colours of the scales and the way tiny fishes were gliding gracefully through. I wish I could swim with them freely in the deep sea.

Tulsi R T
V 'C'

Overcoming Procrastination

Overcoming procrastination requires a combination of self-awareness, motivation, effective strategies. The first step is understanding why you procrastinate, whether it's due to fear of failure, perfectionism, lack of interest or feeling overwhelmed. Break larger tasks into smaller, manageable steps, making it easier to tackle them without feeling overwhelmed. Create an attractive workspace that is clean and inviting, as a pleasant environment can motivate you to engage with your tasks. The "2 minute rule" suggests beginning with just 2 minutes of effort, which often leads to continued progress. Setting clear, specific goals with deadlines helps maintain focus,

while eliminating distractions such as social media can improve concentration techniques like the Pomodoro method working for 25 minutes followed by a short break can enchance productivity. Practicing self compassion ensures that setbacks don't lead to discouragement but rather serve as learning experiences for gradual improvement.
"Never do tomorrow what you can do today".

Surabhi D N
VII 'C'

Sports as a career

"A healthy mind resides in a healthy body". Sports evolved from ancient times



mainly for the development of the physique and for the defence. It is an activity which involves physical exertion and skill. It is rightly said by Simon Jenkins, Newspaper columnist that a sport is a subset of leisure and work activities involving both physical activities and competition. Choosing a career mainly depends on one's passion to pursue and reach its paramount. Now considering a career in sports offers many advantages including physical, mental fitness, valuable lessons of life, such as discipline, perseverance, fame and even financial stability.

In the exciting world of sports, career extends and far beyond the playing field with diverse opportunities. In today's fast paced world, the sports industry has emerged as a dynamic thriving arena remarkably evolving from a mere recreational activity to a billion dollar global enterprise similar to the other domains like IT and BT. There is a high demand for skilled professions leading to an array of career options mainly catering to an individual with passion, diverse talent, interest etc., Various career opportunities in sports include a trainer, a coach, sports commentator, sports therapist, sport management and administration, sports broadcasting and rehabilitation. As an individual marks his / her journey in pursuing sports as a career, he / she embraces continuous skills of learning. Sport industry thus offers a myriad of career options.

Achinthya G S
VI 'C'

Puri Jagannath



The Jagannath Temple in Puri, Odisha, India's famous Hindu Temple dedicated to Lord Jagannath. Two interesting aspects of the temple are the flag on the top of the temple that flies in the opposite direction to the wind and second after you keep the first step inside the temple from Singha Dwara entrance, the audibility to the ocean waves is entirely lost. This phenomenon is more prominent in the evening time. Again, no scientific explanation adds up this fact. The sound returns when we leave the temple. It is dedicated to Lord Jagannath, a form of Lord Krishna. The temple's wooden idols are believed to be alive and are periodically replaced in a sacred ceremony.

Ruthvik K
IV 'A'

The Dove in the Cage

One day, a fat dove was sitting in her cage, pleased and content with her life. She was thinking, "I do not have to look for food. My master gives me a lot to eat and cares for me. I do not have to worry about the cat for. I am safe in my cage. What a wonderful life I have!". Just then, a crow came and began to pick a piece of bread lying on the ground, "Dear crow, don't you wish you had my life ? You are so unlucky to have to hunt for food and keep a watch out for your enemies all the time", said the proud dove. "No, my dear Dove, I would rather sleep hungry every night than living in captivity. I know how to protect myself from my enemies. I am a free bird and can go where I wish, while you stay in this cage all the time" said the crow and flew away in the sky. Moral : Freedom is always better than captivity, even if it means living a tougher life.

Prabhanjan Surya N
II 'B'

Fenugreek Giggles

I planted tiny, magical fenugreek seeds like hiding secret treasures in my school garden patch. I gave them a big refreshing drink of water and they wiggled in the soil as if they were having a water dance party. After a few days, the green plants grew up and smiled at me as I carried them home like my best little friends. At home, I helped cook a yummy meal with the fresh leaves and it was as tasty as a giggle - filled picnic!

Then, on our fun nature walk, I imagined the trees and flowers clapping for our delicious, green feast.

Shripada S Shastry
UKG 'B' Section

The Kite Festival



The festival of Uttarayan marks the day when winter begins to turn into summer, according to the Indian calendar. It is the sign for farmers that the sun is back and that harvest season is approaching which is called Makara Sankranti. This day is considered to be one of the most important harvest days in India - Makara Sankranti or Uttarayan the kite flying festival in India.

Kite flying has a long history. There are many Greek, Indian and other mythological stories which tell us about human beings wanting to or trying to fly. So people fly kites wishing to touch the sky.

Janav Dwij
UKG 'A' Section

My Journey of Nursery

My nursery school journey was a vibrant mix of playful learning, new friendships and the comforting presence of my teachers, where each day felt like a new adventure in a colourful world.

The days were filled with simple joys-learning to identify shapes through playful songs, painting our hands to create beautiful art works. My favourite part was playtime, where I would run around with my friends, sharing toys and many such good memories.

As the year progressed, I began to grasp basic concepts like colours, numbers, alphabet etc., My teachers' patience and encouragement helped me a lot to learn in my journey. We participated in so many cultural events conducted in our school.

Looking back, my nursery school experience was a foundation for my future education. Thanks to all my lovely teachers.

Aadya Avinash
UKG 'C' Section

Fostering Creativity in Individuals

Fostering creativity means encouraging, supporting and nurturing the creative potential in individuals, especially children. It involves providing an environment, resources and opportunities that help them develop their imagination, innovation and problem solving skills.

Key Elements of Fostering Creativity :

*** Encouragement :** Providing positive reinforcement and support help individuals feel confident in their creative abilities.

*** Autonomy :** Giving individuals the freedom to make choices, take risks, and explore their interest.

*** Imagination :** Encouraging individuals to think creatively, dream big, and explore new ideas.

*** Innovation :** Supporting individuals in developing new and original ideas, products or solutions.

*** Risk-taking :** Allowing individuals to take calculated risks, experiment and learn from their mistakes.

*** Collaboration :** Providing opportunities to work with others, share ideas and learn from each other's perspectives.

*** Resources :** Providing access to materials, tools and technology that can help individuals express their creativity.

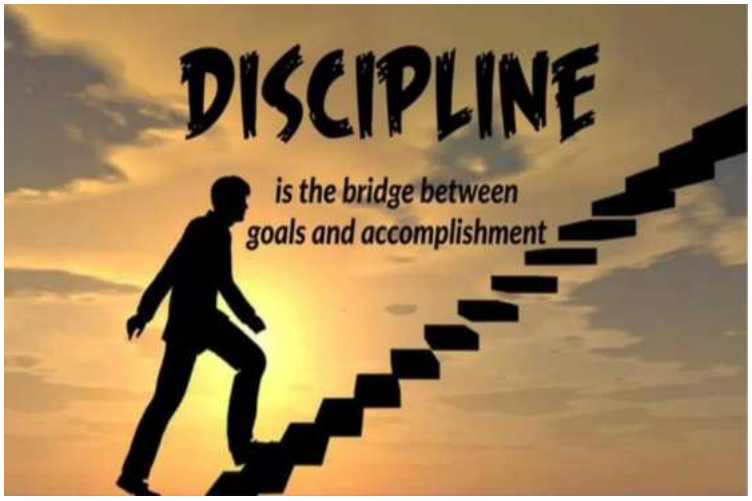
Benefits of Fostering Creativity :

* Creativity helps to develop innovative solutions to complex problems.
* Encourages individuals to think critically and make informed decisions.
* Boosts confidence to develop a sense of pride.
* This also promotes and develops innovative ideas, products and services.
* Fosters emotional intelligence, empathy and self-awareness.

By Fostering creativity, we can help individuals develop the skills, confidence and mindset needed to succeed in an ever-changing world.

Lakshmi Devi N
Teacher
Pre-Primary Section

The value of discipline in academic life



Every citizen of India must be an entity of orderliness, regularity punctuality, smartness and other virtues. All of these virtues are termed as 'DISCIPLINE'.

Discipline is the spontaneous adoption of rules of conduct. Discipline is a part of civilized life. The absence of discipline in human being results in confusion and anarchy. It is one of the requirements for peace and progress of a country. It is the unifying force of the nation. As the members of a society, it is our duty to be disciplined. If every person is allowed to do whatever one desires, it leads to chaos. Some amount of restraint is necessary while enjoying Liberty. Restraint is a part of 'discipline'.

Education means transforming a child into a worthy citizen. He is sent to develop his character and to acquire virtues like obeying, avoiding wrong doings in school. If he or she is allowed to do what one wants, education would be a farce. Hence there is a need for discipline in our life including academic life.

Obedience is the first virtue of a student. Obeying rules, obeying words of parents, teachers, elders is a part of discipline.

One should develop good habits at a young age. One should be proud of obeying rules. One who does not obey rules, cannot command others to obey rules. If one acquires the virtue of orderliness, regularity, punctuality and such other characters in life, one can which stand any difficulties coming across in his life.

If the students follow the above guidelines in their life, they will be doing a lot of service to the motherland.

Remember! Yesterday is beyond repair. Tomorrow may never come. Today alone is ours. Let us make the best use of it.

Motivation gets you going, but discipline keeps you growing.

Poornima V M
Teacher
Pre-Primary Section

Technology in Classroom

Technology has become an integral part of our lives. It is an extension of our body and mind. Its footprint spans far and wide in industries, hospitals, medicine, sports, arts, music, entertainment etc., No wonder then technology impacts a great deal on education too.

Technology provides instant access to information, which is why its presence in the classroom is vital. Utilizing different types of technology in the classroom including power point, games, audio visual, smart board, educational apps, tablets, various search engines create learners to actively engage with learning objectives at different levels.

Technology incorporation at different level :

*** Elementary Classroom :**

For tiny tot, technology can be used to build the fundamental skills to prepare for future learning. Teachers can use interactive games to teach Math, Stories, Spellings, Phonetics and to improve Reading skills.

*** Primary Classroom :**

As students transform into independent thinkers, they can use technology to develop basic life skills. They can also use it to acquire skills such as conducting research from credible source of search engines.

*** High School Classroom :**

Once students reach their high school they discover ways to use tecnology that can be beneficial for college and career development. Being familiar with Microsoft Office and Google Drive, teach students to prepare spreadsheets, slideshows, Document their notes. This will lay a foundation to their career in the long run.

Importance of integration of technology in classroom :

* Keeps students engaged.
* Helps students with different learning styles.
* Prepares students with life skills at different levels.

In keeping pace with evolving life skills, it's imperative to utilize technology in various forms in the class room.

Shwetha Nagabhushana
Teacher
Pre-Primary Section

The Role of Artificial Intelligence



A.I. is a fascinating and emerging field that has made tremendous progress in recent years and is impacting more and more on our lives.

In this article, we take a closer look at the role of A.I. in the future. The future of A.I. promises to be exciting and transformative. Here are some of the key trends:

1) Advanced Applications: A.I. will find its way into more and more areas of daily life and business. Advances in robotics and autonomous driving will drive the development of new applications.

2) Communication: Advances in language processing and human machine communication will help A.I. systems better understand what humans are saying and be able to better interpret human emotions and intensions.

3) Working World: The automation of workplaces will continue to pose a challenge. At the same time, new tasks will emerge in connection with A.I. Further training and retraining of the labour force will be crucial in order to cope up with the impact on the world of work. Overall, it is clear that A.I. will play a crucial role in shaping the future. There will be both opportunities and challenges and the way in which A.I. is developed, deployed and regulated will have a major impact on what that future looks like. It is important that legislators, society and players in the A.I. industry closely monitor these developments and actively shape them to ensure that A.I. is used for the benefit of mankind.

Archana K Gudi
Teacher

Art Integration in early childhood education

Art integration is a powerful teaching strategy and a facilitator always tries to fulfill all the academic topics taught to the children. The early years are the most active period for establishing critical neural pathways in the brain. Incorporating art into classroom gives young minds a strong foundation for success in school and in life. It helps in developing cognitive skills; enhances social and emotional skills; supports health and wellness and also provides deeper learning of the topics.

The key to arts integration is to teach music, drama and visual arts along with subject area concepts across the subjects. The key ingredient to successful arts

integration is engagement. As a result children demonstrate their understanding of a concept through an art form, which gives motivation to learn the next topic at ease. This gives rise to the healthy upbring of a holistic human being to our society.

Champa M G
Teacher
Pre-Primary Section

Human Well-being and Music

Music has a profound impact on human well-being, affecting both our emotional and physical states in various ways. Here are some key effects:

Emotional Regulation:
Mood Enhancement: Listening to music can elevate mood, reduce stress and even alleviate symptoms of anxiety and depression. It can trigger the release of dopamine, the "feel-good" neurotransmitter.
Emotional Expression: Music helps people express emotions that might be hard to articulate otherwise. This is especially true for genres like classical music or certain lyrics in pop or rock, which resonate deeply with listeners' personal experiences.
Stress Reduction:
Music can have a relaxing effect, helping to lower cortisol (the stress hormone) levels. Calm or slow-tempo music, such as classical or ambient, can create a calming atmosphere and reduce heart rate and blood pressure.
Cognitive Benefits:
Memory and Focus: Music can enhance cognitive functions, particularly memory, attention and concentration. This is why many people listen to instrumental music while studying or working.
Therapeutic Uses: Music therapy is often used for cognitive rehabilitation, helping patients with conditions like Alzheimer's disease or stroke recovery by triggering memory recall and cognitive function.
Social Connection:
Music can bring people together, fostering a sense of community, shared experience and emotional bonding, whether through concerts, group music-making or simply enjoying the same tunes with others.

Physical Health:
Pain Management: Music has been shown to reduce perceptions of pain, particularly in hospital settings. It's often used in conjunction with medical treatments to improve patient outcomes.

Exercise Motivation: Upbeat music can serve as a motivator for physical activity, whether it's in a gym, on a run, or while practicing yoga. It helps improve performance and endurance by synchronizing with movement.

Spiritual and Existential Well-Being:

For many, music is a spiritual experience. It provides a connection to something greater than oneself, whether through the sacred music of different cultures or the transcendental experience of listening to a piece that stirs the soul.

Creativity and Self-Expression:

Playing or composing music allows for creative expression, which can be deeply fulfilling. Engaging in Music-making fosters a sense of accomplishment, promotes problem-solving skills and can be a positive outlet for stress and frustration.

Improvement in Sleep:

Certain types of music, such as calming or classical tunes, can help improve sleep quality by promoting relaxation and reducing anxiety before bed.

The impact of music on well-being is deeply personal and can vary based on individual preferences, the type of music and the context in which it's experienced. For many, music is a vital tool for improving mental health and enriching their lives.

Kavitha Shanbhog
Teacher
Pre-Primary Section

Dragon Blood Tree

Oh! Dragon blood tree ….
The saviour of Socotra, deeply
Rooted in Arabia.
Coloured in red, a symbol of blood.
Shaped like an umbrella, shading many a plant.
If camel is the ship of the Desert,
You're truly the Dragon of the Desert.
Oh! Dragon blood tree….

Avika Hejjaji Nikhil
V B

ಮಾದರಿ ಜೀವನ ನಮ್ಮದಾಗಲಿ

ತಮ್ಮ ಮಕ್ಕಳನ್ನು ಸರಿದಾರಿಯಲ್ಲಿ ನಡೆಸುವುದು ಪ್ರತಿ ತಂದೆ–ತಾಯಿಯ ಕರ್ತವ್ಯವಾಗಿರುತ್ತದೆ. ಅದಕ್ಕಾಗಿ ಅವರು ಮೊದಲು ಸರಿದಾರಿಯಲ್ಲಿ ನಡೆಯುವ ಪ್ರಯತ್ನ ಮಾಡಬೇಕು. ಸಾಧ್ಯವಾದಷ್ಟು ಮಟ್ಟಿಗೆ ತಪ್ಪುಗಳನ್ನು ತಿದ್ದಿಕೊಂಡು, ಶಿಸ್ತುಬದ್ಧವಾಗಿ ಜೀವನ ನಡೆಸುವ ರೀತಿಯನ್ನು ಪೋಷಕರು ಮೊದಲು ತಿಳಿದಿರಬೇಕು. ಮಗುವಿನ ತಪ್ಪು ತಿದ್ದಬೇಕಾದರೆ ಇಲ್ಲವೇ ಮಗುವಿಗೆ ಏನಾದರೂ ಹೇಳಬೇಕು ಎಂದಾದರೆ ಆ ಮಗು ಹಿಂದಿರುಗಿ ನಮ್ಮ ಕಡೆ ಬೆರಳು ತೋರಿ, ಮಾತನಾಡದಂತೆ ಎಚ್ಚರವಹಿಸಬೇಕು. ಸಣ್ಣ ಪುಟ್ಟ ಕೆಲಸಗಳ ಕಡೆಗೆ ಹೆಚ್ಚಿನ ಗಮನವಹಿಸಬೇಕು. ಉದಾ: ಮಗುವೊಂದು ಸ್ನಾನದ ನಂತರ ತನ್ನ ಟವಲ್ಲನ್ನು ಸರಿಯಾದ ಜಾಗದಲ್ಲಿ ಒಣಗಿಹಾಕಿಲ್ಲ ಎಂದು ಹೇಳುವ ಮೊದಲು ನಾವು ಆ ಕೆಲಸವನ್ನು ಮಾಡಿರಬೇಕು. ಮಗುವಿಗೆ ಬೇಗ ಏಳು ಎಂದು ಗದರಿಸುವ ಮುನ್ನ ನಾವು ಮೊದಲು ಏಳುವವರಾಗಿರಬೇಕು. ವಸ್ತುಗಳನ್ನು ಚೆಲ್ಲಾಪಿಲ್ಲಿಯಾಗಿ ಹರಡಬೇಡ ಎಂದು ಹೇಳುವುದಕ್ಕೆ ಮೊದಲೇ ನಾವು ಮನೆಯನ್ನು ಒಪ್ಪ–ಓರಣವಾಗಿ ಇಟ್ಟುಕೊಳ್ಳುವ ಅಭ್ಯಾಸ ಹೊಂದಿರಬೇಕು. ಆಗ ಮಕ್ಕಳು ನಮ್ಮನ್ನು ಅನುಸರಿಸುತ್ತಾರೆ ಇಲ್ಲವೇ ನಾವು ಹೇಳಿದಂತೆಯಾದರೂ ಕೇಳುತ್ತಾರೆ.



"ತಾಯಿಯಂತೆ ಮಕ್ಕಳು; ನೂಲಿನಂತೆ ಸೀರೆ" ಎಂಬ ಮಾತಿನಂತೆ ತಾಯಿಯಾದವಳಿಗೆ ಹೆಚ್ಚಿನ ಜವಾಬ್ದಾರಿಯಿದ್ದು, ಅವಳು ಮಕ್ಕಳ ಬಗೆಗೆ ಹೆಚ್ಚಿನ ಕಾಳಜಿಯನ್ನು ವಹಿಸಬೇಕು. ಮಕ್ಕಳಿಗೆ ಏನಾದರೂ ಹೇಳುವ ಮೊದಲು ತನಗೆ ಅದು ಇಷ್ಟ ಇಲ್ಲ, ಇದು ಇಷ್ಟ ಇಲ್ಲ, ನನಗೆ ಅದು ಸೇರಲ್ಲ ಇದು ಸೇರಲ್ಲ ಎಂದು ಹೇಳುತ್ತಾ ಹೋದರೆ ಮಕ್ಕಳು ಅದನ್ನೇ ಕಲಿಯುತ್ತಾರೆ. ಕಲಿಯುವ ವಿಷಯಗಳ ಕುರಿತಾಗಿ ನನಗೆ ಕನ್ನಡ ಕಷ್ಟ, ಇಂಗ್ಲೀಷ್ ಸುಲಭ, ಸಮಾಜ ವಿಜ್ಞಾನ ಬೋರಿಂಗ್, ಗಣಿತ ಕಷ್ಟದ ವಿಷಯ ಎಂಬೆಲ್ಲಾ ಪರಿಕಲ್ಪನೆಗಳನ್ನು ಅವರ ಮುಂದೆ ಹೇಳಿದರೆ ಮಕ್ಕಳ ಮನಸ್ಸಿನಲ್ಲಿ ಅದೇ ಕೂತು, ಅವರು ಹಾಗೆಯೇ ವರ್ತಿಸಲು ಪ್ರಾರಂಭಿಸುತ್ತಾರೆ. ಊಟಕ್ಕೆ ಕೂತಾಗ ಊಟ ಮಾಡುವ ರೀತಿ–ನೀತಿಗಳನ್ನು ಹೇಳಿಕೊಡುವುದರಿಂದ ಹಿಡಿದು, ನೀರು ಕುಡಿಯುವ ರೀತಿ, ವಿಶೇಷವಾಗಿ ಹೆಣ್ಣು ಮಕ್ಕಳಿಗೆ ಕೂರುವ–ನಿಲ್ಲುವ ರೀತಿ, ಮಾತನಾಡುವ ರೀತಿ ಎಲ್ಲವನ್ನೂ ಪ್ರತಿ ಹೆಜ್ಜೆಯಲ್ಲಿಯೂ ನಾವು ತಿದ್ದಬೇಕಾಗುತ್ತದೆ. ಬೇರೆಯವರ ಬಗ್ಗೆ ನಾವು ಕೆಟ್ಟದಾಗಿ ಮಾತನಾಡುವುದು, ಏಕವಚನದಲ್ಲಿ ಸಂಬೋಧಿಸುವುದು ಇವುಗಳನ್ನೆಲ್ಲಾ ಮಾಡಿದಾಗ ಮಕ್ಕಳು ಅದನ್ನೇ ಕಲಿಯುತ್ತಾರೆ. ಹಾಗಾಗಿ ಮೊದಲು ನಾವು ಅವುಗಳನ್ನೆಲ್ಲ ಬಿಡಬೇಕು. ಅತೀ ಚಿಕ್ಕ ವಯಸ್ಸಿಗೆ ಮಕ್ಕಳಿಗೆ ಯಜಮಾನಿಕೆಯ ಮಾತುಗಳನ್ನು ಆಡಲು ಬಿಡಬಾರದು. ಪ್ರತಿಯೊಂದನ್ನೂ ತಿದ್ದಿ ಬುದ್ಧಿ ಹೇಳಿದಾಗ ಮಕ್ಕಳು ಸರಿದಾರಿಯಲ್ಲಿ ನಡೆಯುತ್ತಾರೆ. ಸಂಸ್ಕಾರವನ್ನು ಪಡೆಯುತ್ತಾರೆ. ಈ ನಿಟ್ಟಿನಲ್ಲಿ ನಮ್ಮ–ನಿಮ್ಮ ಜವಾಬ್ದಾರಿ ಬಹಳ ಇರುತ್ತದೆ. ಇದರ ಕುರಿತಾಗಿ ನೀವೇನಂತೀರಿ ?

ರಮಾಮಣಿ ಎಸ್
ಕನ್ನಡ ಶಿಕ್ಷಕಿ

ವಿವಿಧತೆಯಲ್ಲಿ ಏಕತೆ

"ಎಲೆಗಳು ನೂರಾರು, ಭಾವದ ಎಲೆಗಳು ನೂರಾರು, ಆದರೆ ಎಲೆಗಳ ಬಣ್ಣ ಒಂದೇ – ಹಸಿರು" ಎಂಬ ಕವಿ ವಾಣಿ ಸಾವಿರಾರು ವಿಧದ ಎಲೆಗಳು ಹೇಗೆ ಒಂದೇ ಹಸಿರು ಬಣ್ಣದಲ್ಲಿ ಕಂಗೊಳಿಸುತ್ತವೋ ಹಾಗೆಯೇ ಭಾರತ ಹಲವು ಭಾಷೆ, ಹಲವು ಸಂಸ್ಕೃತಿ, ಆಚಾರ–ವಿಚಾರ, ಜೀವನ ಪದ್ಧತಿ, ಧಾರ್ಮಿಕ ನಂಬಿಕೆಗಳನ್ನು ಒಳಗೊಂಡಂತಹ ವೈವಿಧ್ಯಮಯ ದೇಶ. ಭಾರತದಷ್ಟು ಸಾಂಸ್ಕೃತಿಕ ವೈವಿಧ್ಯತೆಯನ್ನು ಹೊಂದಿದ ದೇಶ ಬಹುಶಃ ಪ್ರಪಂಚದಲ್ಲಿ ಎಲ್ಲೂ ಇರಲಾರದು. ಆದರೂ ಇಂತಹ ಹಲವು ಭಿನ್ನತೆಗಳ ನಡುವೆ ನಾವೆಲ್ಲರೂ ಭಾರತೀಯರು ಎಂಬ ಏಕ ಸೂತ್ರದ ಭಾವಬಂಧ ನಮ್ಮೆಲ್ಲರನ್ನು ಒಂದುಗೂಡಿಸಿದೆ. ಇದುವೇ ಭಾವೈಕ್ಯತೆ, ಇದುವೇ ವಿವಿಧತೆಯಲ್ಲಿ ಏಕತೆ. "ನಡೆವುದೊಂದೇ ಭೂಮಿ, ಕುಡಿವುದೊಂದೇ ನೀರು, ಸುಡುವಗ್ನಿಯೊಂದೆ ಇರುತಿರಲು ಕುಲಗೋತ್ರ ನಡುವೆ ಎತ್ತಣದು? ಸರ್ವಜ್ಞ" ಎಂಬ ಸರ್ವಜ್ಞನ ವಚನದಂತೆ ನಾವು ಮಾನವರು, ಹತ್ತು ಹಲವು ಮತಗಳು, ನೂರಾರು ಭಾಷೆಗಳು, ಸಾವಿರಾರು ಜಾತಿಗಳು, ವಿಭಿನ್ನ ಶೈಲಿಯ ಜೀವನ ನಮ್ಮದಾಗಿರಬಹುದು. ನಮ್ಮ ಆಸಕ್ತಿಗಳು ಬೇರೆಯಾಗಿರಬಹುದು, ಆದರೆ ನಾವೆಲ್ಲರೂ ಮಾನವರು ಎಂಬ ಮಾನವೀಯ ಮೌಲ್ಯಗಳ ಚಿಂತನೆ ಸದಾ ನಮ್ಮಲ್ಲಿ ಜಾಗೃತವಾಗಿರಬೇಕು. ನಮ್ಮೆಲ್ಲರನ್ನು ಪೊರೆಯುವ ಭೂಮಿ, ನೀರು, ಗಾಳಿ ಎಲ್ಲವೂ ಸಮಾನ ಅವಕಾಶಗಳನ್ನು ನೀಡುವಾಗ ನಾವೆಲ್ಲರೂ ಒಂದೇ ಎಂಬ ಹಾಗೂ ಎಲ್ಲ ಭೇದಗಳನ್ನು ಮೀರಿದ ಭಾವನೆ ನಮ್ಮೆಲ್ಲರಲ್ಲೂ ಸ್ಫುರಿಸುತ್ತಿರಬೇಕು. ಇದನ್ನೇ ಭಾವೈಕ್ಯತೆ ಎನ್ನುತ್ತಾರೆ. ಮಾನವ ಸಂಘ ಜೀವಿ, "ನೀನು ಬದುಕು – ಇತರರನ್ನೂ ಬದುಕಲು ಬಿಡು" ಎಂಬ ಸರ್ವೋದಯ ತತ್ವದಲ್ಲಿ ಮುನ್ನಡೆಯಬೇಕು. ಶಾಂತಿ, ಸಹಬಾಳ್ವೆ ಮನುಷ್ಯನ ಜೀವನದ ಮೂಲ ತತ್ವಗಳು ಬದುಕು ಇತರರೊಂದಿಗೆ ಸೌಹಾರ್ದಯುತವಾಗಿದ್ದಾಗ ಮಾತ್ರ ಅದರಿಂದ ವ್ಯಕ್ತಿಯ ಸಮುಚ್ಚಯ, ದೇಶದ ಏಳಿಗೆ ಸಾಧ್ಯ. ಹಾಗಾಗಿ "ಮನುಜ ಕುಲಂ ತಾನೊಂದೆ ವಲಂ" ಎಂಬ ಪಂಪನ ವಾಕ್ಯ ಮಾರ್ಗದರ್ಶಿಯಾಗಿರಲಿ. ದೇಶದ ಪ್ರಗತಿ ಮತ್ತು ಐಕ್ಯತೆ ನಮ್ಮೆಲ್ಲರ ಆದ್ಯತೆ ಆಗಿರಲಿ.

ಅನುಷ್ಕ ವಿ ಕೆ
8ನೇ ತರಗತಿ, 'ಬಿ' ವಿಭಾಗ

ನನ್ನ ಶಾಲೆ

ಪೂರ್ಣ ಪ್ರಜ್ಞ ಶಾಲೆ ಜ್ಞಾನ ತುಂಬು ನನ್ನಲ್ಲಿ
ಜೀವನ ಪೂರ್ತಿ ಇರುವೆ ನಿನ್ನ ಋಣದಲ್ಲಿ
ಬದುಕನ್ನು ಕಟ್ಟುವೆನು ನಿನ್ನ ಹೆಸರಲ್ಲಿ
ದೇವರಂತೆ ಪೂಜಿಸುವೆ ನನ್ನ ಮನದಲ್ಲಿ



ಲೋಚನ ಕೃಷ್ಣೆ ವಿ ಆರ್
7ನೇ ತರಗತಿ, 'ಎ' ವಿಭಾಗ

ಕವಿತೆಗಳು

ಕೃಷ್ಣಾ

ಗೋವು ಕಾದವನೂ ನೀನೇ,
ಕೊಳಲನ್ನು ನುಡಿಸಿ ಗೋವುಗಳನ್ನು ಆಕರ್ಷಿಸಿದವನೂ ನೀನೇ.
ಮಹಾಭಾರತದಲ್ಲಿ ಬಂದವನೂ ನೀನೇ,
ಮಹಾಭಾರತದಲ್ಲಿ ದ್ರೌಪದಿಯನ್ನು ರಕ್ಷಿಸಿದವನೂ ನೀನೇ.
ಭಗವದ್ಗೀತೆಯಲ್ಲಿ ಧರ್ಮವನ್ನು ಸಾರಿದವನೂ ನೀನೇ.
ಎಲ್ಲರ ಮನಸನ್ನು ಕದಿಯುವವನೂ ನೀನೇ.
ಕೃಷ್ಣಾ..... ರಕ್ಷಿಸು ತಂದೆ.

ಆಸೆ

ಗುಬ್ಬಚ್ಚಿಗೆ ಗೂಡೆ ಅರಮನೆ,
ಆದರೆ ಮನುಷ್ಯನಿಗೆ ಅರಮನೆಯೂ ಗೂಡು,
ಗುಬ್ಬಚ್ಚಿಗೆ ಆಸೆ ಇಲ್ಲಾ,
ಮನುಷ್ಯನಿಗೆ ಆಸೆಯ ಮಿತಿ ಇಲ್ಲಾ.

ಜೀವನ

ಜೀವನವಿರುವುದೆ ನಾಲ್ಕು ದಿನ,
ಅದರಲ್ಲೂ ಕಿತ್ತಾಟ, ಹೊಡೆದಾಟ.
ಇರುವ ನಾಲ್ಕು ದಿನವನ್ನು,
ಅಮೃತ ಸಿಕ್ಕಷ್ಟೇ ಖುಷಿಯಿಂದ ಬದುಕೋಣ.

ಪುನೀತ್ ಗೌಡ ವೈ
8ನೇ ತರಗತಿ, 'ಸಿ' ವಿಭಾಗ

ಶಿಕ್ಷಣದ ಪರಿವರ್ತನೆ

ಶಿಕ್ಷಣ ಒಬ್ಬ ಮಾನವನ ಒಂದು ಬಹು ಮುಖ್ಯ ಅಂಗ ಹಾಗೂ ಅದರ ಪರಿಣಾಮ ಮನುಷ್ಯನ ಇಡೀ ಜೀವನವನ್ನು ನಿರ್ಧರಿಸುವ ಸಾಮರ್ಥ್ಯವನ್ನು ಹೊಂದಿರುತ್ತದೆ. ಜೀವನದಲ್ಲಿ ಶಿಕ್ಷಣ ಬಹುಮುಖ್ಯ ಎಂದು ಹೇಳಬಹುದು.

ಮನುಷ್ಯನಿಗೆ ಆದಿಕಾಲದಿಂದ (Human early age) ಶಿಕ್ಷಣವನ್ನು ತಿಳಿಯುತ್ತಾ ಬರುತ್ತಿರುವ ಸಂಸ್ಕೃತಿಯಿದೆ. ಅದನ್ನು ಕಲಿಸುವ ಶಿಕ್ಷಕರು ಬೇರೆಯಾಗಿರಬಹುದು, ಆದರೆ ದೊರೆಯುವುದು ಶಿಕ್ಷಣ ಬೇರೆ ಅಲ್ಲ. ಉದಾಹರಣೆಗೆ ಆದಿಕಾಲದಲ್ಲಿ ಅವರ ತಾಯಿಯೇ ಗುರು, ಮುಂದುವರೆದು ರಾಜರ ಕಾಲದಲ್ಲಿ ಮಹರ್ಷಿಗಳು ಹಾಗೂ ಜ್ಞಾನಿಗಳೇ ಗುರುವಾಗಿದ್ದರು. ಇಂದು ನಿಮಗೆ ತಿಳಿದಂತೆ ಶಾಲಾ ಕಾಲೇಜಿನಲ್ಲಿನ ಶಿಕ್ಷಕರು ಗುರುವಾಗಿದ್ದಾರೆ.

ಶಿಕ್ಷಣದ ರೀತಿ

ಒಬ್ಬ ತಾಯಿ ತನ್ನ ಮಗುವಿಗೆ ಹುಟ್ಟಿನಿಂದ ಹೇಳಿಕೊಡುವುದು ಒಂದು ರೀತಿಯ ಶಿಕ್ಷಣ. ಅದು ಆದಿಕಾಲದಿಂದ ಹಿಡಿದು ಇಂದಿನವರೆಗೂ ನಡೆಯುತ್ತಿದೆ. ಗುರುವಿನ ಆಶ್ರಮದಲ್ಲಿ ಶಿಕ್ಷಣವನ್ನು ಪಡೆಯುವ ರೀತಿ ಶುರುವಾಗಿದ್ದು ರಾಜರಕಾಲದಲ್ಲಿ. ಅಂದು ಬದುಕಿಗೆ ಬೇಕಾದ ಅಥವಾ ಬದುಕು ನಡೆಸಲು ಬೇಕಾದ ಶಿಕ್ಷಣವನ್ನು ಕೊಡಲಾಗುತ್ತಿತ್ತು. ಉದಾ : ಶಸ್ತ್ರಾಭ್ಯಾಸ, ಯುದ್ಧ ಮಾಡುವ ತರಬೇತಿ, ಕಾಡಿನಲ್ಲಿ ಜೀವನ ನಡೆಸುವ ತರಬೇತಿ, ಹೊಲಿಗೆ, ಸಂಗೀತ, ಮರದ ಕೆಲಸ, ಕೃಷಿಯ ಕುರಿತು ಶಿಕ್ಷಣ, ಆಹಾರದ ತಯಾರಿಕೆ ಮುಂತಾದ ವಿಷಯಗಳ ಬಗ್ಗೆ ಹೇಳಿಕೊಡಲಾಗುತ್ತಿತ್ತು. ಆದರೆ ಇಂದಿನ ಶಿಕ್ಷಣ ಅದಕ್ಕಿಂದ ತುಂಬಾ ದೂರಕ್ಕೆ ಬಂದಿದೆ. ಕರಕುಶಲ ಕೆಲಸಗಳನ್ನು ಬಿಟ್ಟು ಬರಿ ಮಾರ್ಕ್ಸ್, ರ್ಯಾಂಕ್‌ಗಳ ಮೇಲೆ ಇಡೀ ಜೀವನ ನಿಂತಿದೆ ಎಂದು ಹೇಳಿದರೆ ತಪ್ಪಾಗದು. ಎಲ್ಲಾ ಪೋಷಕರಿಗೂ ಕೂಡ ನನ್ನ ಮಗ, ಫಸ್ಟ್ ಬರಲಿ ಎಂಬ ಆಕಾಂಕ್ಷೆ ಇರುತ್ತದೆ, ಅದು ತಪ್ಪಲ್ಲ, ಈಗಿನ ಕಾಲವು ಅವರನ್ನು ಬದಲಾಯಿಸಿದೆ. ಅದಕ್ಕಾಗಿ ಶಾಲೆಗಳೂ ಕೂಡ ಶಿಕ್ಷಣವನ್ನು ವ್ಯಾಪಾರೀಕರಣಗೊಳಿಸದೇ ಒಳ್ಳೆಯ ಶಿಕ್ಷಣವನ್ನು ನೀಡಬೇಕೆಂದು ಸಮಾಜ ನಿರೀಕ್ಷಿಸುತ್ತದೆ. ಅದಕ್ಕಾಗಿ ನಾನು ನನ್ನ ಶಾಲೆಗೆ ಧನ್ಯವಾದವನ್ನು ತಿಳಿಸುತ್ತೇನೆ. ಬರೀ ಓದುವುದನ್ನು ಬಿಟ್ಟು ಮರದ ಕೆಲಸ, ಎಲೆಕ್ಟ್ರಾನಿಕ್ಸ್, ಚಿತ್ರಕಲೆ, ಹಾಡುಗಾರಿಕೆ, ಕರಾಟೆ, ಕ್ರೀಡೆ ಮುಂತಾದವುಗಳನ್ನು ನಮಗೆ ಒದಗಿಸಿ ಜೊತೆಗೆ ಒಳ್ಳೆಯ ನಡವಳಿಕೆಯನ್ನು ಕಲಿಸಿ ಅನೇಕ ಪಾಠಗಳನ್ನು ತಿಳಿಸಿಕೊಟ್ಟಿದೆ. ಮತ್ತೊಮ್ಮೆ ನನ್ನ ಶಾಲೆಗೆ ನನ್ನ ಧನ್ಯವಾದಗಳು.

ಧೃವಕುಮಾರ ಎ
10ನೇ ತರಗತಿ, 'ಸಿ' ವಿಭಾಗ

ಭಾರತ

ಪುಣ್ಯಭೂಮಿ ನನ್ನ ಮಾತೃಭೂಮಿ
ಋಷಿಮುನಿಗಳ ತಪೋಭೂಮಿ
ವೀರಪುರುಷರ ಕ್ಷಾತ್ರಭೂಮಿ
ದೇವ ಅವತರಿಸಿದ ದೈವ ಭೂಮಿ !

ಸಿಂಧೂ, ವತ್ಸಲೆ, ಭೂರಮೆ, ಭಾರತಿ
ಸೂರ್ಯ – ಚಂದ್ರರ ನಿತ್ಯಾರತಿ
ಹಚ್ಚಹಸುರಿನ ಶ್ರಾವಣಿ
ಜಗವ ಬೆಳಗಿದ ಸನಾತನಿ !

ಸುತ್ತಲಿದ್ದರೂ ತಣ್ಣನೆಯ ಕಡಲು
ಹೊತ್ತಿ ಉರಿಯುತಿದೆ ನಿನ್ನ ಒಡಲು
ಜಾತಿ ಮತಗಳ ಕಿಚ್ಚು ಸುಡಲು
ಕೆಂಡವಾಯಿತೆ ನಿನ್ನ ಮಡಿಲು !

ದಂಡು ದಾಳಿಯಾದರೂ,
ಬಂಡು ದಂಗೆಯಾದರೂ,
ಪರಕೀಯರಾಳಿದರೂ,
ಮಾಸಲಿಲ್ಲ ನಿನ್ನ ಚಾರಿತ್ರ್ಯ
ಭಾರತೀ ಇಂದಿಗೂ ಪಾವಿತ್ರ್ಯ
ವಿಶ್ವಮಾತೆಯಾಗಿ, ವಿಶ್ವಗುರುವಾಗಿ
ಭವ್ಯ ಪರಂಪರೆಯ
ಜಗಕೆ ಪರಿಚಯಿಸಿದ

ಪುಣ್ಯಭೂಮಿ ನನ್ನ ಮಾತೃಭೂಮಿ....

ಪುನೀತ್ ಎಸ್
8ನೇ ತರಗತಿ, 'ಸಿ' ವಿಭಾಗ

ಬೃಹದೇಶ್ವರ ದೇವಾಲಯ



ಕ್ರಿ.ಶ. 1010ರಲ್ಲಿ ತಮಿಳುನಾಡಿಲ್ಲಿರುವ ತಂಜಾವೂರಿನಲ್ಲಿ ರಾಜರಾಜ ಚೋಳ ನಿರ್ಮಿಸಿರುವ ಬೃಹದೇಶ್ವರ ದೇವಾಲಯವು ಅತ್ಯಂತ ಅದ್ಭುತ ಹಾಗೂ ವೈಜ್ಞಾನಿಕವಾಗಿದೆ. ಈ ದೇವಾಲಯವು ಗ್ರಾನೈಟ್ ಕಲ್ಲಿನಿಂದ ನಿರ್ಮಿಸಲ್ಪಟ್ಟಿದೆ. ಆದರೆ ತಂಜಾವೂರಿನ ಸುಮಾರು ನೂರು ಕಿ.ಮೀ.ಗಳ ದೂರದಲ್ಲೆಲ್ಲೂ ಗ್ರಾನೈಟ್ ಕಲ್ಲು ಸಿಗುವುದಿಲ್ಲ. ಆ ಕಾಲದಲ್ಲಿ ಯಾವುದೇ ವಾಹನ ಸೌಲಭ್ಯವಿಲ್ಲದಿದ್ದರೂ ದೂರದಿಂದ ಗ್ರಾನೈಟ್ ಕಲ್ಲನ್ನು ಸಾಗಿಸಿರುವುದು ಆಶ್ಚರ್ಯಕರವಾಗಿದೆ. ಗೋಪುರವು 216 ಅಡಿ ಎತ್ತರವಿದ್ದು ಅದರ ಶಿಖರದಲ್ಲಿರುವ ಏಕಶಿಲಾ ಕಂಬವು 800 ಟನ್ ಭಾರವಿದೆ. ಗೋಪುರದ ನೆರಳು ಮಧ್ಯಾಹ್ನದ ಹೊತ್ತು ಭೂಮಿಯ ಮೇಲೆ ಬೀಳುವುದಿಲ್ಲ. ಗರ್ಭಗುಡಿಯಲ್ಲಿರುವ ಶಿವಲಿಂಗವು ಸುಣ್ಣದ ಕಲ್ಲಿನಿಂದ ಕೆತ್ತಿರುವ 9 ಅಡಿ ಎತ್ತರದ ಶಿವಲಿಂಗವಾಗಿದೆ. ಭಾರತದ ಅತ್ಯಂತ ಎತ್ತರವಾದ ಶಿವಲಿಂಗಗಳಲ್ಲಿ ಒಂದಾಗಿದೆ. ಶಿವಲಿಂಗವು ಬೃಹದಾಕಾರವಾಗಿರುವುದರಿಂದ ಬೃಹದೇಶ್ವರ ಎಂದು ಕರೆಯುತ್ತಾರೆ. ದೇವರ ಮುಂದಿರುವ ನಂದಿಯ ಏಕಶಿಲಾ ವಿಗ್ರಹವು 13 ಅಡಿ ಎತ್ತರ ಹಾಗೂ 25 ಟನ್ ತೂಕವಿದೆ. ಕ್ರಿ.ಶ. 1004ರಲ್ಲಿ ಕುಂಜರಮಲ್ಲನ್ ರಾಜ ರಾಮ ಪೆರುನಾಥಚೆಮ್‌ರವರ ಮುಂದಾಳತ್ವದಲ್ಲಿ ನಿರ್ಮಿಸಲು ಪ್ರಾರಂಭವಾದ ಈ ದೇವಾಲಯವು 1010ರಲ್ಲಿ ಲೋಕಾರ್ಪಣೆಯಾಯಿತು. ಆರು ಭೂಕಂಪಗಳು ಹಾಗೂ ಸುನಾಮಿಯು ಸಂಭವಿಸಿದರೂ ಈ ದೇವಾಲಯಕ್ಕೆ ಯಾವುದೇ ಹಾನಿಯಾಗಿಲ್ಲ. ಈ ದೇವಾಲಯದಲ್ಲಿ ಸುರಂಗಗಳನ್ನು ನಿರ್ಮಿಸಿದ್ದಾರೆ. ದೇವಾಲಯದ ತುಂಬಾ ಅತ್ಯಂತ ಮನೋಹರವಾದ ಕೆತ್ತನೆಗಳನ್ನು ಕಾಣಬಹುದು.

ಪೂಜಾ ಎಸ್
10ನೇ ತರಗತಿ, 'ಬಿ' ವಿಭಾಗ

ಪ್ರಕೃತಿ ಮಾತೆ

ಪ್ರಕೃತಿ ಮಾತೆ ಭಾಗ್ಯ ವಿಧಾತೆ
ಸುಂದರ ಮೂರ್ತೆ ಪರಮ ಪುನೀತೆ

ಪಶ್ಚಿಮ ಘಟ್ಟದ ಬೆಟ್ಟದ ಸಾಲು
ಜೋಗದಿ ಧುಮುಕುವ ಬೆಳ್ಳನೆ ಹಾಲು

ಕೃಷ್ಣೆ ತುಂಗೆ ಕಾವೇರಿಯ ಹೊನಲು
ಪಡುವಣದಲಿ ಭೋರ್ಗರೆಯುವ ಕಡಲು

ನಿನ್ನಯ ಸುಂದರ ಪ್ರಕೃತಿ ಮಡಿಲು
ಅನುಭವಕಿದುವೇ ಸ್ವರ್ಗಕೂ ಮಿಗಿಲು

ಶ್ರೀ ರಶ್ಮಿ ಶಾನುಭೋಗ
7ನೇ ತರಗತಿ, 'ಬಿ' ವಿಭಾಗ

ಭಾವೈಕ್ಯತೆ

ಒಂದು ದೇಶದಲ್ಲಿ ವಾಸಿಸುವ ಎಲ್ಲಾ ಜನರು ತಾವೆಲ್ಲ ಒಂದೇ ಎಂಬ ಭಾವನೆಯಿಂದ ಒಗ್ಗಟ್ಟಿನಿಂದ ಸಹಬಾಳ್ವೆ ಮಾಡುವುದೇ ಭಾವೈಕ್ಯತೆಯಾಗಿದೆ. ವಿವಿಧತೆಯಲ್ಲಿ ಏಕತೆಯಿಂದ ಇರುವುದನ್ನು ಭಾವೈಕ್ಯತೆ ಎನ್ನುತ್ತೇವೆ. ಭಾವೈಕ್ಯತೆಗೆ ನಮ್ಮ ದೇಶ ಭಾರತ ಉತ್ತಮ ಉದಾಹರಣೆಯಾಗಿದೆ. ನಮ್ಮ ದೇಶವು ಹಲವು ಮತ ಧರ್ಮಗಳನ್ನು ಹೊಂದಿರುವ ದೇಶ. ಹಿಂದು, ಬೌದ್ಧ, ಜೈನ, ಮುಸ್ಲಿಂ, ಕ್ರೈಸ್ತ ಹೀಗೆ ಹಲವಾರು ಧರ್ಮದವರು ಸಾಕಷ್ಟು ಸಂಖ್ಯೆಯಲ್ಲಿದ್ದರೂ ಎಲ್ಲರೂ ಭಾರತೀಯರು ಎಂದು ಒಂದೇ ಭಾವನೆಯಿಂದ ಸಹಬಾಳ್ವೆ ನಡೆಸುತ್ತಿದ್ದಾರೆ. ಆದ್ದರಿಂದಲೇ ರಾಷ್ಟ್ರಕವಿ ಕುವೆಂಪುರವರು ನಮ್ಮ ದೇಶವನ್ನು "ಸರ್ವ ಜನಾಂಗದ ಶಾಂತಿಯ ತೋಟ" ಎಂದು ನಾಡಗೀತೆಯಲ್ಲಿ ಉಲ್ಲೇಖಿಸಿದ್ದಾರೆ. ಇಲ್ಲಿ ಭಾಷೆ, ಆಚಾರ, ವಿಚಾರ, ಉಡುಗೆ, ಹಬ್ಬಗಳಲ್ಲಿ ಭಿನ್ನತೆ ಇದ್ದರೂ ಎಲ್ಲರೂ ಭಾರತೀಯರು ಎಂಬ ಭಾವನೆ ಇದೆ. "ಒಂದೇ ಒಂದೇ ನಾವೆಲ್ಲರೂ ಒಂದೇ ಈ ದೇಶದೊಳೆಲ್ಲಿದ್ದರು ಭಾರತ ನಮಗೊಂದೇ", "ನಡೆ–ನುಡಿ ಭೇದಗಳೆಷ್ಟೇ ಇದ್ದರೂ ಬದುಕುವ ಜನ ಒಂದೇ" ಎಂದು ಡಾ॥ ಜಿ.ಎಸ್.ಶಿವರುದ್ರಪ್ಪನವರು ಹೇಳಿರುವುದನ್ನು ನಾವು ಇಲ್ಲಿ ಸ್ಮರಿಸಬಹುದು. ಭಾವೈಕ್ಯತೆಯು ಪರಸ್ಪರ ಸಹಕಾರ, ಸಹಾನುಭೂತಿ ಮತ್ತು ಗೌರವದ ಮೇಲೆ ಅವಲಂಬಿತವಾಗಿದೆ. ಭಾವೈಕ್ಯತೆ ಇರುವಲ್ಲಿ ಶಾಂತಿ, ಸಮೃದ್ಧಿ ಮತ್ತು ಪ್ರಗತಿ ಸಾಧ್ಯ.

ಭಾವೈಕ್ಯತೆಯ ಮಹತ್ವ ದೇಶದ ಜನತೆಯಲ್ಲಿ ಒಗ್ಗಟ್ಟು ಉಂಟುಮಾಡಲು ಭಾವೈಕ್ಯತೆ ಅಗತ್ಯವಾಗಿದೆ. ಒಗ್ಗಟ್ಟಿನಿಂದ ಕೆಲಸ ಮಾಡುವ ಜನರು ದೊಡ್ಡ ಗುರಿಗಳನ್ನು ಸಾಧಿಸಬಹುದು. ಒಗ್ಗಟ್ಟಿನಿಂದ ಸಮಸ್ಯೆಗಳನ್ನು ಚರ್ಚಿಸಿ ಪರಿಹರಿಸಬಹುದು. ಭಾವೈಕ್ಯತೆ ಸಾಮಾಜಿಕ ಅಸಮಾನತೆ, ಬಡತನ ಮತ್ತು ಅಪರಾಧವನ್ನು ಕಡಿಮೆ ಮಾಡಲು ಸಹಾಯ ಮಾಡುತ್ತದೆ. ಒಗ್ಗಟ್ಟಿನಿಂದ ದೇಶವು ಹೆಚ್ಚು ಬಲಿಷ್ಠವಾಗಿರುತ್ತದೆ.

ಭಾವೈಕ್ಯತೆಯನ್ನು ಉತ್ತೇಜಿಸುವಲ್ಲಿ ಶಿಕ್ಷಣವು ಪ್ರಮುಖ ಪಾತ್ರವಹಿಸುತ್ತದೆ. ಮಕ್ಕಳಾಗಿರುವಾಗಲೇ ನಮ್ಮ ದೇಶದ ವೈವಿಧ್ಯತೆ ಮತ್ತು ಅನನ್ಯತೆಯನ್ನು ಅರಿಯಲು ಮತ್ತು ಅಭಿವೃದ್ಧಿಗಳಲ್ಲಿ ಭಾಗವಹಿಸಲು ಸಹಾಯವಾಗುತ್ತದೆ ಈ ಉದ್ದೇಶ ಸಾಧಿಸಲು ಶಾಲಾ ಕಾಲೇಜುಗಳಲ್ಲಿ ನಡೆಸುವ ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನೆ, ರಾಷ್ಟ್ರೀಯ ಕೆಡೆಟ್ ಕಾರ್ಪ್ಸ್, ಭಾರತ್ ಸ್ಕೌಟ್ಸ್ ಮತ್ತು ಗೈಡ್ಸ್ ಮುಂತಾದ ಕಾರ್ಯಕ್ರಮಗಳು ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಅವಕಾಶಗಳನ್ನು ಒದಗಿಸುತ್ತವೆ. ಇದರಿಂದ ವಿವಿಧ ಪ್ರದೇಶಗಳು, ಭಾಷೆಗಳು ಮತ್ತು ಸಂಸ್ಕೃತಿಗಳ ಜನರೊಂದಿಗೆ ಇರುವ ಅವಕಾಶಗಳು ಸಿಗುತ್ತವೆ. ದೇಶಭಕ್ತಿ ಮತ್ತು ಸಾಮಾಜಿಕ ಜವಾಬ್ದಾರಿ ಹೆಚ್ಚಾಗುತ್ತದೆ. ಈ ವೈವಿಧ್ಯಮಯ ಏಕತೆಯಿಂದ ನಮ್ಮ ಯುವರಾಷ್ಟ್ರ ಸದೃಢತೆಯಿಂದ, ಸೌಹಾರ್ದತೆಯಿಂದ ಇನ್ನಷ್ಟು ಪ್ರಬಲವಾದ ರಾಷ್ಟ್ರವಾಗಿ ಹೊರಹೊಮ್ಮುತ್ತದೆ.

ದೇಶದ ಪ್ರತಿಯೊಬ್ಬ ಪ್ರಜೆಯು ನನ್ನ ಜನ ನನ್ನ ದೇಶ ಎಂದು ದೇಶಪ್ರೇಮವನ್ನು ಮೈಗೂಡಿಸಿಕೊಳ್ಳುವುದರ ಮೂಲಕ ಭಾವೈಕ್ಯತೆಯನ್ನು ಪ್ರಬಲವಾಗಿಸಬೇಕು.

ಹೋಲಿಕಾ ಕೆ
6ನೇ ತರಗತಿ, 'ಬಿ' ವಿಭಾಗ

ವಾಯುಗುಣ ಬದಲಾವಣೆಗೆ ಮಾನವನ ಹಸ್ತಕ್ಷೇಪ ಪ್ರಮುಖ ಕಾರಣವೇ ?

ನಾವು ಇತ್ತೀಚಿನ ದಿನಗಳಲ್ಲಿ ಭೌಗೋಳಿಕವಾಗಿ ವಾಯುಗುಣ ಹಾಗೂ ಹವಾಮಾನ ವೈಪರೀತ್ಯಗಳು ಸಂಭವಿಸುತ್ತಿರುವುದನ್ನು ಕಾಣುತ್ತಿದ್ದೇವೆ. ಪ್ರಕೃತಿಯೊಂದಿಗಿನ ಮಾನವನ ಸಂಘರ್ಷ ಹಾಗೂ ಪ್ರಾಕೃತಿಕ ಚಟುವಟಿಕೆಗಳಲ್ಲಿ ಮಾನವನ ಹಸ್ತಕ್ಷೇಪ ಒಂದು ಪ್ರಮುಖ ಕಾರಣವಾಗಿದೆ. ಪ್ರಕೃತಿಯೊಂದಿಗೆ ಮಾನವನ ಸಂಘರ್ಷ ಹೊಸತೇನಲ್ಲ. ಸಾವಿರಾರು ವರುಷಗಳಿಂದ ಸಕಲ ಜೀವರಾಶಿಗಳಂತೆ ಮಾನವನೂ ಕೂಡ ಪ್ರಾಕೃತಿಕ ಚಟುವಟಿಕೆಗಳೊಂದಿಗೆ ಸಂಘರ್ಷ ನಡೆಸುತ್ತಲೇ ಜೀವಿಸಿದ್ದಾನೆ. ಆದರೆ ಇತ್ತೀಚಿನ ಶತಮಾನಗಳಲ್ಲಿ ಉಂಟಾದ ವೈಜ್ಞಾನಿಕ ಆವಿಷ್ಕಾರಗಳು ಹಾಗೂ ಕೈಗಾರಿಕಾ ಕ್ರಾಂತಿಯಿಂದಾಗಿ ಪ್ರಕೃತಿಯಲ್ಲಿ ಮಾನವನ ಹಸ್ತಕ್ಷೇಪ ಹೆಚ್ಚಾಗಿದೆ. ಮಿತಿಮೀರಿದ ಗಣಿಗಾರಿಕೆಯಿಂದ ಪ್ರಕೃತಿಯ ಒಡಲು ಬರಿದಾಗುತ್ತಿದೆ, ಭೂ ನಕ್ಷೆಯೇ ಬದಲಾಗುವ ಮಟ್ಟಿಗೆ ಎಗ್ಗಿಲ್ಲದೆ ಸಾಗುತ್ತಿದೆ. ಬೆಳವಣಿಗೆಯ ಹೆಸರಿನಲ್ಲಿ ಯಥೇಚ್ಛವಾಗಿ ಅರಣ್ಯ ನಾಶವಾಗುತ್ತಿದೆ. ಅನೇಕ ಸಸ್ಯ ಪ್ರಭೇದಗಳು, ಪ್ರಾಣಿ ಸಂಕುಲಗಳು ನಶಿಸಿ ಹೋಗುತ್ತಿವೆ. ಅನಿಯಂತ್ರಿತ ಅಣೆಕಟ್ಟುಗಳ ನಿರ್ಮಾಣ ಜಲಚರಗಳ ಮೇಲೆ ವ್ಯತಿರಿಕ್ತ ಪರಿಣಾಮ ಬೀರುತ್ತಿವೆ. ಸಮುದ್ರದಾಳದ ತೈಲ–ನಿಕ್ಷೇಪ ಗಣಿಗಾರಿಕೆ ಕಡಲಿಗೆ ವಿಷವನ್ನು ಸೇರಿಸಿ ಚಲಚರಗಳ ನಾಶಕ್ಕೆ ಕಾರಣವಾಗುತ್ತಿದೆ. ಮಿತಿಮೀರಿದ ಉಪಗ್ರಹ ಸಂವಹನ ವಾತಾವರಣಕ್ಕೆ ಅಪಾಯಕಾರಿ ವಿ–ಕಿರಣಗಳನ್ನು ಸೇರಿಸುತ್ತಿದೆ. ಒಟ್ಟಿನಲ್ಲಿ ಮಾನವನ ಲೋಭಪೂರಿತ ಚಟುವಟಿಕೆಗಳಿಂದಾಗಿ ಸಮತೋಲನವೇ ತಪ್ಪಿಹೋಗುತ್ತಿದೆ. ಹೆಚ್ಚುತ್ತಿರುವ ಭೌಗೋಳಿಕ ತಾಪಮಾನದಿಂದಾಗಿ ಹೆಚ್ಚೆಚ್ಚು ಹವಾಮಾನ ವೈಪರೀತ್ಯಗಳು, ಪ್ರಾಕೃತಿಕ ವಿಕೋಪಗಳು ಸಂಭವಿಸುತ್ತಿವೆ. ಇನ್ನಾದರೂ ಮಾನವನು ತನ್ನ ಹಸ್ತಕ್ಷೇಪಕ್ಕೆ ಕಡಿವಾಣ ಹಾಕಿ ಪ್ರಕೃತಿಯೊಂದಿಗೆ ಸಹಬಾಳ್ವೆ ರೂಢಿಸಿಕೊಳ್ಳಬೇಕಿದೆ. ಇಲ್ಲವಾದಲ್ಲಿ ಇಡೀ ಭೂಮಂಡಲದಲ್ಲಿನ ಜೀವರಾಶಿಯೇ ನಶಿಸಿ ಹೋಗುವ ಕಾಲ ದೂರವೇನಿಲ್ಲ.

ತೀಕ್ಷ್ಣಲಹರಿ ಬಿ
5ನೇ ತರಗತಿ, 'ಸಿ' ವಿಭಾಗ

ಕನ್ನಡ ಭಾಷೆ



ಕನ್ನಡ ಭಾಷೆ ಬಲು ಚಂದ
ಕನ್ನಡ ನುಡಿಯು ಬಲು ಅಂದ

ದೇಶ ಯಾವುದಾದರೇನು ಭಾಷೆ ಬೆಳೆಸಲು
ಘೋಷ ಯಾವುದಾದರೇನು ಕನ್ನಡ ವಾಕ್ಯ ರಚಿಸಲು
ಗಡಿಯಾಚೆಗೂ ಪಸರಿಸಿಹುದು ಕನ್ನಡದ ಕಂಪು
ಗುಡಿ ಗೋಪುರದಲಿಹುದು ಕನ್ನಡದ ತಂಪು

ತನು ಮನವೆಲ್ಲವೂ ಕನ್ನಡವಾಗಿರಲಿ
ನುಡಿ ನಡೆಗಳೆಲ್ಲವೂ ಕನ್ನಡ ಎನ್ನುತಲಿರಲಿ
ಬೀಸುವ ಗಾಳಿಯು ಕನ್ನಡದ ಕಂಪನು ತರಲಿ
ಆಡುವ ಭಾಷೆಯು ಕನ್ನಡದ ಜಯ ಘೋಷವಾಗಲಿ

ಜನರಿಗುಂಟು ಭಾಷೆಯ ಮೇಲೆ ಅಭಿಮಾನ
ಭಾಷೆ ಬೆಳೆಸಲು ಪಡೆಯುವರು ಹಲವು ಅನುದಾನ
ಎಲ್ಲಿದ್ದರೂ ಹೇಗಿದ್ದರೂ ಮಾಡುವರು ಭಾಷೆಯ ಗುಣಗಾನ
ಬೆಳಗಲಿ ಮನೆ ಮನೆಯಲ್ಲಿ ಕನ್ನಡ ಭಾಷೆಯ ಹೊಂಗಿರಣ.

ಪುನೀತ್ ಜೆ
7ನೇ ತರಗತಿ, 'ಬಿ' ವಿಭಾಗ

ಸುಂದರ ಕರುನಾಡು

ಕರಿ ಮೃತ್ತಿಕೆಯ ನಾಡು
ಶ್ರೀಗಂಧದ ಬೀಡು
ಖಗಮೃಗಗಳ ಕಾಡು
ಹೊನ್ನಿನ ಗಣಿಗಳ ಸಿರಿನಾಡು
ಸುಂದರ ಕರಾವಳಿಯ ಚಿನ್ನಾಡು
ಪಶ್ಚಿಮ ಘಟ್ಟಗಳ ಮಲೆನಾಡು
ಇದುವೇ ನಮ್ಮಯ ಕರುನಾಡು

ಭುವನೇಶ್ವರಿಯು ನೆಲೆಸಿಹ ಸ್ಥಳವಿದು
ಕಾವೇರಿಯು ಹರಿಯುವ ನೆಲವಿದು

ಸಾಹಿತ್ಯದ ಹೊನಲಿನ ತಾಣವಿದು
ಸ್ವರಗಳ ಇಂಪು ಕೇಳಿಹುದು
ಶಿಲೆಯಲಿ ಕಲೆಯು ಅರಳಿಹುದು
ವಿಶ್ವಲಿಪಿಗಳ ರಾಣಿಯ ಸೊಬಗಿದು
ಇದುವೇ ನಮ್ಮಯ ಕರುನಾಡು

ಪ್ರೀತಂ ಗೌಡ ಎಸ್
7ನೇ ತರಗತಿ, 'ಬಿ' ವಿಭಾಗ

ಚೈತ್ರದ ಚಿತ್ತಾರ

ವಸಂತದ ಚಿಗುರೊಡೆಯಲು ನೀನೆಷ್ಟು ಚಂದ
ಕೆಂಪು, ನೀಲಿ, ಬಿಳಿ ಹೂಗಳೆಷ್ಟು ಅಂದ
ನಿನ್ನ ಸುಮಗಳೆಷ್ಟು ಸುಗಂಧ
ಸವಿಯಲು ನಮ್ಮ ಮನಸ್ಸಿಗೆ ಆನಂದ

ಊರಿಗೆಲ್ಲ ಕಟ್ಟುವೆ ಹಸಿರು ತೋರಣ
ನಲ್ಮೆಯ ಹೊಂಬಿಸಿಲ ಸಿಂಚನ
ಹೊತ್ತು ತರುವೆ ನಾಲಿಗೆಗೆ ಯುಗಾದಿಯ ರಸದೌತಣ
ನಿನ್ನೊಲುಮೆಯೇ ಬದುಕಿಗೆ ಪ್ರೇರಣ.

ಇಂಚರ ಆರ್
5ನೇ ತರಗತಿ, 'ಸಿ' ವಿಭಾಗ

ಲೋಕವನ್ನಲ್ಲ, ನೋಟವನ್ನು ಬದಲಿಸಬೇಕು

ಮಹತ್ವಾಕಾಂಕ್ಷಿ ಮಾನವನ ಬಯಕೆಗೆ ಇತಿಮಿತಿಯೇ ಇಲ್ಲ. ಎಲ್ಲವೂ ಸ್ವಾರ್ಥಕ್ಕಾಗಿಯೇ, ಸ್ವಕೇಂದ್ರಿತ ಚಿಂತನೆ–ಸಾಧನೆ. ಯಾರಲ್ಲೂ ನಂಬಿಕೆಯೇ ಇಲ್ಲ. ಪ್ರತಿಯೊಬ್ಬ ವ್ಯಕ್ತಿಯ ಅನಿಸಿಕೆ ಏನೆಂದರೆ ನನ್ನ ಕೈಯಲ್ಲಿ ಬದಲಾವಣೆ ಸಾಧ್ಯವಿದೆ. ಇಡೀ ಜಗತ್ತಿನ ರೀತಿ–ನೀತಿ, ಕೆಡುಕು–ಒಳಿತು, ಹಳೆಯ ಕಂದಾಚಾರ ಪ್ರತೀತಿ ಇವೆಲ್ಲಾ ಬದಲಾಗಬೇಕು. ಆಗ ಎಲ್ಲವೂ ಸರಿಯಾಗುತ್ತದೆ. ನನಗೆ ಅವಕಾಶ–ಅಧಿಕಾರ ಸಿಕ್ಕರೆ ಈ ಕೆಟ್ಟ ಜಗತ್ತನ್ನು ಸರಿಪಡಿಸುವೆ. ಹೀಗೆ ತನ್ನ ಬಗ್ಗೆಯೇ ಅಭಿಮಾನ. ಬೇರೆಯವರ ಕೆಲಸ, ಸಾಧನೆಗೆ ಬೆಲೆಯೇ ಇಲ್ಲ. ಏನೋ ಅಪೂರ್ಣಭಾವ, ಎಲ್ಲದರಲ್ಲೂ ತಪ್ಪು ಹುಡುಕುವ ಚಟ. ಇಲ್ಲೊಂದು ಕಥೆ–ಒಬ್ಬ ರಾಜನಿದ್ದ ಬಹಳ ನಿಷ್ಠಾವಂತ. ಜನರ ತಪ್ಪುಗಳನ್ನು ಕಂಡು ಹಿಡಿದು ಅವುಗಳನ್ನು ಸರಿಪಡಿಸುವವರೆಗೆ ಅವನಿಗೆ ನೆಮ್ಮದಿ ಇರುತ್ತಿರಲಿಲ್ಲ. ತನ್ನ ರಾಜ್ಯದ ಯಾವ ಮೂಲೆಯಲ್ಲೂ ಕೊರತೆಯಿರಬಾರದು, ತಪ್ಪಿತಸ್ಥರು ಇರಬಾರದು ಎಂಬುದು ಅವನ ಆಶಯ. ಹೀಗೆ ಹಗಲಿರುಳು ಕೆಲಸ ಮಾಡುತ್ತಾ ಅವನ ಆರೋಗ್ಯ ತಪ್ಪಿತು ಕಣ್ಣುಗಳು ಮಬ್ಬಾದವು. ನೋಟವೆಲ್ಲಾ ಮಸುಕು, ಮಸುಕು. ಒಮ್ಮೆ ಸಾಧುವೊಬ್ಬರು ರಾಜನ ಆಸ್ಥಾನಕ್ಕೆ ಭೇಟಿ ನೀಡಿದರು. ಹೀಗೆ ಮಾತನಾಡುವಾಗ ರಾಜನ ದೃಷ್ಟಿದೋಷವು ಮುನಿಗಳ ಗಮನಕ್ಕೆ ಬಂತು. ತೊಂದರೆಯ

ಬಗ್ಗೆ ತಿಳಿದು ಬಂತು. ಋಷಿಗಳು ರಾಜನಿಗೆ ಅವನು ನೋಡುವ ದೃಶ್ಯಗಳೆಲ್ಲಾ ಹಸಿರಾಗಿದ್ದರೆ ಈ ದೃಷ್ಟಿ ದೋಷವು ಸರಿಯಾಗುವುದಾಗಿ ಹೇಳಿ ಆಶೀರ್ವದಿಸಿ ತೀರ್ಥಕ್ಷೇತ್ರಕ್ಕೆ ಹೊರಟು ಹೋದರು. ಕೆಲವು ದಿನಗಳ ಬಳಿಕ ಮಹರ್ಷಿಗಳು ಹಿಂದಿರುಗಿ ಬರುವಾಗ ಹಾಗೆ ರಾಜನನ್ನು ನೋಡಿ ಹೋಗೋಣವೆಂದು ಅರಮನೆಯ ಒಳಗೆ ಕಾಲಿಡುತ್ತಿದ್ದಂತೆ ಕಾವಲುಗಾರರು ಮುನಿಯ ಮೇಲೆ ಹಸಿರು ಬಣ್ಣವನ್ನು ಸುರಿದರು. ದಿಗ್ಭ್ರಮೆಯಿಂದ ಮಹರ್ಷಿ ಸುತ್ತಲೂ ನೋಡುತ್ತಾರೆ. ಎಲ್ಲರೂ, ಎಲ್ಲವೂ ಹಸಿರುಮಯವಾಗಿದೆ. ವಿಚಾರಿಸಿದಾಗ ತಮ್ಮ ರಾಜನ ದೃಷ್ಟಿದೋಷದ ಪರಿಹಾರಕ್ಕಾಗಿ ಅವನು ನೋಡುವ ಎಲ್ಲವೂ–ಎಲ್ಲರೂ ಹಸಿರು ಬಣ್ಣದಲ್ಲಿರಬೇಕೆಂಬುದು ರಾಜಾಜ್ಞೆ ಎಂಬುದು ತಿಳಿದು ಬಂತು. ಸಾಧುವಿಗೆ ತಾವು ಕೊಟ್ಟ ಸಲಹೆ ನೆನಪಾಯಿತು. ಹಸಿರು ಬಣ್ಣ ಮೆತ್ತಿಸಿಕೊಂಡು ಹಾಗೆ ರಾಜನ ಬಳಿಗೆ ಬಂದರು. ರಾಜನಿಗೆ ಅವರನ್ನು ಕಂಡು ಬಹಳ ಸಂತಸವಾಯಿತು. ಸಾಷ್ಟಾಂಗ ನಮಸ್ಕಾರ ಮಾಡಿ ತನ್ನ ದೃಷ್ಟಿ ದೋಷವು ತಾವು ಹೇಳಿದಂತೆ ಹಸಿರನ್ನೇ ನೋಡುತ್ತಿರುವುದರಿಂದ ಸರಿಹೋಗುತ್ತಿರುವುದಾಗಿ ಹೇಳಿದನು. ಮಹರ್ಷಿಗಳು ನಿಟ್ಟುಸಿರು ಬಿಡುತ್ತಾ ರಾಜನಿಗೆ ಹೀಗೆಂದರು "ರಾಜ, ನಿನಗೆ ನಾನು ಹಸಿರನ್ನು ನೋಡಲು ಹೇಳಿದ್ದೆ ನಿಜ, ಆದರೆ ಅದಕ್ಕಾಗಿ ಇಷ್ಟೆಲ್ಲಾ ಮಾರ್ಪಾಟು ಬೇಕಿತ್ತೇ? ಎಲ್ಲ ಪ್ರಾಣಿ–ಪಕ್ಷಿ ಹಾಗೂ ಮನುಷ್ಯರಿಗೆ ತೊಂದರೆ ಕೊಡುವ ಅಗತ್ಯವೇನಿತ್ತು? ನಿನ್ನ ಸ್ವಾರ್ಥಕ್ಕಾಗಿ ಇಷ್ಟು ಬದಲಾವಣೆಯ ಅವಶ್ಯಕತೆ ಇರಲಿಲ್ಲ. ನಿನ್ನ ದೃಷ್ಟಿದೋಷದ ಪರಿಹಾರಕ್ಕಾಗಿ, ನಿನ್ನೊಬ್ಬನ ವೈಯಕ್ತಿಕ ತೊಂದರೆಯ ನಿವಾರಣೆಗಾಗಿ ನಿನ್ನಲ್ಲಿ ಬದಲಾವಣೆಯಾಗಬೇಕೇ ವಿನಃ ಲೋಕದಲ್ಲಲ್ಲ. ಎಲ್ಲರಲ್ಲಿ ತಪ್ಪು ಹುಡುಕುವ ಹಠ ಬಿಡಬೇಕಿತ್ತು. ಹಸಿರು ಗಾಜಿನ ಕನ್ನಡಕ ಧರಿಸಿದ್ದರೆ ಎಲ್ಲವೂ ಹಸಿರಾಗಿಯೇ ಕಾಣಿಸುತ್ತಿತ್ತು, ಒಬ್ಬರ ಹಿತಕ್ಕಾಗಿ ದೇಶವಾಸಿಗಳಿಗೆ ಸಂಕಷ್ಟ ತರುವುದು ಎಷ್ಟು ಸರಿ?" ರಾಜನ ಮೌನ ಅವನ ತಪ್ಪಿನ ಅರಿವಿಗೆ ಸಾಕ್ಷಿಯಾಗಿತ್ತು.

ಬದಲಾವಣೆಯ ಹೆಸರಿನಲ್ಲಿ ತಮ್ಮ ಅನುಕೂಲವನ್ನೇ ಬಯಸುವ ಸ್ವಾರ್ಥಿ ಮನುಷ್ಯರು ಮೊದಲು ಬದಲಾಗಬೇಕು. ಲೋಕವನ್ನು, ಪ್ರಕೃತಿಯನ್ನು ಬದಲು ಮಾಡುವ, ತಮ್ಮ ಹಸ್ತಕ್ಷೇಪವನ್ನು ಎಲ್ಲ ಕ್ಷೇತ್ರಗಳಲ್ಲೂ ಬಯಸುವ ದುರಾಸೆಯ ಜನರ ದೃಷ್ಟಿ ಬದಲಾಗಬೇಕು, ನೋಟ ಬದಲಾಗಬೇಕು. ಲೋಕವಲ್ಲ!

ಉಮಾದೇವಿ ಬಿ
ಕನ್ನಡ ಶಿಕ್ಷಕಿ

ನನ್ನ ಪ್ರೀತಿಯ ಸುಧಾ ಅಜ್ಜಿ



ಸುಧಾ ಅಜ್ಜಿ ಎಂದರೆ ನನಗೆ ಅಚ್ಚು ಮೆಚ್ಚು
ಅವರ ಪುಸ್ತಕಗಳನ್ನು ಓದುವೆನು ನಾನು ಹೆಚ್ಚೆಚ್ಚು
ಸುಧಾ ಅಜ್ಜಿಯ ಜೀವನ ನನಗೆ ಸ್ಫೂರ್ತಿ
ಅವರ ಕಥೆಗಳನ್ನು ಓದುವೆನು ನಾನು ದಿನಪೂರ್ತಿ

ಸುಧಾ ಅಜ್ಜಿಗೆ ದೊರೆತಿದೆ ಪದ್ಮಶ್ರೀ

ಇವರು ಕರ್ನಾಟಕದ ಸಿರಿ

ಸುಧಾ ಅಜ್ಜಿ ಬರುವರು ಬೆಂಗಳೂರು ಸಾಹಿತ್ಯ ಉತ್ಸವಕ್ಕೆ
ನಾನು ತಪ್ಪದೆ ಹೋಗುವೆನು ಅವರನ್ನು ಭೇಟಿಯಾಗುವುದಕ್ಕೆ

ದಿಯಾ ಸಿ
2ನೇ ತರಗತಿ, 'ಎ' ವಿಭಾಗ

ಮಳೆ

ಕಾರ್ಮೋಡ ಕರಗಿ,

ಮಳೆಯನು ಸುರಿಸಿದೆ,

ಮಳೆಯು ಇಳೆಗಿಳಿದು,

ನೆಲವನು ತಣಿಸಿದೆ.

ಗಾಳಿಯನು ತಂಪಾಗಿಸಿ,

ಹಿತ ಅನುಭವ ನೀಡಿದೆ.

ಕಾಮನ ಬಿಲ್ಲು ಮೂಡಿ,

ಮನವನೆಲ್ಲಾ ರಂಗಾಗಿಸಿದೆ.



ಪಾವನಿ ಆರ್ ಟಿ
7ನೇ ತರಗತಿ, 'ಸಿ' ವಿಭಾಗ

ಪ್ರಜಾಪ್ರಭುತ್ವದಲ್ಲಿ ಮತದಾರರ ಪಾತ್ರ

ನಮ್ಮ ಭಾರತವು ಪ್ರಜಾಪ್ರಭುತ್ವ ದೇಶವಾಗಿದೆ. ಪ್ರಜೆಗಳಿಂದ, ಪ್ರಜೆಗಳಿಗಾಗಿ, ಪ್ರಜೆಗಳಿಗೋಸ್ಕರ ಇರುವ ವ್ಯವಸ್ಥೆಯೇ ಪ್ರಜಾಪ್ರಭುತ್ವ. ತಮ್ಮನ್ನು ತಾವು ಆಳ್ವಿಕೆ ಮಾಡಲು ತಮ್ಮ ಪರವಾಗಿ ಆಡಳಿತ ನಡೆಸಲು ಪ್ರತಿನಿಧಿಯನ್ನು ಚುನಾವಣೆಯ ಮೂಲಕ ತಮಗೆ ಸೂಕ್ತ ಎನ್ನುವ ವ್ಯಕ್ತಿಯನ್ನು ಪ್ರಜಾಪ್ರತಿನಿಧಿಯಾಗಿ ಆರಿಸಿ ಕಳುಹಿಸುವ ವ್ಯವಸ್ಥೆಯೇ ಮತದಾನ. ಪ್ರಜಾಪ್ರಭುತ್ವದಲ್ಲಿ ಮತದಾರರು ಬಹಳ ಮುಖ್ಯ ಪಾತ್ರವಹಿಸುತ್ತಾರೆ. ಕಾರಣ ತಮ್ಮ ಪ್ರತಿನಿಧಿಯನ್ನು ಆರಿಸಿ ಕಳುಹಿಸುವ ದೊಡ್ಡ ಜವಾಬ್ದಾರಿ ಮತದಾರರ ಮೇಲಿರುತ್ತದೆ. ಮತದಾರರು ಆರಿಸಿ ಕಳುಹಿಸುವ ವ್ಯಕ್ತಿ ದಕ್ಷ, ಪ್ರಾಮಾಣಿಕ, ನಿಷ್ಠಾವಂತನಾಗಿದ್ದರೆ ಆಡಳಿತ ವ್ಯವಸ್ಥೆ ಸೂಕ್ತವಾಗಿ ನಡೆಯುತ್ತದೆ. ಭ್ರಷ್ಟ, ಅಪ್ರಾಮಾಣಿಕ ವ್ಯಕ್ತಿಯನ್ನು ಆಯ್ಕೆ ಮಾಡಿದರೆ ಆಡಳಿತ ಯಂತ್ರ

ಕುಸಿಯುತ್ತದೆ. ಆದ್ದರಿಂದ ಮತದಾರರ ಜವಾಬ್ದಾರಿ ಬಹಳ ಮುಖ್ಯ ಪಾತ್ರ ವಹಿಸುತ್ತದೆ. ಆದರೆ ಪ್ರಸ್ತುತ ಮತದಾರರು ಆಸೆ, ಆಮಿಷಗಳಿಗೆ ಒಳಗಾಗಿ ತಮ್ಮ ಮತದಾನದ ಹಕ್ಕನ್ನು ಮಾರಿಕೊಳ್ಳುತ್ತಿದ್ದಾರೆ. ಇತ್ತೀಚಿನ ದಿನಗಳಲ್ಲಿ ಮತದಾನದ ಅಂಕಿ ಅಂಶಗಳನ್ನು ನೋಡಿದರೆ ಅರ್ಧದಷ್ಟು ಜನ ಮತದಾನ ಮಾಡಲು ರಜೆ ಘೋಷಣೆ ಮಾಡಿದರೆ ಆ ರಜೆಯನ್ನು ಪ್ರವಾಸ ತೆರಳಲು ಹಾಗೂ ಇತರ ಕೆಲಸಗಳಿಗೆ ಬಳಸುತ್ತಾರೆ. ಬಹಳಷ್ಟು ವಿದ್ಯಾವಂತ ಜನರೇ ಮತದಾನ ಮಾಡಲು ಅಸಡ್ಡೆ ತೋರುತ್ತಿದ್ದಾರೆ. ಇದು ಪ್ರಜಾಪ್ರಭುತ್ವಕ್ಕೆ ಮಾರಕ ಹಾಗೂ ಪ್ರಜಾಪ್ರಭುತ್ವದ ಕಗ್ಗೊಲೆ.

ಯಾವುದೇ ಆಸೆ ಆಮಿಷಗಳಿಗೆ ಒಳಗಾಗದೆ ಸೂಕ್ತ ವ್ಯಕ್ತಿಯನ್ನು ಆಯ್ಕೆ ಮಾಡುವುದು ಮತದಾನ ಮಾಡುವ ಪ್ರತಿಯೊಬ್ಬ ವ್ಯಕ್ತಿಯ ಜವಾಬ್ದಾರಿಯಾಗಿದೆ. ತಪ್ಪದೆ ತಮ್ಮ ಹಕ್ಕನ್ನು ಚಲಾಯಿಸುವುದು ಮತದಾರರ ಪ್ರಮುಖ ಜವಾಬ್ದಾರಿ. ಆಗ ಮಾತ್ರ ಸುಭದ್ರ, ದಕ್ಷ, ಪ್ರಾಮಾಣಿಕ ಸರ್ಕಾರ ಆಡಳಿತಕ್ಕೆ ಬರಲು ಸಾಧ್ಯ. ಆದ್ದರಿಂದ ಪ್ರತಿಯೊಬ್ಬರೂ ತಪ್ಪದೇ ಮತದಾನ ಮಾಡಿ ಪ್ರಬುದ್ಧರಾಗಿ.

ಶ್ರಾವಣಿ ಎಂ
5ನೇ ತರಗತಿ, 'ಬಿ' ವಿಭಾಗ

ಗ್ರಾಮೀಣ ಆಟಗಳು



ಗ್ರಾಮಗಳಲ್ಲಿ ಹಲವಾರು ಗ್ರಾಮೀಣ ಆಟಗಳಿವೆ. ಅವುಗಳನ್ನು ಉಳಿಸಿ, ಬೆಳೆಸುವುದು ನಮ್ಮ ಕರ್ತವ್ಯ. ಚಿನ್ನಿದಾಂಡು, ಗೋಲಿಯಾಟ, ಪಗಡೆ, ಚೌಕಾಬಾರ, ಅಳಗುಳಿ ಮನೆ, ಮರಕೋತಿಯಾಟ ಮುಂತಾದವು. ಒಂದು ಮೂಲೆಯಲ್ಲಿ ಕೂತು ಮೊಬೈಲನ್ನು ನೋಡುವುದಕ್ಕಿಂತ ಇಂತಹ ಗ್ರಾಮೀಣ ಆಟಗಳನ್ನು ಗೆಳೆಯರೊಂದಿಗೆ ಆಡಿ ಖುಷಿಯಾಗಿರಿ. ಗ್ರಾಮೀಣ ಆಟಗಳಲ್ಲಿ ಜೀವನಕ್ಕೆ ಉಪಯುಕ್ತವಾದ ಮೌಲ್ಯಗಳಿವೆ. ಗೋಲಿಯಾಟದಿಂದ ಗುರಿಯಿಡುವುದನ್ನು, ಚೌಕಬಾರದಿಂದ ಬುದ್ಧಿ ಚುರುಕುಗೊಳ್ಳುತ್ತದೆ, ಕುಂಟೆಬಿಲ್ಲೆ ಆಡುವುದರಿಂದ ಮೂಳೆಗಳ ಶಕ್ತಿ ವೃದ್ಧಿಯಾಗುತ್ತದೆ. ಇಂತಹ ಆಟಗಳು ಜೀವನಕ್ಕೆ ಅತ್ಯಗತ್ಯ.

* ಗ್ರಾಮೀಣ ಆಟಗಳ ಬಗ್ಗೆ ಒಂದು ಕವನ :

ಆಡಿರಿ ಆಡಿರಿ ಆಡಿರಿ
ಮೋಜಿನ ಆಟವ ಕಲಿಯಿರಿ ।
ಕಲಿಯಿರಿ ಕಲಿಯಿರಿ ಕಲಿಯಿರಿ
ಗ್ರಾಮೀಣ ಆಟವ ಕಲಿಯಿರಿ ।
ನೋಡಿರಿ ನೋಡಿರಿ ನೋಡಿರಿ
ಹಳ್ಳಿಯ ಸೊಬಗನು ನೋಡಿರಿ ॥
ಚಿನ್ನಿದಾಂಡು ಆಡಲು ಕಲಿಯಿರಿ
ಮೊಬೈಲನ್ನು ಕೈಯಿಂದ ಎಸೆಯಿರಿ
ಗೋಲಿಯಾಟವ ಆಡಿರಿ

ಗುರಿಯಿಡುವುದನ್ನು ಕಲಿಯಿರಿ ॥
ಗೆಳೆಯರೊಂದಿಗೆ ಕೂಡಿಕೊಂಡು
ಗ್ರಾಮೀಣ ಆಟವ ಆಡಿರಿ ॥

ಮನಸ್ವಿ ವಿ
7ನೇ ತರಗತಿ, 'ಎ'

ವಿದ್ಯಾರ್ಥಿ ಜೀವನ

ವಿದ್ಯಾರ್ಥಿ ಜೀವನದಲ್ಲಿ ಸಾಧನೆ ಮಾಡಲು ಶ್ರಮಪಟ್ಟು ಅಭ್ಯಾಸಗಳನ್ನು ಮಾಡಬೇಕಾಗುತ್ತದೆ. ಬಾಲ್ಯದಲ್ಲಿಯೇ ಗುಣ ಮತ್ತು ಅವಗುಣಗಳ ಕಡೆ ಗಮನಹರಿಸಿ ಅವಗುಣಗಳನ್ನು ಬಿಟ್ಟು ಉತ್ತಮ ನಡೆ–ನುಡಿ, ಆಚಾರ–ವಿಚಾರ, ಸಂಸ್ಕೃತಿ ಹೊಂದಿ ಗುರಿ ಸಾಧನೆಗೆ ಪ್ರಯತ್ನಿಸಬೇಕು. ವಿದ್ಯಾರ್ಥಿ ಜೀವನವು ಅತ್ಯುತ್ತಮವಾದ ಸುವರ್ಣ ಕಾಲವಾಗಿದೆ. ವಿದ್ಯಾರ್ಥಿಯು ಪುಸ್ತಕಗಳಿಂದ ಅನೇಕ ವಿಷಯಗಳನ್ನು ಅರ್ಥೈಸಿಕೊಂಡು ನೈತಿಕತೆ, ಉತ್ತಮ ನಡವಳಿಕೆ, ಜೀವನದಲ್ಲಿ ಶಿಸ್ತಿನ ಮೌಲ್ಯಗಳನ್ನು ಕಲಿಯಬೇಕು. ಶಿಕ್ಷಕರು ಹೇಳುವ ಉತ್ತಮ ಸಲಹೆಗಳನ್ನು ಪಾಲಿಸಬೇಕು. ಹಿರಿಯರ ಮಾತುಗಳನ್ನು ಸರಿಯಾಗಿ ಪಾಲಿಸಬೇಕು. ಏನನ್ನೂ ಕಲಿಯದೆ ಸಮಯವನ್ನು ಹಾಳುಮಾಡಿಕೊಂಡರೆ ಜೀವನವೇ ಅಂಧಕಾರದತ್ತ ಸಾಗುತ್ತದೆ. ಅದೇ ರೀತಿ ಎಲ್ಲಾ ಪಠ್ಯ ಮತ್ತು ಪಠ್ಯೇತರ ಚಟುವಟಿಕೆಗಳಲ್ಲಿ ಉತ್ತಮ ಸಾಧನೆ ಮಾಡಿದರೆ ಅವರ ಭವಿಷ್ಯ ಉಜ್ವಲವಾಗಿರುತ್ತದೆ. ಎಲ್ಲವೂ ವಿದ್ಯಾರ್ಥಿಯ ಕೈಯಲ್ಲಿಯೇ ಇರುತ್ತದೆ. ಹಾಗಾಗಿ ಸದಾ ಚಿಂತನಾಶೀಲನಾಗಿರಬೇಕು. ವೈಜ್ಞಾನಿಕವಾಗಿ ಆಲೋಚಿಸಬೇಕು. ಉತ್ತಮ ಗುರಿಯನ್ನು ಹೊಂದಿ ಆ ಗುರಿ ಸಾಧನೆಗೆ ಶ್ರಮಪಟ್ಟು ಅಭ್ಯಾಸಗಳನ್ನು ಮಾಡಬೇಕು. ಕ್ರೀಡೆಗಳಲ್ಲಿ ಆಸಕ್ತಿ ಇದ್ದರೆ ಕ್ರೀಡಾಕ್ಷೇತ್ರದಲ್ಲಿಯೇ ಸಾಧನೆ ಮಾಡಬೇಕು. ಒಟ್ಟಾರೆಯಾಗಿ ಹೇಳುವುದಾದರೆ ವಿದ್ಯಾರ್ಥಿ ಸದ್ಗುಣಗಳನ್ನು ಹೊಂದಿ ಪ್ರೀತಿಯಿಂದ ಇಷ್ಟಪಟ್ಟು ಉತ್ತಮ ಕಲಿಕೆಗೆ ಮುಂದಾಗಬೇಕು. ಪ್ರಮಾಣಿಕತೆಯಿಂದ ಶ್ರಮಪಟ್ಟು ಉತ್ತಮ ಅಂಕಗಳನ್ನು ಗಳಿಸಿ ಜೊತೆಗೆ ನೈತಿಕ ಮೌಲ್ಯಗಳನ್ನು ಕಲಿತು ಉತ್ತಮ ನಾಗರೀಕನಾಗಿ ಯಾವುದೇ ಕ್ಷೇತ್ರದತ್ತ ಸಾಗಿ ಯಶಸ್ಸಿನ ಹಾದಿಯನ್ನು ಹಿಡಿಯಬೇಕು.

ಹೇಶ್ರುತ್ ವೀರ್ ಎಂ ಎಸ್
7ನೇ ತರಗತಿ, 'ಬಿ' ವಿಭಾಗ

ಭಾರತದ ಸ್ವಾತಂತ್ರ್ಯ ಹೋರಾಟದಲ್ಲಿ ಮಹಿಳೆಯರ ಪಾತ್ರ

ಭಾರತದ ಸ್ವಾತಂತ್ರ್ಯ ಹೋರಾಟದಲ್ಲಿ ಮಹಿಳೆಯರ ಪಾತ್ರ ಮಹತ್ತರವಾದದ್ದು, ಪುರುಷರಂತೆ ಮುಂಚೂಣಿಯಲ್ಲಿ ನಿಂತು ಅದೆಷ್ಟೋ ರಾಷ್ಟ್ರ ಪ್ರೇಮಿಗಳಿಗೆ ಬೆಂಬಲವಾಗಿ ಒದಗಿ ಬಂದು ಭಾರತ ಸ್ವಾತಂತ್ರ್ಯ ಹೋರಾಟದಲ್ಲಿ ಮರೆಯಲಾಗದ ಇತಿಹಾಸ ಬರೆದ ಅನೇಕ ವೀರಯೋಧೆಯರು ಇಂದು ನಮ್ಮ ಪಾಲಿನ ಸ್ವಾತಂತ್ರ್ಯಕ್ಕೆ ಕಾರಣರಾಗಿದ್ದಾರೆ. ಬ್ರಿಟೀಷರ ವಿರುದ್ಧ ನಡೆದ ಈ ಹೋರಾಟದಲ್ಲಿ ಮಹಿಳೆಯರು ತಮ್ಮ ಬುದ್ಧಿ, ಧೈರ್ಯ, ತ್ಯಾಗ ಹಾಗೂ ದೇಶ ಪ್ರೇಮವನ್ನು ತೋರಿಸಿ, ದೇಶದ ಸ್ವಾತಂತ್ರ್ಯಕ್ಕಾಗಿ ಎಲ್ಲರೊಂದಿಗೆ ತ್ರಿಕರಣ

ಪೂರ್ವಕವಾಗಿ ಹೋರಾಡಿದ್ದಾರೆ. 1761ರ ಪ್ಲಾಸಿ ಯುದ್ಧದಿಂದ ಹಿಡಿದು 1947ರ ಸ್ವಾತಂತ್ರ್ಯ ದಿನದವರೆಗೆ ಅನೇಕ ಮಹಿಳೆಯರು ಈ ಹೋರಾಟದಲ್ಲಿ ಸಕ್ರಿಯವಾಗಿ ಭಾಗವಹಿಸಿದ್ದಾರೆ. 1857ರ ಪ್ರಥಮ ಸ್ವಾತಂತ್ರ್ಯ ಹೋರಾಟದಲ್ಲಿ ಝಾನ್ಸಿಯ ರಾಣಿ ಲಕ್ಷ್ಮೀಬಾಯಿ ಸಾಹಸ ಬ್ರಿಟೀಷರ ಸರಕಾರವನ್ನೇ ಬೆಚ್ಚಿಸಿತು. ಇದೇ ರೀತಿ ಬೇಗಂ ಮಹಲ್, ಕಿತ್ತೂರು ರಾಣಿ ಚೆನ್ನಮ್ಮ ಮತ್ತು ಇನ್ನೂ ಅನೇಕ ಅವರಂತಹ ಮಹಿಳೆಯರು ಸ್ವಾತಂತ್ರ್ಯ ಹೋರಾಟಕ್ಕೆ ಹೊಸ ಆಯಾಮವನ್ನು ನೀಡಿದರು.

ಗಾಂಧೀಜಿಯ ಅಹಿಂಸಾ ಚಳುವಳಿಯಲ್ಲಿ ಸಹ ಮಹಿಳೆಯರು ಸಕ್ರಿಯರಾಗಿದ್ದರು. ಸರೋಜಿನಿ ನಾಯ್ಡು, ಕಸ್ತೂರಿ ಬಾಯಿ, ವಿಜಯಲಕ್ಷ್ಮೀ ಪಂಡಿತ್, ಅರುಣಾ ಆಸಫ್ ಅಲಿ, ಮೇಡಂ ಭಿಕಾಜಿ ಕಾಮಾ, ಡಾ॥ ಆ್ಯನಿಬೆಸಂಟ್ ಮತ್ತು ಇನ್ನೂ ಹಲವಾರು ಮಹಿಳೆಯರ ಬಲಿದಾನ, ಕಾರಾಗೃಹ ವಾಸ ಸ್ವಾತಂತ್ರ್ಯ ಹೋರಾಟದ ದಿಕ್ಕನ್ನೇ ಬದಲಾಯಿಸಿತು.

ಉಪ್ಪಿನ ಸತ್ಯಾಗ್ರಹ, ಖಿಲಾಫತ್ ಚಳುವಳಿ, ಸ್ವದೇಶಿ ಚಳುವಳಿ, ಕಾನೂನು ಉಲ್ಲಂಘನೆ ಚಳುವಳಿ ಮುಂತಾದ ಹೋರಾಟಗಳಲ್ಲಿ ಮಹಿಳೆಯರು ತಮ್ಮ ಶಕ್ತಿಯನ್ನೆಲ್ಲಾ ವಿನಿಯೋಗಿಸಿ ಸ್ವಾತಂತ್ರ್ಯ ಹೋರಾಟದ ನಂತರವೂ ಅವರು ದೇಶದ ನಿರ್ಮಾಣದಲ್ಲಿ ಪ್ರಮುಖ ಪಾತ್ರ ವಹಿಸಿದರು.

ಮಹಿಳೆಯರ ಈ ಶೌರ್ಯ, ತ್ಯಾಗ ಮತ್ತು ಬಲಿದಾನದಿಂದಾಗಿ ಇಂದು ಭಾರತವು ಸ್ವತಂತ್ರ ರಾಷ್ಟ್ರವಾಗಿದೆ. ಈ ಕಾರಣಕ್ಕಾಗಿ, ಅವರ ಕೊಡುಗೆಯನ್ನು ಗೌರವಿಸಬೇಕು ಮತ್ತು ಅವರ ತ್ಯಾಗವನ್ನು ಎಂದಿಗೂ ಮರೆಯಬಾರದು.

ಆರಾಧ್ಯ ವಿ ಕೆ
6ನೇ ತರಗತಿ, 'ಎ' ವಿಭಾಗ

ಮಹಾ ಕುಂಭಮೇಳದ ಪೌರಾಣಿಕ ಹಿನ್ನಲೆ

144 ವರ್ಷಗಳಿಗೊಮ್ಮೆ ಬರುವ ಈ ಮಹಾ ಕುಂಭ ಮೇಳವು ಹಿಂದೆ 1881ರಲ್ಲಿ ನಡೆದಿತ್ತಂತೆ...! ಈಗ 2025ರಲ್ಲಿ ನಡೆಯುತ್ತಿದೆ ಮುಂದೆ 2169ಕ್ಕೆ ನಡೆಯುತ್ತಂತೆ...!

ಕುಂಭಮೇಳ ಎಂದರೇನು .....? ಕುಂಭ ಎಂದರೆ ಮಡಿಕೆ. ಮೇಳ ಎಂದರೆ ಒಗ್ಗೂಡುವುದು.

ಪುರಾಣದ ಪ್ರಕಾರ, ದೇವತೆಗಳು ಮತ್ತು ರಾಕ್ಷಸರು ಒಟ್ಟಿಗೆ ಅಮೃತವನ್ನು ಪಡೆಯಲು ಆದಿಶೇಷ ಎಂಬ ಸರ್ಪವನ್ನು ಮಂಥನ ಮಾಡುತ್ತಿರುತ್ತಾರೆ. ಏಕೆಂದರೆ ಅಮೃತವನ್ನು ಕುಡಿದರೆ ಸಾವೇ ಬರುವುದಿಲ್ಲ ಎನ್ನುವ ಒಂದು ಕಾರಣಕ್ಕಾಗಿ. ಸಮುದ್ರ ಮಂಥನ ಸಂದರ್ಭದಲ್ಲಿ ಐರಾವತ, ಲಕ್ಷ್ಮಿ ಸೇರಿದಂತೆ ಕಲ್ಪವೃಕ್ಷ, ಕಾಮಧೇನು ಹಾಗೂ ಒಂದಷ್ಟು ಅದ್ಭುತಗಳು ಆಚೆ ಬರುತ್ತವೆ. ಅದೇ ರೀತಿ ಇವರು ಬಯಸಿದಂತಹ ಅಮೃತದ ಮಡಿಕೆ ಕೂಡ ಆಚೆ ಬರುತ್ತದೆ. ಅದಾದ ನಂತರ ಅಮೃತ ಕುಡಿಯುವುದಕ್ಕೆ ಒಂದು ಕಡೆ ದೇವತೆಗಳು ಹಾಗೂ ಮತ್ತೊಂದು ಕಡೆ ರಾಕ್ಷಸರು ಕುಳಿತುಕೊಳ್ಳುತ್ತಾರೆ. ಮಹಾವಿಷ್ಣು ಮೋಹಿನಿಯ ಅವತಾರ ತಾಳಿ ಅಮೃತವನ್ನು ದೇವತೆಗಳಿಗೆ ಹಂಚಿಕೊಂಡು ಬರುತ್ತಾರೆ ಈ ಸಂದರ್ಭದಲ್ಲಿ ಮೋಹಿನಿ ರೂಪದಲ್ಲಿ ಇದ್ದಂತಹ ವಿಷ್ಣು ನಮಗೆ ಮೋಸ ಮಾಡುತ್ತಾನೆ, ನಮಗೆ ಯಾವ ಕಾರಣಕ್ಕೂ ಅಮೃತವನ್ನು ಕೊಡುವುದಿಲ್ಲ ನಮಗೆಲ್ಲ ಸಾವೇ ಗತಿ ಎನ್ನುವಂತಹ ಸತ್ಯ ಒಬ್ಬ ರಾಕ್ಷಸನಿಗೆ ಅರಿವಾಗುತ್ತದೆ. ಆಗ ಆ ರಾಕ್ಷಸ ದೇವತೆಗಳ ವೇಷ ತಾಳಿ ಮಾಯಾವಿಯಾಗಿ ದೇವತೆಗಳ ಸಾಲಿನಲ್ಲಿ ಬಂದು ಕುಳಿತುಬಿಡುತ್ತಾನೆ. ರಾಕ್ಷಸನಿಗೂ ಕೂಡ ಅಮೃತವನ್ನು ಕೊಡುತ್ತಾರೆ. ಆಗ ಅದನ್ನು ಕುಡಿದು ಇನ್ನೇನು ಗಂಟಲಿನಿಂದ ಒಳಗೆ ಹೋಗಬೇಕು ಎಂಬ ಸಂದರ್ಭದಲ್ಲಿ ಸೂರ್ಯ ಮತ್ತು ಚಂದ್ರ ನೋಡಿ ತಕ್ಷಣ ಮಹಾವಿಷ್ಣುವಿಗೆ ನೀವು ರಾಕ್ಷಸನಿಗೆ ಅಮೃತವನ್ನು ಕೊಟ್ಟಿದ್ದೀರಿ ಎಂದು ಹೇಳುತ್ತಾರೆ. ತಕ್ಷಣ ಕೋಪಗೊಂಡ ಮೋಹಿನಿ ರೂಪದ

ಮಹಾವಿಷ್ಣು ತನ್ನ ಸುದರ್ಶನ ಚಕ್ರವನ್ನು ಅವನ ಮೇಲೆ ಪ್ರಯೋಗಿಸುತ್ತಾನೆ. ಇದರಿಂದ ರಾಕ್ಷಸರಿಗೆ ಅಮೃತ ದೊರೆಯುವುದಿಲ್ಲ ಉಳಿದಂತಹ ಅಮೃತದ ಆ ಮಡಿಕೆಯನ್ನು ದೇವತೆಗಳ ರಾಜ ಇಂದ್ರನ ಮಗ ಜಯಂತನಿಗೆ ಹೇಗಾದರೂ ಮಾಡಿ ನೀನು ರಕ್ಷಣೆ ಮಾಡಬೇಕು ಎಂದು ಹೇಳಿ ಅಮೃತದ ಮಡಿಕೆಯನ್ನು ಒಪ್ಪಿಸುತ್ತಾರೆ. ಇದನ್ನು ರಕ್ಷಿಸಲು ನಾನು ನಾಲ್ಕು ಜನರನ್ನು ನಿಯೋಜನೆ ಮಾಡುತ್ತೇನೆ. ಯಾರು ಆ ನಾಲ್ಕು ಜನ ಅಂದರೆ ಸೂರ್ಯ, ಚಂದ್ರ, ಗುರು, ಶನಿ. ಸೂರ್ಯನ ಕೆಲಸ ಏನು? ಆ ಅಮೃತದ ಮಡಿಕೆಯನ್ನು ಸೂರ್ಯ ಹಿಡಿದುಕೊಳ್ಳಬೇಕು ಏಕೆಂದರೆ ಅವನು ಪ್ರಕಾಶಮಾನನಾದ ಅವನ ಹತ್ತಿರ ಹೋದರೆ ಸುಟ್ಟು ಹೋಗುತ್ತಾರೆ. ಚಂದ್ರನ ಕೆಲಸ ಏನೆಂದರೆ ಇವನು ತೆಗೆದುಕೊಂಡು ಹೋಗುವ ಸಂದರ್ಭದಲ್ಲಿ ಅಮೃತ ಕೆಳಗೆ ಬಿದ್ದು ಹೋದರೆ ಅದನ್ನು ಕೈಯಲ್ಲಿ ಹಿಡಿದುಕೊಳ್ಳಲು ನಿಯೋಜನೆ ಮಾಡುತ್ತಾರೆ. ಗುರುವಿನ ಕೆಲಸ ಮಧ್ಯದಲ್ಲಿ ರಾಕ್ಷಸರು ಬಂದಾಗ ಹೋರಾಟ ಮಾಡಿ ಕಾಪಾಡಬೇಕು. ಶನಿಯ ಕೆಲಸ ಮಧ್ಯದಲ್ಲಿ ಘರ್ಷಣೆಗಳು ಉಂಟಾದರೆ ನೀನು ನ್ಯಾಯ ತೀರ್ಮಾನ ಮಾಡಿ ರಕ್ಷಿಸಬೇಕು. ನಾಲ್ಕು ಗ್ರಹಗಳು ಮತ್ತು ಇಂದ್ರನ ಮಗ ಈ ಅಮೃತದ ಕಳಶವನ್ನು ತೆಗೆದುಕೊಂಡು ಭೂಮಿ ಮೇಲೆ ಸಾಗುವ ಸಂದರ್ಭದಲ್ಲಿ ವಿಶ್ರಾಂತಿ ಬಯಸಿ ನಾಲ್ಕು ಸ್ಥಳಗಳಲ್ಲಿ ಅಮೃತದ ಮಡಿಕೆಯನ್ನು ಇಟ್ಟು ವಿಶ್ರಾಂತಿ ತೆಗೆದುಕೊಳ್ಳುತ್ತಾರೆ. ಆ ನಾಲ್ಕು ಸ್ಥಳಗಳಲ್ಲಿಯೇ ಈಗ ಕುಂಭಮೇಳ ನಡೆಯುತ್ತಿರುವುದು. ಇನ್ನೊಂದು ಪುರಾಣದಲ್ಲಿ ಅಮೃತವನ್ನು ಸೂರ್ಯ ತೆಗೆದುಕೊಂಡು ಹೋಗುವಾಗ ಚಂದ್ರನ ಕೈ ತಪ್ಪಿ 4 ಹನಿಗಳು ಬಿದ್ದಿವೆ. ಆ ಹನಿಗಳೇ ಇಂದು ಅಮೃತ ರೂಪದ ನದಿಗಳಾಗಿ ಭಾರತದಲ್ಲಿ ಇವೆ. ಆ ನದಿಗಳೇ ಗಂಗಾ, ಯಮುನ, ಸರಸ್ವತಿ, ಗೋದಾವರಿ. ಮಡಿಕೆಯನ್ನು ಇಟ್ಟಿದ್ದ 4 ಸ್ಥಳಗಳು ಪ್ರಯಾಗ್‌ರಾಜ್, ಹರಿದ್ವಾರ, ಉಜ್ಜಯನಿ, ನಾಸಿಕ್ ಆಗಿವೆ. ಇದೇ ಈ ಮಹಾ ಕುಂಭಮೇಳದ ಹಿನ್ನೆಲೆ.

ಸುರಭಿ ಎ
7ನೇ ತರಗತಿ, 'ಎ' ವಿಭಾಗ

ಕನ್ನಡ ಭಾಷೆಯನ್ನು ಉಳಿಸುವಲ್ಲಿ ಕನ್ನಡಿಗರ ಪಾತ್ರ

'ಕರುನಾಡಿನ ತುಂಬಾ ಕನ್ನಡದ ಕಂಪು ಹರಡಿರಲಿ
ಎಲ್ಲೆಲ್ಲೂ ಕನ್ನಡದ ನುಡಿಯ ಸೊಂಪು ಸೂಸಲಿ'

ನಮ್ಮ ಕನ್ನಡ ಭಾಷೆಗೆ ಎರಡು ಸಾವಿರ ವರ್ಷಗಳ ಇತಿಹಾಸವಿದೆ. ಈ ಭಾಷೆಯನ್ನು ಕಲಿಯುವುದು ಮತ್ತು ಕಲಿಸುವುದು 'ಸುಲಿದ ಬಾಳೆ ಹಣ್ಣಿನ ರೀತಿ' ಎಂದು ಕವಿಗಳು ಬಣ್ಣಿಸಿದ್ದಾರೆ. ಆದರೆ ಅಳಿವಿನಂಚಿನಲ್ಲಿರುವ ನಮ್ಮ ಭಾಷೆಯನ್ನು ಉಳಿಸುವುದು ಕನ್ನಡಿಗರಾದ ನಮ್ಮ ನಿಮ್ಮೆಲ್ಲರ ಹೊಣೆಯಾಗಿದೆ.

ನಮ್ಮ ಭಾಷೆಯನ್ನು ಉಳಿಸಲು ನಾವೆಲ್ಲರೂ ಕನ್ನಡವನ್ನು ಕಡೆಗಣಿಸದೆ, ಬೇರೆ ಭಾಷೆಯವರಿಗೂ ಭಾಷೆಯನ್ನು ಕಲಿಸಬೇಕಾಗುತ್ತದೆ. ಇಂಗ್ಲೀಷ್ ವ್ಯಾಮೋಹಕ್ಕೆ ಒಳಗಾಗದೆ ತಾಯಿ ಭಾಷೆಯಾದ ಕನ್ನಡವನ್ನು ಮಕ್ಕಳಿಗೆ ಅರ್ಥೈಸಬೇಕು ಹಾಗೂ ಎಲ್ಲರಿಗೂ ಕೂಡ ಭಾಷೆಯ ಮಹತ್ವವನ್ನು ತಿಳಿಸಬೇಕು.

ನಮ್ಮ ಭಾಷೆಯನ್ನು ಉಳಿಸಲು ಪ್ರತಿ ವರ್ಷವೂ ಜರುಗುವ **"ಸಾಹಿತ್ಯ ಸಮ್ಮೇಳನ"** ಗಳಿಗೆ ಅತಿ ಹೆಚ್ಚು ಜನರು ಬರುವ ವ್ಯವಸ್ಥೆ ಕಲ್ಪಿಸಬೇಕು. ಎಲ್ಲಾ ವಯೋಮಾನದವರಲ್ಲಿ ಕನ್ನಡ ಪುಸ್ತಕಗಳನ್ನು ಓದುವ ಅಭ್ಯಾಸವನ್ನು ಬೆಳೆಸಬೇಕು.

'ಕನ್ನಡವೇ ಸತ್ಯ ಕನ್ನಡವೇ ನಿತ್ಯ'

ಸಮನ್ವಿತ ವಿ
7ನೇ ತರಗತಿ, 'ಬಿ' ವಿಭಾಗ

ಶತಮಾನದ ಸಂಗಮ, ಮಹಾಕುಂಭ ಮೇಳ

ಪ್ರಯಾಗ್‌ರಾಜ್ ಮಹಾಕುಂಭಮೇಳ – 2025

ಕುಂಭಮೇಳವು ಭಾರತದಲ್ಲಿ ನಡೆಯುವ ಅತ್ಯಂತ ದೊಡ್ಡ ಮತ್ತು ಪವಿತ್ರ ಧಾರ್ಮಿಕ ಉತ್ಸವಗಳಲ್ಲಿ ಒಂದಾಗಿದೆ. ಈ ಮೇಳವು ಕೋಟ್ಯಂತರ ಭಕ್ತರನ್ನು ಆಕರ್ಷಿಸುತ್ತದೆ. ಸಾವಿರಾರು ವರ್ಷಗಳಿಂದ ಭಾರತದ ಸಂಸ್ಕೃತಿಯಲ್ಲಿ ಅಪಾರ ಮಹತ್ವವನ್ನು ಹೊಂದಿದೆ. ಪ್ರತಿ 12 ವರ್ಷಗಳಿಗೊಮ್ಮೆ ನಡೆಯುವ ಕುಂಭಮೇಳವು ನಾಲ್ಕು ಪವಿತ್ರ ಸ್ಥಳಗಳಲ್ಲಿ ನಡೆಯುತ್ತದೆ. ಪ್ರತಿಯೊಂದೂ ಒಂದೊಂದು ಪವಿತ್ರ ನದಿಯ ದಡದಲ್ಲಿದೆ.

* ಹರಿದ್ವಾರ (ಉತ್ತರಾಖಂಡ) : ಗಂಗಾನದಿಯ ದಡದಲ್ಲಿರುವ ಹರಿದ್ವಾರವು ಉತ್ತರಾಖಂಡ ರಾಜ್ಯದಲ್ಲಿದೆ. ಇಲ್ಲಿ ಕುಂಭಮೇಳವು ನಡೆಯುವಾಗ, ಲಕ್ಷಾಂತರ ಭಕ್ತರು 'ಹರ್ ಕಿ ಪೌಡಿ' ಎಂಬ ಪವಿತ್ರ ಘಾಟ್‌ನಲ್ಲಿ ಸ್ನಾನ ಮಾಡುತ್ತಾರೆ.

* ಪ್ರಯಾಗ್‌ರಾಜ್ (ಉತ್ತರಪ್ರದೇಶ) : ಗಂಗಾ, ಯಮುನಾ ಮತ್ತು ಗುಪ್ತಗಾಮಿನಿ ಸರಸ್ವತಿ ನದಿಗಳ ಸಂಗಮ ಪ್ರಯಾಗ್‌ರಾಜ್ ಉತ್ತರ ಪ್ರದೇಶದಲ್ಲಿದೆ. 'ತ್ರಿವೇಣಿ ಸಂಗಮ' ಎಂದು ಕರೆಯಲ್ಪಡುವ ಈ ಸ್ಥಳವು ಕುಂಭಮೇಳದ ಅತ್ಯಂತ ಪವಿತ್ರ ಸ್ಥಳವೆಂದು ಪರಿಗಣಿಸಲಾಗಿದೆ.

* ಉಜ್ಜಯಿನಿ (ಮಧ್ಯಪ್ರದೇಶ) : ಮಧ್ಯಪ್ರದೇಶದಲ್ಲಿರುವ ಉಜ್ಜಯಿನಿಯು ಕ್ಷಿಪ್ರಾ ನದಿಯ ದಡದಲ್ಲಿದೆ. ಇಲ್ಲಿ ನಡೆಯುವ ಕುಂಭಮೇಳವನ್ನು 'ಸಿಂಹಸ್ಥ ಕುಂಭಮೇಳ' ಎಂದು ಕರೆಯಲಾಗುತ್ತದೆ.

* ನಾಸಿಕ್ (ಮಹಾರಾಷ್ಟ್ರ) : ಗೋದಾವರಿ ನದಿಯ ದಡದಲ್ಲಿರುವ ನಾಸಿಕ್ ಮಹಾರಾಷ್ಟ್ರದಲ್ಲಿದೆ. ಇಲ್ಲಿ ನಡೆಯುವ ಕುಂಭಮೇಳವನ್ನು 'ಪುಷ್ಕರ ಕುಂಭಮೇಳ' ಎಂದು ಕರೆಯಲಾಗುತ್ತದೆ. ಈ ನಾಲ್ಕು ಸ್ಥಳಗಳಲ್ಲಿ ಕುಂಭಮೇಳವು ಒಂದು ಚಕ್ರದಲ್ಲಿ ನಡೆಯುತ್ತದೆ ಮತ್ತು ಪ್ರತಿ ಸ್ಥಳದಲ್ಲಿ 12 ವರ್ಷಗಳಿಗೊಮ್ಮೆ ನಡೆಯುತ್ತದೆ.

ಇತಿಹಾಸ :

ಕುಂಭಮೇಳದ ಇತಿಹಾಸವು ಪುರಾಣಗಳಲ್ಲಿ ಬೇರೂರಿದೆ.

ಸಮುದ್ರಮಂಥನದ ಸಮಯದಲ್ಲಿ ಅಮೃತದ ಕುಂಭಕ್ಕಾಗಿ ದೇವರುಗಳು ಮತ್ತು ರಾಕ್ಷಸರ ನಡುವೆ ಹೋರಾಟ ನಡೆಯಿತು ಎಂಬುದು ಪ್ರತೀತಿ. ಈ ಹೋರಾಟದಲ್ಲಿ ಅಮೃತದ ಕುಂಭದಿಂದ ನಾಲ್ಕು ಹನಿಗಳು ಭೂಮಿಗೆ ಬಿದ್ದವು ಎಂದು ನಂಬಲಾಗಿದೆ. ಈ ಸ್ಥಳಗಳೇ ಕುಂಭಮೇಳ ನಡೆಯುವ ನಾಲ್ಕು ಪವಿತ್ರ ಕ್ಷೇತ್ರಗಳಾದವು.

ಕುಂಭಮೇಳವು ಧಾರ್ಮಿಕ ಮತ್ತು ಆಧ್ಯಾತ್ಮಿಕ ಶುದ್ಧೀಕರಣದ ಸಂಕೇತವಾಗಿದೆ. ಈ ಸಮಯದಲ್ಲಿ ಪವಿತ್ರ ನದಿಗಳಲ್ಲಿ ಸ್ನಾನ ಮಾಡುವುದರಿಂದ ಪಾಪಗಳಿಂದ ಮುಕ್ತಿ ಹೊಂದಬಹುದು ಮತ್ತು ಮೋಕ್ಷವನ್ನು ಪಡೆಯಬಹುದು ಎಂದು ನಂಬಲಾಗಿದೆ. ಈ ಮೇಳವು ಭಕ್ತರಿಗೆ ಸಾಧು–ಸಂತರೊಂದಿಗೆ ಧಾರ್ಮಿಕ ಕಾರ್ಯಕ್ರಮಗಳನ್ನು ನಡೆಸುವ ಮೂಲಕ ಧಾರ್ಮಿಕ ಚರ್ಚೆಗಳಲ್ಲಿ ಭಾಗವಹಿಸಲು ಮತ್ತು ಆಧ್ಯಾತ್ಮಿಕ ಜ್ಞಾನವನ್ನು ಪಡೆಯಲು ಒಂದು ಸುವರ್ಣ ಅವಕಾಶವನ್ನು ಕಲ್ಪಿಸಿಕೊಡುತ್ತದೆ.

ವಿಶೇಷತೆಗಳು :

* **ಶಾಹಿ ಸ್ನಾನ :** ಕುಂಭಮೇಳದ ಪ್ರಮುಖ ಆಕರ್ಷಣೆಯೆಂದರೆ ಶಾಹಿ ಸ್ನಾನ. ಲಕ್ಷಾಂತರ ಭಕ್ತರು ಒಟ್ಟಿಗೆ ಪವಿತ್ರ ನದಿಯಲ್ಲಿ ಮುಳುಗಿ ತಮ್ಮನ್ನು ಶುದ್ದೀಕರಿಸಿಕೊಳ್ಳುತ್ತಾರೆ.

* **ಸಾಧು–ಸಂತರ ಸಂಗಮ :** ಮಹಾಕುಂಭಮೇಳವು ಅತಿದೊಡ್ಡ ಧಾರ್ಮಿಕ ಸಭೆಯಾಗಿದ್ದು, ವಿವಿಧ ಹಿನ್ನೆಲೆಯ ಸಾಧುಗಳು ಮತ್ತು ಸನ್ಯಾಸಿಗಳನ್ನು ಆಕರ್ಷಿಸುತ್ತದೆ. ಗಮನಾರ್ಹ ಗುಂಪುಗಳಲ್ಲಿ ನಾಗಾ ಸಾಧುಗಳು ಮತ್ತು ಅಘೋರಿಗಳು ಸೇರಿರುತ್ತಾರೆ. ನಾಗಾ ಸಾಧುಗಳು ತಮ್ಮ ತೀವ್ರವಾದ ತಪಸ್ಸು ಮತ್ತು ಬೂದಿ ಬಳಿದ ದೇಹಗಳಿಂದ ಗುರುತಿಸಲ್ಪಡುವ ಶಿವನ ಅನುಯಾಯಿಗಳು.

ಹೇಗೆ ಭೂಮಿಯು 365 ದಿನಗಳಲ್ಲಿ ಸೂರ್ಯನ ಒಂದು ಸುತ್ತು ಸುತ್ತಲು ತೆಗೆದುಕೊಳ್ಳುತ್ತದೆಯೋ ಅದೇ ರೀತಿ ಗುರು ಗ್ರಹವು ಸೂರ್ಯನ ಒಂದು ಸುತ್ತು ಸುತ್ತಲು ತೆಗೆದುಕೊಳ್ಳುವ ಸಮಯ 12 ವರ್ಷಗಳಾಗಿವೆ.

ಯಾವ ವೈಜ್ಞಾನಿಕ ಉಪಕರಣಗಳು ಇಲ್ಲದೆ ನಮ್ಮ ಪೂರ್ವಜರು ಗ್ರಹಗಳ ಚಲನೆಯನ್ನು ಅತ್ಯಂತ ನಿಖರವಾಗಿ ಮಾಹಿತಿ ಬರೆದಿಟ್ಟಿರುವುದನ್ನು ಒಮ್ಮೆ ಯೋಚಿಸಿದರೆ ಖಂಡಿತ ಆಶ್ಚರ್ಯವಾಗುತ್ತದೆ ಜೊತೆಗೆ ಹೆಮ್ಮೆಯೂ ಕೂಡ.

ಗುರುವಿಗೆ ನಮ್ಮ ಭಾರತದಲ್ಲಿ ಅತ್ಯಂತ ಮಹತ್ವದ ಸ್ಥಾನ ಕೊಡಲಾಗಿದ್ದು, ಹಾಗೆಯೇ ಗುರುಗ್ರಹದ ಚಲನಕ್ಕೂ ನಮ್ಮ ಜೀವನದಲ್ಲಿ ನಡೆಯುವ ಧನಾತ್ಮಕ, ಋಣಾತ್ಮಕ ಘಟನಾವಳಿಗಳಿಗೆ ಕಾರಣ ಎಂದು ನಂಬಲಾಗಿದೆ.

ಮಹಾಕುಂಭಮೇಳದ ವಿಶೇಷತೆ : ಈ ಮಹಾಕುಂಭಮೇಳವು ಅತಿ ಹೆಚ್ಚು ವಿಶೇಷತೆಯನ್ನು ಪಡೆದಿದೆ. ಏಕೆಂದರೆ ಇದು 144 ವರ್ಷಗಳಿಗೊಮ್ಮೆ ನಡೆಯುವ ಗ್ರಹಗಳ ಚಲನೆಯನ್ನು ಆಧರಿಸಲ್ಪಟ್ಟಿದೆ. 144 ವರ್ಷಗಳಿಗೊಮ್ಮೆ ಅಂದರೆ, ಒಬ್ಬ ಮನುಷ್ಯನ ಜೀವಿತಾವಧಿಯಲ್ಲಿ ಒಮ್ಮೆ ಮಾತ್ರ ನೋಡಬಹುದಾದಂತಹ, ಆಚರಿಸಬಹುದಾದಂತಹ ಒಂದು ಅವಕಾಶ.

2025 ಜನವರಿ ಮತ್ತು ಫೆಬ್ರವರಿ ತಿಂಗಳುಗಳಲ್ಲಿ ನಡೆಯುವ ಮಹಾಕುಂಭದ ವಿಶೇಷ ದಿನಾಂಕಗಳು ಈ ರೀತಿಯಾಗಿವೆ.

* **ಮಕರ ಸಂಕ್ರಾಂತಿ ಶಾಹಿ ಸ್ನಾನ (ಜನವರಿ 14, 2025)**

ಇದು ಕುಂಭಮೇಳದ ಮೊದಲ ಶಾಹಿ ಸ್ನಾನವಾಗಿದ್ದು, ಅತ್ಯಂತ ಮಹತ್ವದ್ದಾಗಿದೆ. ಈ ದಿನದಂದು ಸೂರ್ಯನು ಮಕರ ರಾಶಿಯನ್ನು ಪ್ರವೇಶಿಸುತ್ತಾನೆ. ಇದು ಅತ್ಯಂತ ಮಂಗಳಕರವೆಂದು ಪರಿಗಣಿಸಲಾಗಿದೆ.

* **ಮೌನಿ ಅಮವಾಸ್ಯೆ ಶಾಹಿ ಸ್ನಾನ (ಜನವರಿ 29, 2025)**

ಈ ದಿನದಂದು ಮೌನ ವ್ರತವನ್ನು ಆಚರಿಸಿ, ಪವಿತ್ರ ಸ್ನಾನ ಮಾಡಿದರೆ ವಿಶೇಷ ಪುಣ್ಯ ಲಭಿಸುತ್ತದೆ ಎಂಬ ನಂಬಿಕೆ ಇದೆ.

* **ಬಸಂತ ಪಂಚಮಿ ಶಾಹಿ ಸ್ನಾನ (ಫೆಬ್ರವರಿ 3, 2025)**

ಈ ದಿನವನ್ನು ಸರಸ್ವತಿ ದೇವಿಯ ಆರಾಧನೆಗೆ ಮೀಸಲಿಡಲಾಗಿದೆ. ಈ ದಿನದಂದು ಸ್ನಾನ ಮಾಡುವುದರಿಂದ ಜ್ಞಾನ ಮತ್ತು ವಿದ್ಯೆ ಪ್ರಾಪ್ತಿಯಾಗುತ್ತದೆ ಎಂದು ನಂಬಲಾಗಿದೆ.

* **ಮಾಘ ಪೂರ್ಣಿಮೆ ಶಾಹಿ ಸ್ನಾನ (ಫೆಬ್ರವರಿ 12, 2025)**

ಈ ದಿನದಂದು ಪವಿತ್ರ ಸ್ನಾನ ಮಾಡಿದರೆ ಪಾಪಗಳು ನಾಶವಾಗುತ್ತವೆ ಎಂದು ನಂಬಲಾಗಿದೆ.

* **ಮಹಾ ಶಿವರಾತ್ರಿ ಶಾಹಿ ಸ್ನಾನ (ಫೆಬ್ರವರಿ 26, 2025)**

ಇದು ಕುಂಭ ಮೇಳದ ಕೊನೆಯ ಶಾಹಿ ಸ್ನಾನವಾಗಿದ್ದು, ಭಗವಾನ್ ಶಿವನ ಆರಾಧನೆಗೆ ಮೀಸಲಿಡಲಾಗಿದೆ.

ಈ ಭವ್ಯ ಆಚರಣೆ ಇಡೀ ಜಗತ್ತೇ ಭಾರತದತ್ತ ನೋಡುವಂತೆ ಮಾಡಿದೆ. ಭಾರತದ ವೈಭವದ, ಸಾಂಸ್ಕೃತಿಕ ಶ್ರೀಮಂತಿಕೆಯನ್ನು ಐತಿಹಾಸಿಕ ಹಿನ್ನೆಲೆಯನ್ನು ಸಾರಿ ಸಾರಿ ಹೇಳುತ್ತಿದೆ.

ಹರ ಹರ ಮಹಾದೇವ್.

ವಿನುತಾ ಕುಲಕರ್ಣಿ
ನರ್ಸರಿ ಶಿಕ್ಷಕಿ

"ಶಿಕ್ಷಣದಲ್ಲಿ ಕರಕುಶಲತೆ"

ಕಲೆ ಮತ್ತು ಕರಕೌಶಲ್ಯ ಸಾಮಾನ್ಯವಾಗಿ ಒಂದು ಹವ್ಯಾಸವೆಂದರೆ ತಪ್ಪಾಗಲಾರದು. ಇತಿಹಾಸ ಪೂರ್ವದಿಂದಲೂ ಸಾಂಸ್ಕೃತಿಕ ಮತ್ತು ಸಾಂಪ್ರದಾಯಿಕ ಕಲಾಕೌಶಲ್ಯಗಳಿಗೆ ವಿಶಿಷ್ಟ ಸ್ಥಾನವಿದೆ. ಇತ್ತೀಚಿನ ದಿನಗಳಲ್ಲಿ ಕುಶಲತೆ ನವೀನ ರೀತಿಯಲ್ಲಿ ರೂಪುಗೊಳ್ಳುತ್ತಿದೆ.

ಕರಕುಶಲ ಕಲೆ ಎಂದರೆ ಹೃದಯ, ಬುದ್ಧಿ ಮತ್ತು ಕೈಗಳು ಏಕೀಭವಿಸಿ ತನ್ಮಯತೆಯಿಂದ ಕಾರ್ಯನಿರ್ವಹಿಸುವ ಸೃಜನಶೀಲತೆಯ ಕಲೆ. ಈ ರೀತಿಯ ಕೌಶಲ್ಯಗಳ ಹಾಗೂ ವಿನ್ಯಾಸಗಳ ಪರಿಚಯ ಶಿಕ್ಷಣದಲ್ಲಿ ಮಹತ್ವದ ಪಾತ್ರವಹಿಸುತ್ತದೆ.

ಮಕ್ಕಳಿಗೆ ಕೌಶಲ್ಯಗಳಲ್ಲಿ ಬಳಸುವ ಯಂತ್ರ–ತಂತ್ರಗಳ ಹಾಗೂ ವಸ್ತುಗಳ ಉಪಯೋಗಗಳ ಬಗ್ಗೆ ತಿಳಿಸಿ, ಚಟುವಟಿಕೆಗಳಲ್ಲಿ ಆಸಕ್ತಿವಹಿಸಲು ಪ್ರೋತ್ಸಾಹಿಸುವುದರಿಂದ ಅವರಲ್ಲಿ ಏಕಾಗ್ರತೆಯನ್ನು ಬಲಪಡಿಸಬಹುದು.

ಕಲೆಗಳಲ್ಲಿ ಚಿತ್ರಕಲೆ, ರೇಖಾಚಿತ್ರ ರಚನೆ (ವರ್ಲಿ), ಕಾಗದದ ಕರಕುಶಲತೆ (ಒರಿಗಮಿ), ಮಣಿಗಳ ಕಸೂತಿ, ಕುಂಬಾರಿಕೆ, ವರ್ಣಪಟಲ (ಗಾಜಿನ ಅಥವಾ ಮರದ ಹಲಗೆಯ ಮೇಲೆ ಚಿತ್ರ ಬಿಡಿಸುವುದು), ಹೊಲಿಗೆ ಹೀಗೆ ನಾನಾ ತರದ ಕೌಶಲ್ಯಗಳಿವೆ.

ಇವುಗಳಲ್ಲಿ ಬರುವ ಸೂಕ್ಷ್ಮ ರಚನೆಗಳನ್ನು ಅಭ್ಯಾಸ ಮಾಡಿಸುವುದರಿಂದ ಅವರ ಭವಿಷ್ಯದ ಎಲ್ಲಾ ಕ್ಷೇತ್ರಗಳಲ್ಲಿ ಪ್ರಯೋಜನವಾಗುವುದಲ್ಲದೆ ಅದರ ಕ್ರಿಯಾತ್ಮಕತೆ ಹೆಚ್ಚುತ್ತದೆ.

"ಕಸದಿಂದ ರಸ" ಎಂದರೆ ಮಕ್ಕಳ ಕೈ ಚಳಕದಿಂದ ನಿರುಪಯುಕ್ತ ವಸ್ತುಗಳನ್ನು ಉಪಯುಕ್ತ ಆಕರ್ಷಣೀಯ ವಸ್ತುಗಳನ್ನಾಗಿ ಪರಿವರ್ತಿಸುವುದು.

ಈ ವೈವಿಧ್ಯಮಯ ಕುಶಲತೆಯನ್ನು ಪ್ರತಿಯೊಂದು ಮಗುವಿನಲ್ಲೂ ಬಿತ್ತಿ ಎಳೆಯ ಹೃದಯಗಳನ್ನು ಸರ್ವಾಂಗೀಣ ವಿಕಾಸಗೊಳಿಸುವ ನಿಟ್ಟಿನಲ್ಲಿ ಪೂರ್ಣಪ್ರಜ್ಞ ಶಾಲೆಯ ಪಾತ್ರವು ಮಹತ್ತರವಾದದ್ದು.

ಮಕ್ಕಳಿಂದಲೇ ತಯಾರಾದ ಆಕರ್ಷಣೀಯ ವಸ್ತುಗಳು, ಅವರ ಸೃಜನಶೀಲತೆಗೆ ಸಾಕ್ಷಿಯಾಗಿವೆ. ವಸ್ತುಗಳನ್ನು ವಸ್ತು ಪ್ರದರ್ಶನದಲ್ಲಿ ಪ್ರದರ್ಶಿಸಿದಾಗ ವಿದ್ಯಾರ್ಥಿಗಳ ಹಾಗೂ ಪ್ರೇಕ್ಷಕರ ಕಣ್ಮನ ತಣಿಸುತ್ತವೆ. ಕಲಿಸಿದ ಗುರುವೃಂದಕ್ಕೆ ಸಂತೃಪ್ತಿ ಸಿಗುತ್ತದೆ.

ಗಾಯಿತ್ರಮ್ಮ ಎಂ ಎಲ್
ಎಸ್.ಯು.ಪಿ.ಡಬ್ಲ್ಯೂ ಶಿಕ್ಷಕಿ

ಅಮ್ಮನಾ ಸೆರಗು

ಬಯಸಿತ್ತು ಮನವಿಂದು ಅಮ್ಮನಾ ಸೆರಗು
ಮಮತೆಯಾ ಮುದವಿತ್ತ ಮೆತ್ತನೆಯ ಸೆರಗು



ನನ್ನಳುವ ಸಂತೈಸಿ ಕಣ್ಣೊರೆಸಿದಾ ಸೆರಗು
ಸಿಂಬಳವ ಸೀಟಿ ಶುಚಿಗೊಟ್ಟ ಸೆರಗು
ಉರಿ ಸೆಖೆಗೆ ಬೀಸಣಿಕೆ ತಂಪು ಸೆರಗು
ಕೊರೆವ ಚಳಿಗೆ ಹೊದಿಕೆ ಬೆಚ್ಚನೆಯ ಸೆರಗು

ಹೊಸಬರನು ಕಂಡಾಗ ಬಚ್ಚಡಗಿದಾ ಸೆರಗು
ಮರೆಯಿಂದ ಕದ್ದು ಇಣುಕಿದಾ ಸೆರಗು
ಗಟ್ಟಿಯಲಿ ಹಿಡಿಯಲು ಧೈರ್ಯವನು ತುಂಬುತ್ತ
ಸುತ್ತಲಾ ಜಗ ಮೆಟ್ಟಿಸಿದ ಧೀರ ಸೆರಗು

ಮಳೆಯಲ್ಲಿ ತೊಯ್ದ ತಲೆ ಒರೆಸಿದಾ ಸೆರಗು
ತೋಟದಾ ಹೂ ಕೀಳೆ ಬುಟ್ಟಿ ಸೆರಗು
ಕುರ್ಚಿಯ ಧೂಳನ್ನು ಝಾಡಿಸಿದ ಸೆರಗು
ಶಿಸ್ತನ್ನು ಕಲಿಸಲು ಕಟ್ಟಿದಾ ಸೆರಗು

ಶಿವ ನೀನು ಕಾಪಾಡು ಕಂದನನು ಎಂದು
ಅನುದಿನವು ಮೊರೆಯಿಟ್ಟು ಬೇಡಿದಾ ಸೆರಗು
ಸಂಸಾರ ಜಂಜಾಟ ಏರುಪೇರೊಗೆತದಲಿ
ಹಿತವಾಗಿ ಹಸನಾಗಿ ಹದಗೊಂಡ ಸೆರಗು

Courtesy (ಕೃಪೆ)
– ಸವಿತಾ ರವಿಶಂಕರ

ಮೃದುಲಾ ಡಿ ಶೆಟ್ಟಿ
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आधुनिकयुगे रामायणस्य आवश्यकता

आपदां अपहर्तारं दातारं सर्वसंपदाम्।

लोकाभिरामं श्रीरामं भूयो भूयो नमाम्यहम्॥

' रामस्य अयनं रामायणम् ' इति प्रभु श्रीरामचन्द्रस्य जीवनचरितं रामायणम्। आदिकविना वाल्मीकिना विरचितं इदं पद्यात्मकं महाकाव्यम् आदिकाव्यम् इति प्रसिद्धम् अस्ति।

अत्रभगवतः विष्णोः सप्तमस्य अवतारस्य श्रीरामस्य अपूर्वाः कथाः वर्णिताः वर्तन्ते।

कथा एषा न केवलं पारिवारिकं अपि तु नीतिं, धर्मं, आदर्शगुणान् च बोधयति। इदं रामायणं भारतीयैः न केवलं काव्यत्वेन स्वीकृतं परन्तु इतिहासत्वेन अपि सम्मानितम्।

रामयणस्य मुख्यशिक्षा- धर्मः। धर्मस्यविजयः। अत्र रामस्य त्यागगुणः, निष्ठा, सत्यं, न्यायः, स्वधर्मपालनं, प्रजापालनं, भ्रातृप्रेमः, सरलता, दृढता,

सहिष्णुता, देशप्रेमः, इत्यादीनि मौल्यानि लभन्ते। तानि सर्वाणि अस्मान् धर्ममार्गे तथैव उत्तमव्यक्तित्वनिर्माणे सदा प्रेरयन्ति।

अद्यतन अधुनिकतन्त्रज्ञानयुगे मानवाः स्पर्धात्मकाः साधनशीलाः च। अनेकैः कारणैः प्रगतिपरः मार्गे गच्छन्तानां तेषां नैतिक – सामाजिकमौल्यं च न्यूनं भवति।

तथा मा भवतु इति बुध्वा सर्वैः रामायणम् अध्येतव्यम्। तदा ते सृजनशीलाः , प्रतिभाशालिनः, सुशीलाः च भवन्ति।रामायणस्य अध्ययनेन " बालाः सर्वेश्रीरामाः " इति प्रत्येकस्मिन् अपि श्रीरामस्य आदर्शागुणाः फलेयुः॥

।।जयश्रीराम।।

Kavya G S

Sanskrit Teacher

भारतीया संस्कृतिः

अस्माकं संस्कृतिः अत्यन्ता प्राचीना , वैभवपूर्णा च अस्ति। एषा संस्कृतिः न केवलं धार्मिकसम्बध्दा अस्ति, अपि तु समाज - अर्थ - राजनीति - कला - विज्ञान - जीवनशैल्यादीनां क्षेत्रेषु विस्तृतं अस्ति। अस्माकं देशे अनेके धर्माः सन्ति। अत्र भिन्नाः जीवनशैल्यः , अनेकभाषाः , वेषभूषणाः सन्ति। एषा भूमिः विविधतायां एकतां बोधयति। मम देशः महापुरुषाणां , मुनीनां , आचार्याणां , तत्वबोधकानां , समाजसुधारकानां , समस्तलोकमार्गदर्शकानां अवतारैः पुनीतः वर्तते। अस्माकं संस्कृतिः अस्मभ्यं " मातृदेवोभव " , " पितृदेवोभव ", " आचार्यदेवोभव ", " अतिथिदेवोभव " इति बोधयति। वयं 'वसुधैवकुटुम्बकम्' इति तत्वं अनुसरामः। अस्माकं संस्कृतिः स्त्रीणां आदरं करणीयम् इति बोधयति।

" सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः।

सर्वे भद्राणि पश्यन्तु मा कश्चिद्दुःखभाग्भवेत् " ॥

Shreerashmi Shanbhog

VII B

विद्या जीवनस्य प्रकाशः।

विद्या मानवस्य जीवनस्य दीपः अस्ति । विद्या मनुष्यस्य अज्ञानताम् अपसारयति । विद्या अस्माकं जीवनं सफलं

करोति । संस्कृतभाषा प्राचीनस्य ज्ञानस्य स्रोतम् अस्ति । विद्यायाः महत्वं भारतस्य इतिहासे दृश्यते । गुरुकुलेषु छात्राः गुरुभ्यः विद्यां अधीतवन्तः । तेषां जीवनं सद्गुणैः परिपूर्णः भवति ।

विद्यायाः माध्यमेन एव लोकं समृद्धं कर्तुं शक्यम् । अतः अस्माभिः विद्या अर्जनीया । विद्या एव जीवनस्य प्रकाशः । धन्यवादः

PRANATHI BHARADWAJA H K

VII B

विद्यार्थिजीवनम्

विद्यार्थिजीवनं मानवजीवनस्य स्वर्णिमकालोऽस्ति । अस्मिन् काले एव मानवस्य निर्माणं भवति । अस्मिन् समये अङ्किताः संस्काराः मनुष्यजीवने स्थायीरूपेण संस्थिताः भवन्ति। ते कदापि विनष्टाः न भवन्ति। वस्तुतः अस्य जीवनस्य सफलता एव मानवजीवनस्य सफलता वर्तते ।

अस्माकं शास्त्रेषु मानवजीवनं चतुर्षु आश्रमेषु विभक्तीकृतं विद्यते । तेषु प्रथमः ब्रह्मचर्याश्रमः । अयमेव विद्यार्थिजीवनं छात्रजीवनं वा इति कथ्यते। अस्य आश्रमस्य महत्त्वं ईदृशं यत् अस्माकं पुरातनग्रन्थाः अनेन आश्रमेण मनुष्यस्य द्वितीयं जीवनं मन्यन्ते। वस्तुतः मानवः यदा जन्म गृह्णाति, तस्मिन् काले सः पशुः तुल्यः भवति। तस्य जीवनस्य लक्ष्यं केवलं खादनं पानं, स्वप्नञ्च वर्तते। किन्तु छात्रजीवने सः संस्कारान् लभते । अस्मिन् समये तस्य चरित्रनिर्माणं भवति । अस्मिन् काले अर्जितेन ज्ञानेनैव सः स्वजीवने साफल्यं भजते । धर्मतत्त्वस्य अवबोधनाय कालोऽयं महत्त्वपूर्णोऽस्ति। अनेन कथितं केनचित् कविना सम्यगेव-

"चारित्र्यस्य विनिर्माणं साफल्यं जीवनस्य च ।

आश्रमे प्रथमे नूनं कर्तव्यं ब्रह्मचारिणा" ।।

विद्यार्थिनः एव भाविनः नागरिकाः अस्माकं देशस्य सन्ति । ते खलु समाजस्य राष्ट्रस्य च बहुमुखी विकासाय सक्षमाः भवन्ति। अस्मिन् काले आश्रमे वा मनुष्यः महापुरुषाणां विचारान् पठितुं, सम्यग्रूपेण च आचरितुं अवसरं प्राप्नोति। अस्मिन् एव समये विद्यार्थिनः स्वतपोमयेन जीवनेन कठोरव्रतेन च ज्ञानार्जनं कुर्वन्ति| अनेन तपसा ज्ञानेन च ते स्वभाविजीवने कष्टानि सोढुं समर्थाः भवन्ति । विद्यार्थिजीवने विद्यायाः ज्ञानस्य तपसः दानादिधर्मस्य च विशिष्टं महत्त्वम् अस्ति । विषयेऽस्मिन् महाकविना भर्तृहरिणा सम्यक् एव उक्तम्-

येषां न विद्या न तपो न दानं,

ज्ञानं न शीलं न गुणो न धर्मः।

ते मर्त्यलोके भुवि भारभूताः,

मनुष्यरूपेण मृगाश्चरन्ति ॥

वर्तमानसमये विद्यार्थिषु बहवः दोषाः प्रविष्टाः अभवन्। अनेन ते दिग्भ्रान्ताः सञ्जाताः । यतोहि सम्प्रति विद्यार्थिनः स्वहितं विस्मृत्य राजनीतिकक्षेत्रेषु भागं वहन्ति । अनेन तेषां जीवनं अन्धकारमयं सञ्जातम्। प्राचीनसमये विद्यार्थिनां महती प्रतिष्ठा आसीत्। यतोहि ते सदाचारिणः, सत्यवक्तारः, शीलवन्तश्च आसन्| तस्मिन् समये ते संयमस्य प्रतिमूर्तयः आसन्। तस्मिन् काले ते खलु स्वगुरूणां सेवां कुर्वन्ति स्म, किन्तु अद्यत्वे एतादृशी स्थितिः न प्रतीयते। अस्माकं शात्रेषु विद्यार्थिनां कृते पञ्चलक्षणानि कथितानि-

काकचेष्टा बकोध्यानं

श्वाननिद्रा तथैव च ।

स्वल्पाहारी, गृहत्यागी

विद्यार्थिनः पञ्चलक्षणम् ।।

वस्तुतः एतेषां नियमानां सम्यग्रूपेण पालनेनैव कोऽपि बालकः स्व विद्यार्थिजीवने ज्ञानोपार्जने सफलः भवति। चरित्रनिर्माणे च सक्षमः भवति। विद्यार्थिणां मुख्यं लक्ष्यं पठन-पाठनं, स्वचरित्रनिर्माणं च भवितव्यम्। ये छात्राः स्वास्थ्यस्य, चरित्रस्य रक्षां कुर्वन्ति ते कदापि स्वभाविजीवने पश्चात्तापं न कुर्वन्ति।

छात्रैः सदैव स्वगुरूणां आज्ञा पालनीया। अनेन खलु ते प्रसन्नाः भूत्वा उत्कृष्टं ज्ञानं, स्नेहाशिषं च दास्यन्ति। तेषां शुभाशिषेण छात्राणां जीवनं सफलं भविष्यति। सफले च तेषां जीवनस्य सञ्जाते अस्माकं देशस्य राष्ट्रस्य च बहुमुखी विकासोऽपि भविष्यति। अत एव छात्रैः सदैव अस्य स्वर्णावसरस्य सदुपयोगः कर्तव्यः, समयस्य विनाशः न कर्तव्यः कदापि ।ये छात्राः अस्मिन् काले आलस्यं कुर्वन्ति, गुरूणां आज्ञां न पालयन्ति, सत्यं न आचरन्ति, परिश्रमेण संयमेन च नियमपूर्वकं कार्याणि न कुर्वन्ति, ते कदापि स्वजीवने सफलाः न भवन्ति । वस्तुतः कालोऽयं सुखानाम् उपभोगाय न वर्तते। परिश्रमेण विना कदापि कोऽपि विद्यां लब्धुं न शक्नोति । अत एव उच्यते-

सुखार्थिनः कुतो विद्या

विद्यार्थिनः कुतो सुखम् ।

सुखार्थी वा त्यजेत् विद्यां

विद्यार्थी वा त्यजेत् सुखम् ।।

वस्तुतः विद्यार्थिभिः सदैव नियमपूर्वकं अल्पं भोजनं करणीयम्, नियतसमये प्रातः काले व्यायामः करणीयः अनेन तस्य शरीरं बलिष्ठं पुष्टं च भविष्यति। जीवने साफल्याय शरीरपुष्टिः आवश्यिकी । तैः सदैव आलस्यं परित्यज्य प्रातः काले चतुर्वादने उत्थाय अध्ययनं कर्तव्यम् । सदैव शोभनविचारयुक्तानि पुस्तकानि पठितव्यानि । अनेन तेषां चित्तशुद्धिः भविष्यति । जीवनस्य निर्माणाय मानवस्य चित्तस्य शुद्धेः अतीव आवश्यकता अस्ति । यतोहि स्वस्थे चित्ते स्वस्थानां विचाराणां स्थितिः निवासः वा भवति, इति । एवं सर्वे बालाः स्वजीवने षडङ्घ्रीं अनुकरणीयम् । तथा हि - यथा षडङ्घ्री नानाविध पुष्पाणां समीपे गत्वा मधुं सञ्चयन्ति तथा छात्राः अपि नानाविधान् पुस्तकान् पठित्वा तत्रत्य अग्र्यं रसं नाम ज्ञानरसं सञ्चयित्वा जीवने साफल्यं लभेयुः इति आशास्महे ।।

। जयतु संस्कृतम् जयतु भारतम्।

Sandeep R Patil

Sanskrit Teacher

संस्कृतस्य उद्गमः महत्त्वं च

प्रस्तावना

संस्कृतं नाम विश्वस्य प्राचीनतमा समृद्धतमा च भाषा अस्ति। एषा भाषा केवलं वाङ्मयस्य आधारभूता नास्ति, अपि तु भारतीय संस्कृतेः मूलस्तम्भः अस्ति। संस्कृतस्य महिमा केवलं भारतदेशे न दृष्टा, अपि तु सम्पूर्णे विश्वे अस्याः प्रभावःअनुभूयते। वेदपुराणमहाभारतरामायणादिषुग्रन्थेषु संस्कृतं प्रमुखा भाषा अस्ति। इयं भाषा न केवलं धार्मिकशास्त्रीयविषयेषु प्रयुक्ता, अपि तु गणितं, विज्ञानं, आयुर्वेदः, ज्योतिश्शास्त्रं, वास्तुशास्त्रं, दर्शनं, योगः इत्यादिषु अपि महत्त्वपूर्णं स्थानं धरति ।

संस्कृतस्य उद्गमः।

संस्कृतस्य उद्भवः वेदकालात् एव अभवत्। एषा भाषा देववाणी इति प्रसिद्धा अस्ति| यतः वेदाः अस्यामेव रचिताः। संस्कृतं वैदिकसंस्कृतेः अपत्यम् अस्ति , यत्र ऋग्वेदः प्राचीनतमः ग्रन्थः इति परिगण्यते। ऋग्वेदेऽपि भाषा न केवलं प्रार्थनास्वरूपा अस्ति, अपि तु ज्ञानस्य, विज्ञानस्य, दर्शनस्य च स्रोतः अस्ति। संस्कृतस्य व्याकरणमूलं पाणिनिना कृतम्। तेन "अष्टाध्यायी" नामकं व्याकरणग्रन्थं विरचितम्, यः संस्कृतव्याकरणस्य सर्वश्रेष्ठः ग्रन्थः इति परिगण्यते।

संस्कृतभाषायाः विशेषताः असंख्याताः सन्ति, यथा –

1. व्याकरणस्य वैज्ञानिकता – संस्कृतस्य व्याकरणं अतीव सूक्ष्मं वैज्ञानिकं च अस्ति।

2. अक्षराणां उत्पत्तिः - प्रत्येकाक्षरस्य उत्पत्तिः वदनस्य प्रत्येकस्मिन्भागे भवति।

3. अर्थव्याप्तिः – एकेन पदेन बहूनां अर्थानां बोधनं शक्यते।

5. लौकिकविज्ञानसम्बद्धता – संस्कृतभाषायां गणितं, खगोलशास्त्रं, आयुर्वेदः, योगः, वास्तुशास्त्रं च विरचिताः।

संस्कृतस्य महत्त्वं बहुविधं अस्ति, यथा –

1. धार्मिकमहत्त्वम् –

संस्कृतं भारतस्य धार्मिक संस्कृतेः आधारभूतं अस्ति। भगवद्गीता, उपनिषदः, वेदाः, पुराणानि, रामायणम्, महाभारतम् इत्यादयः ग्रन्थाः अस्यामेव रचिताः। सर्वेमन्त्राः अपि संस्कृतभाषायां विद्यन्ते।

2. आयुर्वेदे संस्कृतस्य योगदानम् –

आयुर्वेदः, संस्कृतभाषायां विकसितः।चरकसंहिता, सुश्रुतसंहिता च संस्कृतभाषायामेव लिखिताः।

3. गणितविषये संस्कृतस्य योगदानम् –

संस्कृतभाषायां गणिसम्बद्धानि सूत्राणि बहूनि सन्ति। आर्यभट्टः, ब्रह्मगुप्तः, भास्कराचार्यः इत्यादयः गणितज्ञाः संस्कृतभाषायामेव ग्रन्थान् रचितवन्तः। शून्यस्य अवधारणा अपि संस्कृतग्रन्थेषु एव प्रथमं दृष्टा।

4. योगशास्त्रे संस्कृतस्य महत्त्वम् –

योगदर्शनस्य प्रमुखः ग्रन्थः पतञ्जलिनः 'योगसूत्राणि' संस्कृतभाषायामेव विरचितः।

5. विज्ञाने संस्कृतस्य योगदानम् –

संस्कृतभाषायां विज्ञानस्य विविधविषयाः विस्तृतया वर्णिताः। वात्स्यायनेन रचितं "न्यायसूत्रम्" विज्ञानस्य तत्त्वज्ञानं प्रकटयति। नागार्जुनः, वराहमिहिरः, बौद्धायनः, कणादः च संस्कृतविज्ञानस्य प्रमुखाः विद्वांसः।

6. लौकिकसाहित्ये संस्कृतस्य प्रभावः –

कालिदासः, भासः, भवभूतिः, दण्डिः, बाणभट्टः इत्यादयः कवयः संस्कृतभाषायां अमरकाव्यानि संरच्य अमरत्वं प्राप्तवन्तः।

उपसंहारः

संस्कृतं केवलं भाषा न, अपि तु सम्पूर्णं ज्ञानविज्ञानं च अस्ति। अस्य अध्ययनेन भारतस्य

गौरवशाली परम्परा ज्ञायते। अतः संस्कृतं पठित्वा, भाषायाः पुनरुत्थानं कृत्वा, अस्य गौरवं विश्वे पुनः स्थापयितुं वयं सर्वे प्रयासं कुर्याम।

। जयतु संस्कृतम् जयतु भारतम्।

अमोघवर्षः एम् बल्लारी (Amoghavarsha M Ballari)

कक्षा – सप्तमी 'C' (7th C)

प्रकृति का सौंदर्य

हरियाली से सजा पर्वतों की छाया,
झरनों की ध्वनि मन को मोह ले आया ।
फूलों की खुशबू हवा में बहती है
पक्षियों का गीत, प्रकृति में रहती है।
सुबह में सूरज की किरणें, सोने जैसी चमकती,
चंद्रमा की शीतलता चांदनी रात को जगाती।
बादलों के द्वारा बारिश की धारा,
प्रकृति का सौंदर्य अद्भुत अनमोल सारा।

Tejal K S
VI 'A'

सिनेमा का युवाओं पर प्रभाव

सिनेमा से युवाओं पर सकारात्मक और नकारात्मक दोनों तरह का प्रभाव पड़ता है ।

सकारात्मक प्रभाव

सिनेमा से मनोरंजन के साथ-साथ प्रेरणा की शक्ति भी बढ़ती है । सिनेमा सामाजिक जागरूकता और सांस्कृतिक समझ को बढ़ावा देती है सिनेमा समाज में बुराइयों और गलतियों को खत्म करने के लिए प्रेरित करती है सिनेमा युवाओं में देशभक्ति राष्ट्रीय एकता और मानवीय मूल्यों को प्रसार करती है सिनेमा युवाओं को कठिन विषयों को आसानी से समझने में मदद करती है

नकारात्मक प्रभाव

सिनेमा में दिखाए जाने वाले बलात्कार और हत्याओं के दृश्य युवाओं को अपराधों के प्रति संवेदनशील बना सकते हैं सिनेमा में नायिका और नायक का शराब और सिगरेट पीते हैं और लड़कियों को वस्तु के रूप में दिखाते हैं इससे युवाओं पर बुरा असर पड़ता है। असंख्य तो युवाओं ने अपराध का पहला पाठ फिल्मों से ही सीखा है युवा कुछ सिनेमा से प्रेरित होकर प्रेम प्यार में डूब कर जीवन को खो जाते हैं। पढ़ाई लिखाई को छोड़कर अन्य कामो में हमेशा खुद को लगाते हैं। इसलिए हमें हमेशा सावधानी से रहना चाहिए और सिनेमा का आनंद लेना है अच्छे और चीजों को देखना है और सीखना है।

Dhwani R

VII 'C'

साइबर अपराध

साइबर अपराध आजकल एक आम शब्द बन गया है हर दिन किसी न किसी आम परिवार के साथ कोई न कोई घटना घट रही है ऐसे कई मामले हैं जहाँ साइबर डेटा हैक कर ली है। जिससे व्यक्तियों को भारी नुकसान पहुंचा है जैसे आपके फोन पर ओटीपी पूछ कर अपने बैंक से पैसे निकालना भी एक साइबर अपराध है सायिबर अपराधों से बचने के लिए आपको इन चरणों का पालन करना जरूरी है -

- किसी भी अनजान व्यक्ति का फोन कॉल ना उठाएँ
- अगर कोई आपसे ओटीपी शेयर करने के लिए कहे तो ऐसा ना करें
- प्रत्येक खाते के लिए एक अद्वितीय पासवर्ड बनाए रखें
- अज्ञात स्रोतों से भेजे गए लिंक ना खोलें
- एंटीवायरस प्रोग्राम स्थापित करें
- महत्वपूर्ण फाइलों का बैकअप ले

यदि आप इन चरणों का पालन करेंगे तो साइबर हमले से सुरक्षित रह सकते हैं

Vaishnavi Sindhu J
VI ' A'

चलती का नाम जिंदगी है

जीवन खुशियों और सुकून से भरा हुआ मिश्रण है यहाँ अनेक चीजे पाते हैं और खोते हैं उन पर गर्व करने की जरूरत नहीं है भगवान जानता है किसे किस क्या देना है कब देना है चिंता करने से कोई लाभ नहीं है।

जीवन को सुखमय बनाने के लिए विद्यार्थियों को हमेशा कार्य प्रवृत्त होना है जब किसी बात को साधने की इच्छा हो तो उस पर कार्य करना जरूरी है लक्ष्य प्राप्ति तक कोशिश करते रहना है अगर ऐसा रहेंगे तो कोई काम अ संभव नहीं है।

उदाहरण के स्वरूप अगर देखे तो एक नन्ही चिड़िया एक ही बार उड़ नहीं सकती अनेकों बार गिर उठकर अपने लक्ष्य तक पहुंचती है ऐसे ही अगर हम अपने कामों को अविरत रूप से करते रहेंगे तो जरूर कामयाबी पाएंगे इसीलिए कहा गया है कोशिश करने वालों की कभी हार नहीं होती।

Shylaja D.V
Teacher

भरतनाट्य

भारत में प्राचीन काल से भरत नाट्य प्रसिद्ध है । भरतमुनि ने नाट्यशास्त्र को लिखा है। नाट्य में सात विभाग है।

- भरतनाट्यम
- कथकली
- मोहिनी अट्टम
- कुचिपुड़ी
- कथक
- मणिपुरी
- ओडिसी
- भरत नाट्य

कर्नाटक और तमिलनाडु में प्रसिद्ध है ।यह एक सांस्कृतिक नृत्य है । देवता लोग इस नृत्य को स्मृति को कर रहे थे जिससे यह अत्यंत प्रसिद्ध है इस नृत्य को करने से हमारी आंखों को कांति मिलती है हाथ और पावों को शक्ति मिलती है हमारे अंग मजबूत हो जाते हैं। भरतनाट्यम द्वारा संगीत भी सीख जा सकता है। तंजावुर ब्रदर्स इस नृत्य में प्रसिद्ध जोड़ी है।

Meghana R
VIII 'C'

मेरा प्रिय वाद्य वीणा

मेरा प्रिय वाद्य वीणा है । मेरे लिए मेरी नानी आदर्श प्राय रही है । वीणा भारत का बहुत प्राचीन संगीत वाद्य है वीणा में दो तरह है, सरस्वती वीणा और रुद्र वीणा । सरस्वती वीणा सरस्वती के लिए और हरिद्वार भगवान शिव के लिए प्रिय है । समस्त देवताओं में सरस्वती और नारद दोनों ऐसे देवता हैं जिन्होंने इस वीणा का उपयोग किया है। वीणा में चार तार होते हैं ।

चार चार के साधन वीणा
टूटे मन के चोरों को जोड़ता
सरस्वती वीणा
मन को भाएं
रूद्र वीणा भी परशिव को भाएं
वीणा के स्वर में हम सब मग्न
जिसे सुनकर पेड़ पौधे भी स्तब्ध ।

Prateeksha K S
VIII 'C'

Poorna Prajna Institutions

Sl.No.	Location	Year of Estd.
	UDUPI DISTRICT	
	Poornaprajna Education Centre, Padubidiri	
1	SBVP Higher Primary School	1921
2	Ganapathi High School	1968
	Poornaprajna Education Centre, Admar	
3	Poornaprajna Kannada Medium High School	1950
4	Poornaprajna Pre-University College	1972
5	Poornaprajna English Medium High School	2007
	Poornaprajna Education Centre, Udupi	
6	Poornaprajna College	1960
7	Poornaprajna Evening College	1966
8	Poornaprajna Pre-University College	2001
9	Poornaprajna Institute of Management	2006
	CHIKMAGALUR DISTRICT	
	Poornaprajna Education Centre, Aldur	
10	Poornaprajna English Nursery and Primary School	1978
11	Poornaprajna High School	2011
	Poornaprajna Education Centre, Sangameshwarpet	
12	Poornaprajna High School	1978
13	Poornaprajna Nursery and Primary School	1992
	HASSAN DISTRICT	
	Poornaprajna Education Centre, Belur	
14	Rotary Nursery and Poornaprajna Primary and High School	1980
	SHIMOGA DISTRICT	
	Poornaprajna Education Centre, Bhadravathi	
15	Poornaprajna Education Centre-Nursery School	1982
16	Poornaprajna Education Centre-Primary School	1984
17	Poornaprajna Education Centre-High School	1991
	MUMBAI	
	Poornaprajna Education Centre, Dahisar (East), Mumbai	
18	Poornaprajna Education Centre	1962
19	Poornaprajna Nursery, Primary and High School (English Medium)	1968
20	Poornaprajna Nursery, Primary and High School (Gujrati Medium)	

21	Poornaprajna Nursery and Primary School (Marathi Medium)	1971
22	Poornaprajna Marathi Secondary School at Dahisar (East)	1990
	NEW DELHI	
	Poornaprajna Education Centre, Vasant Kunj, New Delhi	
23	Poornaprajna Public School	1987
	BENGALURU	
	Poornaprajna Education Centre, Sadashivanagar, Bengaluru	
24	Poornaprajna Pre-Primary, Primary and High School	1969
	Poornaprajna Education Centre, Yelahanka, Bengaluru	
25	Poornaprajna Pre Primary and Primary School	1982
26	Poornaprajna High School	1991
27	Poornaprajna P U College	2024
	Poornaprajna Education Centre, Indiranagar, Bengaluru	
28	Poornaprajna Pre-Primary, Primary and High School	1984
	Poornaprajna Education Centre, Tumkur Road, Dasarahalli, Bengaluru	
29	Widia Poornaprajna School	1988
30	Poornaprajna Institute of Faculty Improvement	2009
31	Widia Poornaprajna PU College	2019
	Poornaprajna Education Centre, Shree Krishnanagar, Bengaluru	
32	Poornaprajna Pre-Primary, Primary and High School	2001
	Poornaprajna Institute of Skill Development, Bengaluru	
33	Poornaprajna Institute of Skill Development, Yelhanka, Bengaluru	2016
34	Poornaprajna Institute of Scientific Research, Bidalur	1998


Spark
Spectrum

KG - A



KG-B



KG-C



LKG – A



LKG – B



LKG – C



UKG – A



UKG – B



UKG – C



I–A



I–B



I–C



II–A



II–B



II–C



III–A



III–B



III–C



IV–A



IV–B



IV–C



V–A



V–B



V–C



VI–A



VI–B



VI–C



VII–A



VII–B



VII–C



VIII–A



VIII–B



VIII–C



IX–A



IX–B



IX–C



X–A



X–B



X–C





PRE-PRIMARY STAFF



PRIMARY STAFF



HIGH SCHOOL STAFF



SPECIAL DEPARTMENT STAFF



OFFICE STAFF



SUPPORTING STAFF



SECURITY



SCOUTS



GUIDES

SCHOOL LEADERS



GROUP CAPTAINS



STUDENT EDITORS



ALL ROUND STUDENTS



PROFICIENCY



SPORTS CHAMPIONS



BEST TEACHER AWARDEES



Sri Obanna



Sri Ranganatha Rao M S



Smt. Shobha P P



Smt. Indira K



Compilation of poems by Smt. Srilatha Bhargav

SSLC TOPPER FOR THE YEAR 2023-24



SAIESH MURALIKRISHNA BHAT D
620/625, 6TH RANK FOR STATE



Samskruti S Gowda
617/625



Lavanya
615/625



Chinmay P K
614/625



Yuktha Natesh
614/625



Priya P Phadke
609/625



Gagan R
607/625



Madhu Patel H
606/625



Nihal S B
606/625



Ojas Patil
606/625



Veekshith G
605/625



Anagha U
604/625



Moulya S
602/625



Samanth K A
602/625



Shreyas C
Kabbinakantimath
602/625



Chandana D
602/625



Adithi Bhargavi N S
601/625

SSLC RESULTS 2023-24

SUBJECT	CENTUM
I Language Sanskrit	19
I Language Kannada	02
II Language English	05
III Language Kannada	05
III Language Hindi	05
Mathematics	02
Social Science	03

H H Sri Vibhudesha Theertha Swamiji's Rolling Trophy for the best performance in SSLC Examination for the year 2023-24







SSLC APRIL 2024 RESULTS

Sl.No.	NAME OF THE STUDENT	CENTUM
01	Chinmay P K	I Lang San, III Lang Kan & S. Sci
02	Saiesh M Bhat	I Lang Kan, III Lang Hin
03	Samskruti S Gowda	II Lang Eng, Maths
04	Madhu Patel H Y	I Lang San, III Lang Kan
05	Anagha U	I Lang San, III Lang Kan
06	Prajwal S T	I Lang San, II Lang Eng
07	Anagha Mayya	I Lang San, III Lang Kan
08	Shreyas C Kabbinakantimath	I Lang San, III Lang Kan
09	Yuktha Natesh	I Lang San
10	Priya P Phadke	I Lang San
11	Ojas Patil	II Lang Eng
12	Veekshith G	III Lang Hin
13	Moulya S	I Lang San
14	Chandana D	I Lang San
15	Druthi R	I Lang San
16	Shivathraya Srikanth Parande	I Lang San
17	Yenisha	I Lang San
18	Prapti K	I Lang San
19	Yukta L	I Lang San
20	Aneesh	I Lang San
21	Bhumika Hegde	I Lang San
22	Chethan T	I Lang San
23	Suktuthi S	I Lang San
24	Shreelalitha H R	I Lang Kan
25	Rithvik S	II Lang Eng
26	Samrudh B	II Lang Eng
27	Disha Diwakar	III Lang Hin
28	Hamsini K M	III Lang Hin
29	Shreyas B	III Lang Hin
30	Mayur Kalasarama	Maths
31	Rashmi C	S. Science
32	Sameeksha L	S. Science

FOUNDER'S DAY









SCIENCE EXHIBITION





ARTS EXHIBITION





SUPW & VT







YOGA DAY




WORLD ENVIRONMENT DAY




INDEPENDENCE DAY









TEACHERS' DAY









KANNADA RAJYOTSAVA





CHILDREN'S DAY





SAMSKRUTHA DINAM





HINDI DIVAS





GANESHA FESTIVAL





DASARA UTSAV





KRISHNA JANMASHTAMI









GANDHI JAYANTHI



MAKARA SANKRANTI





REPUBLIC DAY





SPORTS DAY









COMPETITIONS

















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INAUGURATION OF CLUBS



CLUB ACTIVITIES























CLASS ROOM ACTIVITIES













ALUMNI MEET





MEDICAL CHECK-UP





PARENTS WORKSHOP





NO BAG DAY









COOKERY ACTIVITIES

CARPENTRY ACTIVITIES





DRAMATICS





SARASWATHI POOJA











FARE WELL





TEACHERS' TRAINING PROGRAMMES











NATIONAL SCIENCE DAY







CBSE INSPECTION TEAM



SKY WATCH PROGRAMME









MATH OLYMPIAD CLASSES





NURSERY SECTION

FOUNDER'S DAY



FRUIT EXHIBITION



VEGETABLE EXHIBITION



PUPPET SHOW



DASARA GOMBE HABBA



FOOD GRAINS EXHIBITION



CREATIVE CRAFT EXHIBITION



COLOUR DAY



INDEPENDENCE DAY



PARENT WORKSHOP



GRAND PARENT'S DAY



PICNIC



FLOWER EXHIBITION



POTTER'S VISIT



BHAGAVAD GITA CHANTING



BHAGAVAD GITA CHANTING



FANCY DRESS SHOW



SHOW AND TELL



GOLOKA SHADES COLOURING CONTEST



SPORTS DAY



SCHOOL WALK



GARDEN PATCH



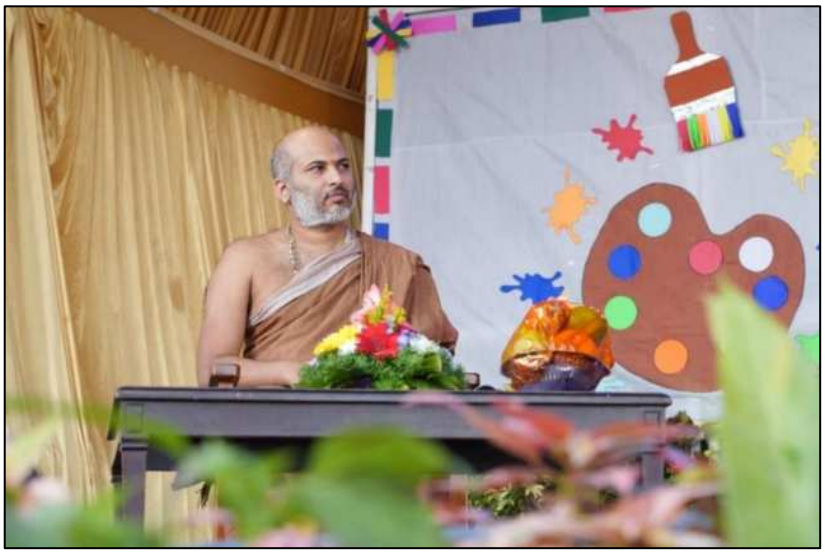
KITE FLYING ACTIVITY



MEDICAL CHECKUP



ANNUAL DAY CELEBRATIONS – PRE-PRIMARY












COLOUR
REVOLUTIONS
GOLDEN
BROWN
GREEN













ANNUAL DAY CELEBRATIONS – PRIMARY & HIGH SCHOOL








Welcome
to


WIDIA POORNA PRAJNA SCHOOL


WIDIA POORNA PRAJNA SCHOOL
Welcome


WIDIA POORNA PRAJNA SCHO


WIDIA POORNA PRAJNA SCHOOL
Welcome
to
Annual Day
Celebration


WIDIA POORNA PRAJNA SCHOOL
Welcome


WIDIA POORNA PRAJNA SCHOOL


WIDIA POORNA PRAJNA SCHOOL
Welcome
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Annual Day
Celebration


WIDIA POORNA PRAJNA SCHOOL
Welcome
to


WIDIA POORNA PRAJNA SCHOOL


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WIDIA POORNA PRAJNA SCHOOL
Welcome
to
Annual Day
Celebration
17th Dec. 2024

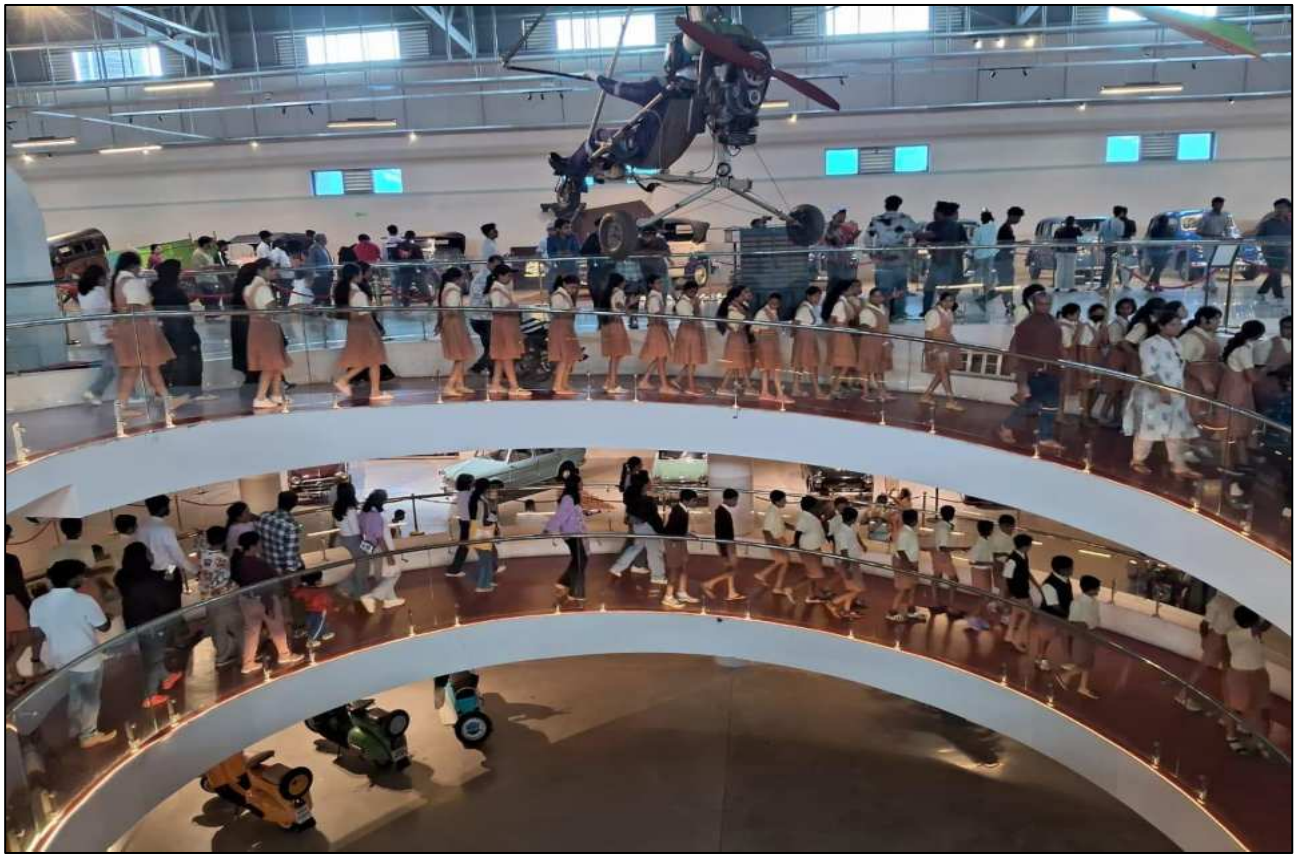


PICNICS











PAINTINGS



AMRUTHA , X A



DAVANA, X C



SOURABHA G HEGDE, IV A



ADITI MAYYA, III A



SIDDHARTH B G, X C

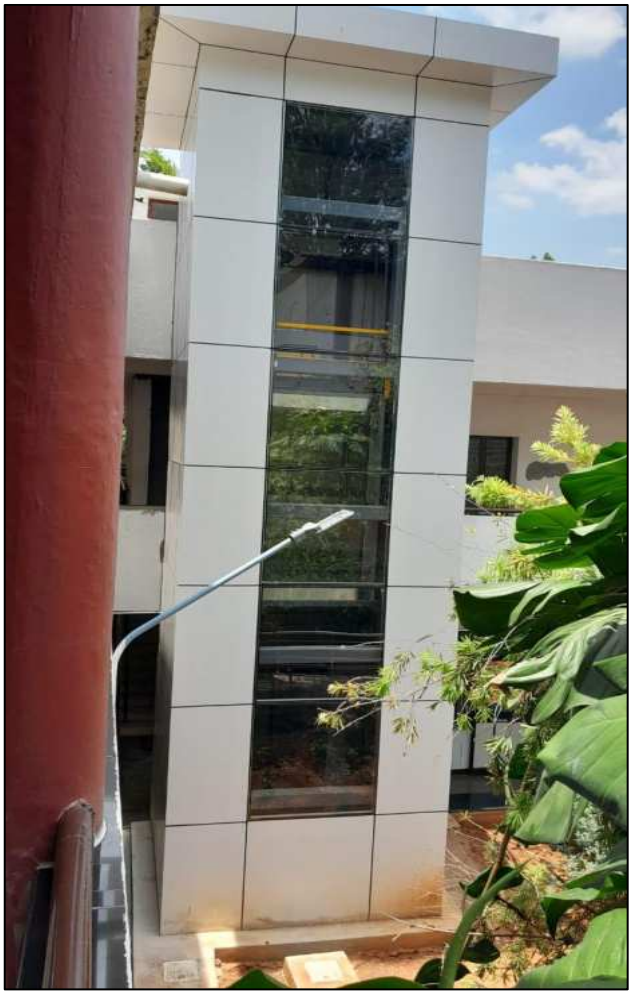


POORVIK, VI A



LAHARI, IV C

SCHOOL INFRASTRUCTURE DEVELOPMENT



LIFT – 1



LIFT – 2





INSTALLATION SOLAR PANELS



CWSN TOILETS



PARTITION WALL



RAMP-1



RAMP-2